

Student Life

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DOGGIE BON BON
One Scene writer ate dog treats in the name of journalism (Scene, pg 9)



ACED ONLY
A first year student talks about his band and musical career (Cadenza, pg 4)



TWO-SETTER
Volleyball gears up for another year after national dominance in 2015 (Forum, pg 8)

Campus-wide unity event takes on religious tone

KATIE MARCUS
SENIOR NEWS EDITOR

In the wake of the various tragedies which occurred over the summer, Washington University students, administrators and faith leaders led the community in song and speech in the hopes of reaffirming their core values of respect and diversity.

The event—called Reflections: Unity, Social Justice & Peace—featured piano tunes by Provost Holden Thorp, songs from Vice Chancellor Lori White, a welcome address from Chancellor Mark Wrighton and multiple readings and performances by students.

Though each presenter shared different perspectives, attendants noted that religion was an overarching theme, and events from the summer were not explicitly addressed.

“Join us as we gather to reflect upon recent events here at home and abroad, our individual and collective roles in our community, and how we can draw strength from our diverse perspectives,” the event description stated in a University-wide email sent Monday afternoon.

This description, though vague, lead some students to believe that the space would be a platform constructed with the goal of discussing some of the more painful themes of this summer, from terrorist attacks to police violence to natural disasters.

Instead, attendants heard passages from Hindu scripture “Bhagavad Gita” and Rabbi Abraham Joshua Heschel’s “Religion and Race”; a poem by 13th century Persian poet and Islamic scholar Rumi; an a cappella performance and a solo “Man in the Mirror” rendition by a graduate student; remarks by the Rev. Gary Braun and other administrators.

Rev. Braun of the Catholic Student Center focused his talk



STEPHEN HUBER | STUDENT LIFE

Attendees of the unity event listen to a capella, led by soloist RJ Doro, in Graham Chapel. This event’s goal was to collect voices from across the university on issues of social justice and peace.

on the inevitability of uncertainty in every aspect of life, and the importance of embracing fear.

“We cannot live in fear, you and I, because we cannot live in fear,” Braun said to the crowd. “Something inside of me wants to believe that someday I can be assured I will be safe. And that everybody I love will be safe. But I’ve come to see that to expect to be safe myself, or that the people I love will be safe, is a very difficult demand to make on life. There is little in life that is safe and secure for long.”

White said that her thinking behind bringing religious perspectives to the event was to acknowledge, despite the secularism of the University, that many students do find peace and comfort in religion.

“Even at a University that doesn’t have a historically religious tie like so many other universities do, we shouldn’t shy away from the fact that that is an important aspect of the

experiences of many,” White said.

Some students, however, weren’t satisfied with the angle the University chose to approach the event.

“I think that approaching such an important topic solely from a religious perspective really limited the event’s potential,” junior attendee Elizabeth Levinson said. “Our University has a responsibility to educate, and I think they passed up an opportunity to do so.”

She thinks administrators need to utilize such platforms to directly address issues instead of skirting around them.

“Honestly just a missed opportunity,” Levinson said. “But the student speakers were really powerful and great.”

Junior attendee Jeffrey Kahn Blackman was less than enthused with the message Rev. Braun delivered.

“His message to me was that I will never be safe and that I have

to run towards danger,” Blackman said. “Run into the thick of things and risk yourself because you’re going to die anyway.”

White admitted that the goal of the event might have been unclear, and that more context should have been given before the speakers began. That being said, she believes the event focused on unity as a predecessor for the difficult and more granular conversations regarding justice, race and more that are on the horizon. “It was a warm, peaceful, reflective opening to what we think may be some challenging conversations on campus—but conversations that we need to be having,” White said.

Leading up to the presidential debate, White and other administrators are planning to host three panels dealing with topics of justice and peace, tentatively scheduled to address protest in politics, democracy and disagreement and the election across the disciplines.

University names new head of CDI, associate chancellor and dean

EMILY SCHIENVAR
SENIOR EDITOR

Emelyn dela Pena will serve as the new dean of the Center for Diversity and Inclusion, as well as associate vice chancellor for students, Washington University announced Monday. She will begin her role Oct. 31.

Currently, dela Pena serves as assistant dean of student life for equity, diversity and inclusion in the Office of Student Life at Harvard College. She will replace LaTanya Buck, the founding director of the Center for Diversity and Inclusion (CDI), who left for Princeton University in July to serve as their new dean for diversity and inclusion.

Vice Chancellor for Student Affairs Lori White said that the appointment was made just before the Sept. 1 deadline and that everyone who had met with dela Pena had been impressed by her. White noted that dela Pena’s years of experience in the diversity and inclusion field through multiple leadership, research and teaching positions made her remarkably fit for the job.

“She has a wealth of experience both working with students and leading campus wide conversations on these issues and also, this is the field of her own research, so this is just a great

SEE CDI, PAGE 3

Wash. U. extends fall break, shortens orientation

DANIELLE DRAKE-FLAM
CONTRIBUTING REPORTER

In an effort to give students a breather from the fall semester, Washington University has extended fall break by one day this semester.

In the past, the University has had a relatively short fall break, giving students a long weekend by holding no classes on a Friday. This year, however, fall break will extend from Saturday Oct. 15 through Tuesday Oct. 18.

The University made up for the extension by starting a day early this year. Usually, Washington University starts its fall semester on a Tuesday, but this year the University began on Monday, Aug. 29.

As a result of starting a day early, orientation was cut one day short, which was the intention of the committee, Provost Holden Thorp noted.

“We felt like if we were going to have [a fall break] it would be better for it to be more of a longer break. A lot of faculty who teach on these days were happier with this situation because it evened things out more,” Thorp said. “There are a lot of people who believe that this makes the

transition [into college] easier.”

The extended break will also allow students more time to go home and visit their families or even to stay on campus and further explore their interests in clubs and organizations.

“I think that people will do lots of different things. Some may choose to go home and others may stay on campus and do extracurricular activities. Of course, even others may just stay in bed and watch Netflix,” Thorp said. “It’s part of the idea to help faculty and students get a break and prepare to jump back in for those last six weeks or so of the semester.”

One concern about the extension of fall break is the increased tendency of students to skip classes during that week in an effort to create a longer vacation from school.

“Of course we hope that no one does that, but it is always a risk when you have a day off,” Thorp noted.

This new change to the academic calendar was not a quick one and has been in the works for the last couple of months. The University plans to continue the extended fall break in future years.

HORSIN’ AROUND



NOA YADIDI | STUDENT LIFE

The Washington University School of Law brought a Budweiser Clydesdale to campus in honor of the school’s 150th anniversary. Along with the horse, the school hosted a reception with refreshments for students and faculty, and Chancellor Mark Wrighton stopped by to pose for some photos.

CONTACT BY POST
ONE BROOKINGS DRIVE #1039
#330 DANFORTH UNIVERSITY CENTER
ST. LOUIS, MO 63130-4899

CONTACT BY EMAIL
EDITOR@STUDLIFE.COM
NEWS@STUDLIFE.COM
CALENDAR@STUDLIFE.COM

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theFLIPSIDE

THURSDAY 1 MOSTLY SUNNY 82 / 60
 FRIDAY 2 SUNNY 79 / 59
 SATURDAY 3 SUNNY 82 / 61
 SUNDAY 4 SUNNY 87 / 65

EVENT CALENDAR

Thurs 1

School of Medicine Farmers Market

Medical School, BJC Institute of Health Plaza, 10 a.m.

Year-round event held outside during the warmer months. Vendors bring only the freshest produce and products to the market weekly.

Colloquium: "Geological processes involved in geologic carbon sequestration"

Rudolph Hall, Room 203, 4:15 p.m.

Professor Daniel Giammar's research focuses on chemical reactions that affect the fate and transport of heavy metals, radionuclides and other inorganic constituents in natural and engineered aquatic systems.

Fri 2

DUC N' Donuts

Danforth University Center, North Entrance, 9 a.m.

First Friday of every month during the school year. Come enjoy a donut and some coffee and pick up a monthly calendar of DUC events.

Lecture: "Targeted Approaches to Diffuse Large B Cell Lymphoma"

Clinical Sciences Research Building, Room 8841, noon

Lecture by Nancy Bartlett of medical oncology. Sponsored by Medical Oncology Grand Rounds.

POLICE BEAT

AUGUST 26

Leaving the scene accident:

Vehicle struck in Shepley Garage during freshman move-in.

Disposition:

Pending

QUOTE OF THE DAY

"Once again, my eyes are too big for my stomach, and I don't want to finish the whole treat, which tastes like a wet sock. But Hart is there, smile spread across her face, just staring. I end up shoving the whole Bow Wow Bon Bon in my mouth, and I think I may or may not black out immediately after. My stomach hurts."

—Lizzi Kehoe, Contributing Writer (pg. 9)

LET'S HANG



STEPHEN HUBER | STUDENT LIFE

Students hang out on a hammock on Monday afternoon outside Graham Chapel. Students moving in were welcomed by warm temperatures and high humidity.

GAINS WITH A VIEW

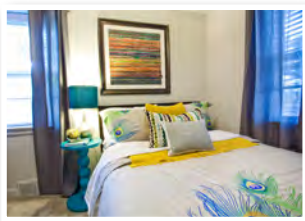


PHOTO COURTESY OF CARMON COLANGELO

A new mural painted on the inside of the recently constructed Sumers Athletic Center commissioned by the Art on Campus program. The piece was created by internationally-acclaimed artist Katharina Grosse and will be unveiled to students in October with the Center's opening.

the district apartments

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New sculpture elicits mixed reactions from returning students

WESLEY JENKINS
ASSOCIATE EDITOR

Students who have long met at the Bunny or the Clocktower now have a third option around which to congregate: Swamp Creature Friends.

The sculpture, conceptualized and created by Washington University alumnus Tom Friedman and commissioned through the Art on Campus program, made its debut on the South 40 this fall.

Through the first week of classes, the sculpture has received mixed reviews from both incoming freshmen and returning upperclassmen.

Some students noted that the color of the piece felt a bit out of place amongst the more traditional architecture of the South 40.

"It feels too bright," sophomore Claire Quinlan said. "I feel like all the other architecture is so well thought about, it fits. When they build new things, it all fits; the style is so classic. The new sculpture just doesn't feel classic to me at all."

"I think the green is a little bright. If you look at Wash. U. green, it's a little bit of a darker hue. But I think it looks nice at night when it's lit up," sophomore Cassie Bergman added.

Other students

disagreed, finding the contrasting colors and less traditional form as the sculpture's more appealing aspects.

"I think it adds some interest to campus because it's not something that blends in well with the scenery here," freshman Bersabeh Zenebe said.

"I'm not used to it right now, but it looks pretty nice," sophomore Victor Gutierrez added. "It looks inviting. It looks like three people who are happy and having a good time."

Bergman also noted that because the artist is an alumnus of Washington University, the sculpture could be considered a direct product of the Sam Fox School.

Swamp Friends isn't the only new piece to result from the Art on Campus program. The University also commissioned a large piece to be painted on the interior of the new Summers Athletic Complex by internationally-acclaimed artist Katharina Grosse.

The Art on Campus program, which was first proposed about a decade ago, seeks to bring art of any medium to campus alongside the many capital, or construction, projects. Carmon Colangelo, the dean of the Sam Fox School, was one of the original architects of the program. He met with students and other deans to determine how to



A new sculpture, entitled "Swamp Creature Friends" now calls the South 40 home. Students have voiced mixed reactions regarding the sculpture, which was created by Wash. U. alumnus Tom Friedman.

MEGAN MAGRAY | STUDENT LIFE

best invigorate the campus when he arrived.

"A number of people had mentioned to me that we have a great museum, we have a great campus, but it seemed to be lacking in diversity. It seemed to be lacking in ways to express the innovative culture of Washington University," Colangelo said.

Seeing that other peer institutions such as Harvard University and the Massachusetts Institute of Technology had "percent for art programs," Colangelo

presented an idea that 1 percent of the budget, with a cap of \$500,000, of all the capital projects occurring on campus would be dedicated to an art commission. The policy was approved in 2010.

While most students were receptive to the aims of the initiative, some wished it would bring more controversial works to campus. Junior Finnegan Roy-Nyline, a student in the Sam Fox School, noted that the University tends to bring unobjectionable works to campus.

"I do think the University could take more risks with it, and I think that would be more exciting for everybody and it would end up benefiting maybe the University a lot more," Roy-Nyline said.

He also advocated for more student input in the commission and for student artwork to be considered as permanent installations on campus.

"On campus, you see a lot of big names in art-making and that's fine, but I think a lot of other schools that do put their resources into the students

kind of reap the benefits," Roy-Nyline said.

For his part, Colangelo felt the art added an important facet to campus, whether or not the pieces were universally well-received by the students.

"They animate the campus in some way; they add different voices, bring a kind of expression to the campus that gives it—like the Barry Flanagan bunny, some people love it, some people may not—but it becomes part of the culture of the campus," Colangelo said.

CDI from page 1

combination," White said.

White also commented that the search brought in a well-rounded pool of candidates from a range of institutions: "At some point, we all just steal from one another."

Senior Jordan Victorian, who met with dela Pena during the search process, said that he was excited about being a "full CDI family again," and that

dela Pena seemed quite well-suited to the task.

"I just got this sense that she was very smart both in the way that she approaches things but in part because of the ways that she thinks about what she does and how institutions work and how to balance those things, because they're not always easily matching up," Victorian said. "I got a

really good vibe, it seemed like she really knew what she was doing."

Victorian also noted that the upgrade of the position itself was very important.

"I'm definitely excited that the director position is also the dean and associate vice chancellor position, which makes them more entrenched in the University's structure

and gives them more clout, and also gives students someone with more power to rely on who is directly tied to diversity and inclusion work," Victorian said.

Assistant director Purvi Patel has been running the CDI since Buck's departure this summer with the help of a nearly tripled graduate student staff. Patel said that she was excited for the breadth

of experience dela Pena would be bringing to the role, noting that it speaks volumes about the University's standing in the community. "I think there's a lot of possibility here...Wash. U.'s senior leadership seems to be prepared to be responsive and provide resources," Patel said. "The possibility of creating something that is

right for right now and for fifty years from now for students is a once in a lifetime opportunity. At other institutions, you might be operating off of structures and organizational dynamics that are dated, and paradigms that are old, and sometimes that can be hard to change... it's really fast moving, and you see your impact really quickly."

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FRIDAY

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9 AM // DUC North Entrance

DUC BBQ

11:30AM // Edison Courtyard

NORTH SIDE
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IPM // Village Green

CS40 PRESENTS
ICE CREAM TRUCK

3PM // South 40 Clock Tower

SU PRESENTS
ACTIVITIES FAIR

4:30PM // Mudd Field

TASTE of SAINT LOUIS

6PM // Mudd Field/
DUC North Entrance

URSA'S NITE LIFE PRESENTS
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8:30PM // Ursa's/South 40 Clock Tower

SEPTEMBER 2, 2016

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Noa Yadidi
Editor-in-Chief
editor@studlife.com

Wesley Jenkins
Associate Editor
editor@studlife.com

Maddie Wilson
Managing Editor

Katie Marcus
Senior News Editor
news@studlife.com

Sarah Hands
Senior Forum Editor
forum@studlife.com

Aaron Brezel
Senior Sports Editor
sports@studlife.com

Rima Parikh
Senior Scene Editor
scene@studlife.com

Lindsay Tracy
Senior Cadenza Editor
cadenza@studlife.com

Stephen Huber
Holly Ravazzolo
Senior Photo Editors
photo@studlife.com

Alberto De La Rosa
Megan Magray
Senior Video Editors

Ella Chochrek
Aidan Strassmann
Copy Chiefs
copy@studlife.com

Laura Ancona
Design Chief
design@studlife.com

Emily Schienvar
Breaking News Editor
news@studlife.com

Noah Jodice
Director of Special Projects

Yash Dalal
Rohan Bhansali
Senior Online Editors

Sam Seekings
Design Editor
design@studlife.com

Ella Chochrek
Sam Seekings
News Editors

Peter Dissinger
Forum Editor

Annie Butler
Kayla Steinberg
Copy Editors

Brandon Wilburn
Josh Zucker
Designers

Ray Bush
General Manager
rbush@studlife.com

Claire Martin
Advertising Manager
advertising@studlife.com

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CADENZA

Freshman musician in focus: Dylan Coe

JOSH ZUCKER
CONTRIBUTING REPORTER

In the summer of 2014, many bands and artists were making names for themselves or growing their fame: Ed Sheeran released *x*, Ariana Grande released *Me Everything*, and Maroon 5 released *V*. Dylan Coe, a current freshman at Washington University, formed the band Aced Only.

Described as “kind of funky, kind of rock, kind of punk,” Aced Only has been Coe’s main musical project for past two years, although the band only began recording music—under vibrant project names.

As a child Coe was, like many others, signed up for instrument lessons at a ripe young age by his parents, he played the cello for a brief period of time before quitting.

“Apparently I was really good at it...” Coe said, “but I didn’t like it that much so I stopped.”

He was later inspired by rock music, such as AC/DC and Rage Against the Machine and decided to pick up the guitar around fifth grade. Now his music tastes have shifted towards more

punk, pop-punk, and alternative music.

“I think when I first started getting into my teens I found more relatable things in punk, like stuff about love and all that crazy stuff,” Coe said. “It felt more relatable.”

Aced Only reflects this new taste in music. Before starting the band, most of the other members were not formally trained in music so the sound evolved organically from each of their own personal music tastes and styles rather than from their training. While it focuses on rock, Aced Only doesn’t fit perfectly into that genre; it also has elements of punk, pop, and alternative, among other genres.

“Most of our songs are just more fleshed out versions of improvisations. We just jammed, we laid a chord progression, did some soloing, that kind of stuff,” Coe said. “The song in particular I’ve been working on came from a riff I wrote, and we based the entire thing on that one riff and everything else fell into place.”

Coe wanted, like many others, to be in a band. He formed his first band in fifth grade for a talent show, and a few of the members of the

original band joined him in Aced Only.

The name Aced only began as a joke; in a conversation with the bassist Coe made a remark about a few other bands he was in using his name in the band name.

“I didn’t want my name to be the band,” he said, “so we were having this meeting and couldn’t come up with anything, and then our bassist put my name, Dylan Coe, in an anagram generator and it switched out to Aced Only.”

Coe spent most of his musical energy in high school on Aced Only, as the chief writer for the band as well as the person in charge of recording and producing their music. He bases his songwriting off of his own experiences.

“When I was young—and now—I kind of figured that I wanted to make my own music,” Coe said. “A lot of times I want to either write music for humor or just to express stuff that I’ve been going through in my life.”

“It’s just a nice way to kind of reflect on things,” he added, “and since songs are meant to be heard I feel like I’m taking my experiences and making them kind of universal, because it’s not like



PHOTO COURTESY OF DANA COE

Dylan Coe, right, plays the electric guitar alongside three fellow members of the band Aced Only. Coe first started the guitar in fifth grade and has played in the band since the summer of 2014.

I’m the only person who goes through a lot of the things I go through.”

However, now Coe and his fellow band members are at different schools and their band is on hiatus. He intends to keep writing music, but he doesn’t know if he will keep recording or producing music.

“I’m alright with it [the band being on hiatus],” Coe said. “I’m really excited

to get back into it, like maybe during the breaks or something, but for now I’m just brainstorming, trying to think of stuff and writing songs.”

While college is a formative experience for many, Coe doesn’t see his Wash. U. experience significantly affecting his musical or writing style.

“It might change a little bit, but I’d like to say that all

of the people in my band, we all really mesh and we have the same taste in music so it kind of works out,” he said.

Currently he is in the process of producing two songs without finalized names, which he refers to them by the code names Launchpad McQuack and Purple Race Monkey. He hopes to continue his music when school is out of session and keep writing during school.

Nostalgia and scandal: A breakdown of the VMAs formula



ALBERTO DE LA ROSA
FILM EDITOR

Some of the most iconic pop culture moments in history have occurred on the stage of the MTV Video Music Awards. Even during a Twitter-less era, Britney Spears was already making hashtag-worthy appearances. This is why MTV created commotion around the fact that the Video Music Awards (VMAs)’ own veteran was making a comeback to the awards show after a nine-year absence. How can anyone ever forget the memorable (for all the wrong reasons) performance of her single “Gimme More” in 2007?

It only makes sense that MTV would make a big deal out of Spears’ comeback to the VMAs. As of late, the network seems to be relying heavily on the nostalgia factor that has successfully crept into our current youth culture and brought back ‘90s fashion, vinyl and Polaroid cameras. In fact, Britney Spears represents the ideal model for a noteworthy VMAs show: she appeals to the nostalgic crowd that still remembers her rendition

of “I’m a Slave 4 U” with a snake around her neck; she creates controversy, the kind that she caused when she shared a kiss with Madonna in 2003.

Spears’ comeback to the VMA stage was timely. Presently, MTV is at odds with the interests of the millennial generation and the newer post-millennial generation. On the one hand, the millennial generation expects to see the same type of VMAs they grew up watching. On the other hand, the post-millennials expect to watch a show worth tweeting about and with content that appeals to their taste. This is exactly what this year’s VMAs set to accomplish.

In addition to creating buzz around Spears’ performance, MTV also advertised that the show would give Kanye West four minutes to do whatever he wanted. This was a very deliberate move that deserves a stand-alone analysis in itself. That the network slotted a specific time in the show’s schedule for West provides evidence that they actively seek controversy that would potentially make headlines the

following day (even if it’s at the expense of supporting harmful stereotypes). After all, controversy is tightly weaved into the fabric of VMAs. I, myself, am guilty of this type of expectation. When I tuned to MTV Sunday night, I was hoping for an explosive pop culture moment that would spring up numerous think pieces the same way that Miley Cyrus and Robin Thicke’s performance did three years ago. Unfortunately for MTV, West’s monologue was not contentious.

Instead, the awards show’s focus was on talent, which usually tends to be a plus in the expected craziness of the evening. Some would say that this year’s VMAs were lackluster because there were no scandalous moments—a deviant from previous editions of the show. Rihanna’s series of performances aimed at highlighting her greatest qualities, including her monumental presence onstage and her ability to wear outfits that no one else in the entire world could ever pull off. Beyoncé’s mini-concert was the greatest thing

that’s ever happened since Beyoncé. Ariana Grande and Nicki Minaj’s duet was expectedly dazzling. Meanwhile, performances by Nick Jonas and the Chainsmokers were aimed at appealing to the younger generation of post-millennials. And yes, Britney Spears was great (despite an obnoxious appearance by G-Eazy, whose existence I learned about just now).

Ultimately, the VMAs operate on a formula of controversy and nostalgia that attempts to stay relevant within the same pop culture conversation that it was once a crucial part of. Yet this year’s formula was too heavy-handed and obviously fabricated to desperately become the center of attention for the following days. Perhaps it is time for the VMAs to stop seeking to duplicate the same iconic popularity that it once possessed. MTV should build upon its reputation of trendsetting rather than rely on its old tactics. As much as we want there to be, there will never be another iconic seven-foot Burmese python gracing the VMA stage, and you know what, that’s OK.

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SPORTS

Football hopes to maintain high-scoring offense, fortify defense

NICK KAUZLARICH
STAFF REPORTER

It was a tale of two seasons for the Washington University football team.

At Francis Field, senior quarterback J.J. Tomlin and the Bears' offense put on a performance unseen since the 1904 Olympics, scoring 46 points per game en route to a perfect 5-0 record.

Road games were a different story. Wash. U. struggled in close games and hobbled to a 1-4 record. While the Red and Green's high-octane offense kept the team within striking distance, it was the defense, especially the run defense, that faltered on the road.

As the Bears begin their pursuit of a Southern Athletic Association (SAA) title, they'll once again need to rely on a high-scoring offense while establishing a consistently stout defense, especially on the road. Here is an idea of what to expect in the coming season.

KEY DEPARTURES AND RETURNEES

As the Bears look to shore up their defense, a new defensive coordinator will be on the sidelines. In February, Jeff Fisher was promoted from special teams coordinator and tight ends coach to replace

Jim Ryan, who left Wash. U. to become the head coach at Rhodes College.

Fisher will have plenty to work with in his inaugural year at the helm, with junior defensive back Nick Doctors and senior defensive lineman Josiah Situmeang returning after successful campaigns last year. Doctors helped stifle opponents' running games by recording 76 tackles—the second most on the team—while Situmeang successfully pressured opposing quarterbacks and led the team with five sacks.

However, the Bears will be without leading tackler and defensive playmaker Quincy Marting, who notched 84 tackles and tied for the team lead with four interceptions, after he graduated last spring. While Doctors figures to play a bigger role, junior defensive back Andrew Ralph could also emerge as an impact player after nabbing honorable-mention all-UAA honors last season.

Offensively, Tomlin will be the starting quarterback for the third consecutive season after a record-setting junior year. Tomlin broke school records in passing yards (3,363) and touchdowns (29) to lead a prolific offensive attack that averaged 496 yards per game.

Tomlin will have a chance to break more

records this season due to an experienced offensive line, which gave up only nine sacks last season, and the return of No. 1 wide receiver Kevin Hammarlund, who hauled in 64 catches for 957 yards and nine touchdowns.

However, Tomlin won't have all of his offensive weapons at his disposal. Wide receiver Hank Childs (616 receiving yards, five touchdowns) and tight end Max Elliot (447 receiving yards, three touchdowns) both graduated last spring, so look for junior wide receiver Marcus Ramspott and senior quarterback-turned-tight end Matt Page to break through as offensive playmakers.

X-FACTOR: AUSTIN SMESTAD

It was no secret that the Bears were a pass-first team last season. But, the importance of the team's running game cannot be overlooked, as the Bears were 5-2 in games where they eclipsed the 100-yard rushing mark. Although former starting running back Cody Ratermann graduated, senior running back Austin Smestad is well-positioned to take over as the starter. Last season, Smestad rushed for 464 yards on 99 attempts, good for 4.7 yards per carry.



STEPHEN HUBER | STUDENT LIFE

Austin Smestad, senior running back for the Bears, in a game against University of Chicago on November 12, 2015.

FIELD OF PLAY

As members of two conferences, the Bears will play the exact same opponents this season, with eight games against

SAA opponents and two games against University Athletic Association (UAA) opponents. They begin their season on Saturday at Carnegie

Mellon University, a UAA opponent they handily defeated 45-24 last season, before their home opener on Saturday, Sept. 17, against Centre College.

Weekend series give volleyball a chance to experiment

AARON BREZEL
SENIOR SPORTS EDITOR

The Washington University volleyball team will begin their season this weekend with a five-team round robin tournament at the Wash. U. Field House. The teams they'll face—Knox College, Depauw University, Adrian College, Rose-Hulman Institute of Technology and Edgewood College—combined for an 82-67 record last season. It's a slow start to the year for a Bears' team that spent much of 2015 ranked No. 1 in the country. But what the Bears will lose in competition, they'll gain in repetition. With three members of last year's front court graduated, the Red and Green will be testing out new rotations

featuring younger players that are either freshmen or were blocked at their position in past seasons. This is in contrast to the past two seasons when the starting cast was mostly intact. With so much inexperience on the court, head coach Vanessa Walby is expecting some friction.

"Everything is going to be a little bit rough this weekend because it's our real first showing," Walby said.

The Bears better adjust fast. After this weekend, their schedule picks up considerably. Starting with a Sept. 7 game against No. 19 Illinois Wesleyan University, Wash. U. will enter a stretch where they will face six teams in the top 20 in 10 days. This includes matches against

No. 7 Claremont-Mudd-Scripps, No. 3 Juniata College and No. 1 California Lutheran College, the team that knocked the Bears out of the NCAA Regional Final last year in three sets.

With time to experiment running out, Walby estimates that four of the six starting positions are still open. One of them is setter, the position once occupied by the now graduated Allison Zastrow. As the team's setter last season, Zastrow ranked second in Division III in assists per set and personally orchestrated an up-tempo offense that carried the Bears to the regional finals. For her efforts, she was awarded the American Volleyball Coaches

SEE SERIES, PAGE 6

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SERIES from page 5

Association Player of the Year. To replace Zastrow, the Bears have either sophomore Savannah Zhang or freshman Chloe Stile.

According to Walby, neither setter has claimed the job through preseason practice or informal exhibition games. The wrinkle, in her book, is that the two players have complementary skillsets—where Zhang excels, Stile could improve and vice versa.

“They both have very good positives to them and then stuff that we need to work on,” Walby said.

While Zhang only has three games and 16 assists under her belt, her seniority still offered some advantages.

“I think [Zhang] is a little bit more comfortable because she’s gotten just more experience having me for a year and knowing my style and knowing my pace,” Walby said. “She was also here all summer with our strength and conditioning coach, and she’s been able to just train to my liking a little bit more. [Stile] is still learning some of it and is kind of adjusting to

the college game.”

Of course, the notion of one player claiming the job assumes that the Bears will run a one-setter offense like they did last season with Zastrow. According to Walby, there is every possibility that she might use Zhang and Stile in a two-setter rotation. This formation would give Walby a couple of more offensive options, as well as take the pressure off a setter with a more limited skill set than that of Zastrow.

“If I run a two-setter offense, it’s also because I want to get different attackers on the floor,” Walby said. “So, if I run a two-setter offense, I can have two right side attackers versus one, and then, that gives us more power and more swing and more options to our offense. So it’s not just the setting capabilities.”

While the setter is still in flux, the backcourt also has its fair share of question marks. The libero position is still in open competition, with junior Lauren Fournier



ALLISON HAMBURG | STUDENT LIFE

Rexi Sheredy strikes the ball in a Oct. 29, 2015 Senior Night game against Webster University.

and sophomore Natalie Stephanus figuring to see at least some playing time. The two participated in the Bears’ backcourt by committee approach last season where the team avoided funneling

the ball to a specific player as many defenses do.

“Our defense will be a group defense as much as possible,” Walby said. “We’re not going to be able to function without another person

helping each other out.”

The only givens heading into this weekend will be middle hitter Caroline Dupont and six-rotation player senior Rexi Sheredy. The two seniors finished first and second on

the team in kills and represent two major holdovers from last year. The Bears’ may need their veteran presence on the court if they hope to continue competing at the national level.

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[WEEKLY BAR AND RESTAURANT GUIDE]

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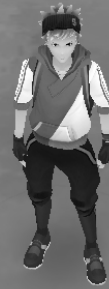
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SCENE

POKEMON GO WITHOUT YOUR PHONE



SCENE STAFF

Pokemon Go has been all the rage this summer, with people of all ages going out of their way to catch Eevees and Pikachus and, you know...the other ones. It has led to people even putting their lives in danger to play the game. Some of us, however, haven't even stepped into the Pokemon Go universe out of concern for our lives. Turns out, you don't even really need the app to play Pokemon Go! You don't even need a phone—just a little imagination and zero sense of shame. Here are a few ways to put a new twist on the game.

1. Throw your childhood stuffed animals at strangers—First, you'll have to ask your parents to mail you your childhood stuffed animals, and also probably sift through various landfills to find the unlucky few that didn't make it to your young adult life (sorry, Boo Bear). The rest is simple: you just throw them at people! You create the Pokemon! You create the PokeStops! Who needs an Eevee when you can have that life-size Barney with one eye that you used to faithfully drool on as a kid? Once you run out of stuffed animals to throw, you can substitute them with something else from your childhood that reminds

you of fun. Like packing peanuts! I will use packing peanuts. Packing peanuts are more fun than they're given credit for. Yeah, this whole thing is a bit more elaborate than simply downloading the Pokemon Go app. But you know what? Back in my day, we would have to WORK to have fun. I mean, I was also an only child, so I spent a lot of time creating backstories for my toys/imaginary friends/dumb parakeets. Everything turned out fine! — *Rima Parikh*

2. Join the Pokemon Go community discourse - The only thing Pokemon Go players enjoy more than finding Pokemon is finding

other Pokemon Go players. The thing is, they're a very elite bunch and don't want to hang around any level-1 "noobs," as they call them. Lucky for you though, it's easy to sound like you know what you're doing. Next time you see people looking at their phones (this is the tell-tale sign of Pokemon Go-ers) ask them: "Hey, have you seen a Pidgey around here?" If they look at you all confused, it means they're not very good yet. Move on to someone else. Don't waste your time on "noobs"! If you don't know any names of Pokemon, don't worry! Simply make up names that sound like they could

come from fantasy novels, with lots of x's and y's, like Garlox or Loosky. I tried this just the other day. I went up to a couple on the quad and asked: "Would you all happen to know the whereabouts of the mysterious Yxylax?" They looked all concerned and brought me to the Danforth University Center and bought me a bottle of water, saying I must be "dehydrated" and "delusional." Rest assured, I told them the truth, and we all had a good laugh over the fables and foibles of players we know. Mission accomplished! — *Harry Hall*

3. Challenge peers to a battle with cards - Yeah,

that's right. We're going old school. We're going all the way back to cards. If you're like me, and your childhood consisted of Pokemon (and let's be honest, I spent a good portion of my adult years playing on my Game Boy as well) then you know what I mean. Break out those Pokemon cards that haven't seen light for five years because they've been sitting in your basement, and your basement flooded that one time so now they have a weird musty smell and are stuck together... and get going! See someone and you just instantly have that Pokemon connection?

SEE GO, PAGE 9

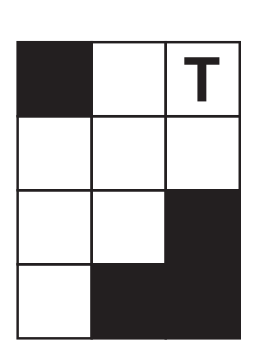


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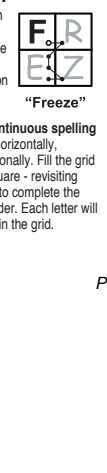
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"The Red Tornado"

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Spell the phrase in the grid above it, writing each unique letter only once. The correct solution will spell the complete phrase along a single continuous spelling path that moves horizontally, vertically and diagonally. Fill the grid from square to square - revisiting letters as needed to complete the spelling path in order. Each letter will appear only once in the grid.



"Doctor Manhattan"
Difficulty ★★☆☆☆ (80pts)

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Los Angeles Times Daily Crossword Puzzle
Edited by Rich Norris and Joyce Lewis

ACROSS

- 1 Not very exciting
- 5 "___ the east, and Juliet ..."
- 9 King whose gift became a curse
- 14 Tiny bit
- 15 One pulling in pushers
- 16 Amtrak express
- 17 GLUTEN-free fare
- 19 1983 Woody Allen film
- 20 Schoolyard "I'll show you!"
- 21 Scholarly
- 23 Like some headphones
- 24 Better at heeling, say
- 26 GLUTEN-free fare
- 32 "GoodFellas" fellowship
- 35 Breaks
- 36 Duffel bag filler, in a thriller
- 37 Sandwich guy?
- 39 Take care of
- 41 "Don't forget ..."
- 42 Singer Nicks
- 44 Modernists, informally
- 46 Mind reader?
- 47 GLUTEN-free fare
- 50 Alma ___
- 51 Lacking the knack
- 55 Supposed bringer of bad luck
- 59 Mimosa family tree
- 60 Gas used in flashtubes
- 61 GLUTEN-free fare
- 64 Chilean range
- 65 K thru 12
- 66 Radius neighbor
- 67 "It could happen"
- 68 Father of Thor
- 69 Padre's brothers

DOWN

- 1 Summer genre
- 2 Atkinson of British comedy
- 3 More than just apologize



By Max Carpenter 9/1/16

SUDOKU

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Level:

1

2

3

4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

SOLUTION TO MONDAY'S PUZZLE

5	4	1	6	2	9	8	3	7
6	7	8	1	5	3	9	4	2
9	3	2	8	4	7	6	1	5
4	1	5	7	9	8	2	6	3
3	9	7	2	6	5	4	8	1
8	2	6	3	1	4	5	7	9
2	6	9	4	7	1	3	5	8
1	8	4	5	3	2	7	9	6
7	5	3	9	8	6	1	2	4

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Monday's Puzzle Solved

A	J	A	R	A	N	G	R	Y	H	A	U	L		
L	A	C	E	P	E	L	E	E	E	L	B	A		
F	I	D	D	L	E	W	I	T	H	C	A	S	E	S
A	L	C	O	A	L	B	O	O	D	O	R	S		
A	S	H	Y	R	P	M	S							
T	I	N	K	E	R	W	I	T	H	B	E	L	L	S
E	M	I	D	E	E	R	D	O	T	E	O	N		
N	A	N	U	D	I	D	S	O	F	A				
A	G	E	N	T	S	S	E	G	A	N	A	P		
M	E	S	S	W	I	T	H	J	A	C	K	E	T	S
A	R	S	O	N	E	T	C	E	D	G	E	S		
M	O	N	K	E	Y	W	I	T	H	S	U	I	T	S
F	L	O	E	S	H	E	E	R	L	O	R	D	S	
M	O	W	N	L	O	R	D	S	T	O	N	S		

38 Year in Nero's reign

40 Run like heck

43 Epic

45 High on the Scoville scale

48 Multichannel

49 Making no progress

52 Bacteria in a produce recall

53 Brahms' instrument

54 Proud cries

55 Teacher's handout

56 ___ cava

57 May race, familiarly

58 "Stay (I Missed You)" songwriter

59 Like, with "to"

62 Out of use

63 See 6-Down

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FORUM

STAFF EDITORIAL

Administration wants you to talk about “Swamp Creature Friends” with your real friends

Swamp Creature Friends” is the newest art installation to appear on Danforth Campus—this time on the South 40 Swamp. It’s kind of weird looking. It’s three amorphous figures made out of intertwining thick green wire and when night hits, lights turn on and it glows like the ghosts from “Ghostbusters.” The whole setup seems purposeless and another example of Washington University’s runaway art budget. That is, until you think about what Associate Vice Chancellor for Student Affairs Rob Wild said during a pre-orientation training session—a sentiment that’s been echoed by Chancellor Mark Wrighton and Provost Holden Thorp.

To paraphrase, he wanted

students to interact with the statue, to take selfies and climb on it (but frankly, we’re still not sure how that last one is possible). In other words, the administration wants students to look AND touch. Swamp Creature Friends isn’t some static piece of art that you’d find at the Rijksmuseum or the Louvre. It’s supposed to be a new interactive part of the Swamp landscape.

While it may seem like Wash. U.’s approach to art is a little erratic (those green tile rocks near Olin Library that might be for sitting on?), the University has a six-page document called the “Art on Campus Policy” that adheres to. There is a “Art on Campus Committee” which consists of the director of the Mildred Lane Kemper Art Museum, the director of

capital projects in Facilities Planning and Management, the provost, the executive vice chancellor for administration as well as five ad-hoc members that cycle in an out that oversee the addition of art on campus. When a new construction or renovation project that exceeds \$4 million on campus begins, that committee receives 1 percent—a number capped at \$500,000—to put towards installing art on campus.

While the committee has nearly a dozen mission statements and goals, the one that’s important when talking about the swamp monster is the following:

“The University’s purpose for implementing the policy is to: Create a distinctive and inspiring sense of place with each project and site that serves as a forum

for communication and exchange”

Swamp Creature Friends, as odd-looking as it is, fits that notion. It stands right on the border of the actual Swamp, one of the centers of undergraduate life on campus. The green wire flying in every direction conjures up the same feelings of fun that can usually be felt at such a social spot on campus.

If you think about it, “Swamp Creature Friends” isn’t the only piece of art that reflects its landscape. Ainsa I, a filigree in front of the Bauer Hall atrium, was actually the first piece of artwork installed by the commission for Art on Campus. The human figure made of stainless steel letters from nine different alphabets reflects the forward-thinking and international approach taught in the business classes

held in the building behind it.

Even if you have a problem with the University spending money on art, you have to at least admit that features like “Swamp Creature Friends” and Ainsa I are at least better than the Bunny, or “Thinker on a Rock” as it’s more formally known.

But why should the Art on Campus committee have complete control over art on campus? Drawing from another one of their mission statements, if art is supposed to “enrich [student’s] day to day lives, but also develop their abilities to understand and appreciate art,” shouldn’t students be able to pick art that they appreciate and find enriching? That’s why Student Life proposes the Art on Campus committee expands to include

students—other than the few who sit on the committee—to be involved in selecting art. The initiative could take a variety of forms, such as having students vote on artist proposals or even allowing student submissions.

If you allow students more freedom, good things can happen. The Lasky-Landscape was a seating area situated between Etta’s Cafe and the Mildred Kemper Lane Art Museum built by two graduate students in 2009 as part of an architecture competition. Although it was dismantled in 2015, students remembered it as a social space central to the art school identity. If two graduate students could do that with a budget of \$5,000, imagine what the rest of the Wash. U. campus could come up with.

Point: Trigger warnings can do more harm than good

PETER DISSENGER
FORUM EDITOR

Social media has not been kind to the University of Chicago in the past week. By this point, the university’s plight has been widely documented—in an ill-fated attempt to protect “academic freedom” and give new meaning to freedom of speech on college campuses, they wrote a letter to their incoming students saying “au revoir” to trigger warnings. While UChicago’s blunder may loom over the university for years to come, their logic is not far off: the trigger warning tends to do more harm than good in the classroom.

The trigger warning is not a new concept: It is simply a statement that tells a reader or viewer that there is distressing material ahead. It was invented as the internet began to take hold of the western world, when sexual abuse and violence support groups wanted to warn readers of graphic stories of rape and exploitation. Many television shows have also used trigger warnings in advance of incredibly graphic depictions of crimes and violence (see “Law and Order: Special Victims Unit” and “The Sopranos”). However, on college campuses, the trigger warning has become a more ubiquitous and constant part of life. There have been a variety of high profile cases in which students have made official requests to instate trigger warnings for iconic novels like “The Great Gatsby” (for misogynistic violence and domestic abuse) and even institute campus

wide trigger warning policies. Those students may have found themselves in unwelcoming academic environments, but the push towards the trigger warning has led to a variety of consequences for professors and the larger student body.

In 2014, seven humanities professors from a diverse set of colleges and universities published a piece on the flaws of trigger warnings. It has gone on to be cited frequently by major media organizations and presents a variety of arguments that call trigger warnings into question. Their most intriguing argument by far is that the existence of the “trigger warning” may serve as a campus’ protection against addressing serious issues facing the community. The trigger warning can serve as an illusion that a campus is accepting of all races, sexual orientations and mental health issues. The focus shouldn’t be on identifying the many triggers that may exist for students, but combating the underlying issues associated with those traumatizing events.

The creation of trigger warnings also puts faculty in an immensely challenging position with their students. They are not mental health professionals and certainly not experts in the mental health histories of their students—it is both impossible to accommodate all students’ pasts and then even more so challenging to work with students who are traumatized by events in class (without proper training). Further, a faculty member may be forced into censoring crucial material or omitting events in fear of

losing their position at the university, especially those professors who are not on tenure and are dependent on yearly reviews to keep their job.

Perhaps most controversially, there is research on post-traumatic stress disorder showing that trauma is more likely to be caused by harmless cues (smells, sounds) than literary or visual representations of the trauma. Those results would debunk the efficacy of the trigger warning as a positive way to create acceptance for college students, since it means that professors cannot stave off trauma any more than an resident adviser, the cafeteria or a programming board screening a movie to students.

While I would never speak to the reality of students’ trauma or the necessity of creating classes that are respectful of the histories of racism, sexism and homophobia in our country, it is evident that the trigger warning comes with a variety of negative consequences for the college classroom. Worse, for students who do feel a need for trigger warnings, that term has become so pejorative on campuses that it may in fact benefit campuses to step away from that word. The University of Chicago likely had some of these concerns, and while they completely blundered on delivering their message about trigger warnings to students, they may have caught on to the need for a movement towards academic freedom that respects victimized and marginalized students without inhibiting curricula or the classroom.

Counterpoint: By condemning content warnings, UChicago hinders free speech

SARAH HANDS
SENIOR FORUM EDITOR

The University of Chicago recently released a letter to incoming freshmen that champions the idea of free speech while slamming the use of “trigger warnings.” It, regrettably, rests on an assumption that content warnings and free speech are mutually exclusive. Not only is that assumption untrue, but it ignores the fact that the “diversity of background” UChicago claims to celebrate among its students can lead to varying abilities to process and discuss disturbing content—you know, unequal levels of “freedom of speech” among students in the first place.

In an ideal world, yeah, we could all just take absolutely everything at face-value and flip a switch in our brains that shuts off any past experiences or identities that could cloud our reception of the content we expose ourselves to. But this is not an ideal world, and while it’s great that UChicago wants to maintain its robotic reputation as an institution filled with purely analytical minds, damning the concept of content warnings only champions free speech for people who have no issue speaking up in the first place. You know, people who haven’t had those traumatic experiences UChicago so readily scoffs at.

A content warning is not meant to stifle free speech. It is not meant to shield potential media consumers from the “realities of our

cruel world.” It is meant to highlight that, hey, there’s a graphic rape scene in this book/movie/play/whatever, and we’re letting you know that because, like, that’s a decent thing to do.

“But Sarah,” you cry, “there are no content warnings in the real world! College is supposed to prepare you for the real world!” And you know what? You’re right. But in what real-world situation am I going to have to watch a movie with a graphically violent scene if I don’t want to? In what dramatically realistic setting will I be required to read an explicit story about child sexual abuse without having the option to, I don’t know, exit out of my browser? Because I can think of several times in college where I will be confronted with disturbing content and, for the sake of my grade, will not be able to abstain from its consumption.

In the “real world” that is so incredibly harsh, I do, in fact, have the option of choosing a career path that does not require confrontation with content that reminds me of a past traumatic experience I would rather not relive.

I say this all hypothetically, because I am privileged enough to not have experienced anything traumatic in my lifetime. I am able to sit through sexual assault scenes in movies, even though I find them unpleasant. I am able to read graphic depictions of violence in books, even though I don’t particularly care for them. I am able, in a word, to retain my ability to eloquently express my

opinions on graphic content because I am privileged enough to have a past absent of personal trauma.

For me to assume that the same is true of my classmates is, frankly, far more silencing than a professor pointing out to our class that “Amores perros” contains a lot of graphic violence against both humans and animals and like, “hey, if you feel uncomfortable with that, we can talk.”

To quote a tweet by Deray McKesson, “@UChicago, who exactly is this letter meant to welcome?”

The thing is, free speech is only truly free if everybody has the same opportunity to speak up in the first place. It becomes pharisaic to insist that everybody should be able to take things at face-value in the name of “free speech” when you yourself have nothing stopping you from taking those things at face value.

By diminishing the experiences of others through denouncing something as unobtrusive as content warnings (seriously, isn’t it just common courtesy to give a heads-up to a classroom of people you don’t know that there may be disturbing content in an assigned reading or viewing?), you effectively render those experiences irrelevant. Content warnings have absolutely no effect on you if you have no reason to be warned, but they can help empower people who have past trauma that you yourself are privileged enough to not have experienced. So, like, calm down.

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It's a 'ruff' life

A DOG TREAT TASTE TEST

LIZZI KEHOE
CONTRIBUTING WRITER

It's a dog-eat-dog world out there, my friends. This is the platitude that spurred me to willingly (yes, I repeat, willingly) volunteer to try dog treats. Because I'm fun and adventurous! (Or more accurately, a clueless freshman looking for an in with the Student Life staff.) I'm not too sure my parents were suggesting to become attune with my animal instincts when they told me to "get out of my comfort zone" and "try new things" (fun fact: their biggest fear is me marking myself as "Girl Who Ate Dog Food" within the first week of college. For their sake, please don't brand me with that). But you know what? I'm an independent woman, and I do what I want! At least, that's the justification I give to Three Dog Bakery's Tearene Hart, who is one of the bakers who makes all of the treats. Thankfully, she doesn't judge me. In fact, she tells me that all of their products are made entirely with—wait for it—human food. The main ingredients in their snacks are flour, honey, peanut powder, butter and so on. The main differences between human food and dog food are that a) dog desserts have almost no sugar, b) instead of chocolate, they

use carob (a cocoa-based alternative that's safe for dogs) and c) some of the treats are made for dog teeth, so they're purposely tough to bite into. Everything in the store is vegetarian, and they even have options for dogs with specific allergies. Over the course of 40 minutes, I tried about 14 dog treats. Here are some of the high and low points of my journey:

4:01 P.M.: THE PEANUT BUTTER COOKIE

My expectations are high since the owner's granddaughter allegedly comes to the store and eats these by the jar. At first bite, I am surprised, since I don't want to immediately spit out this so-called cookie. I like that it's called a cookie because I forget, momentarily, that I'm actually eating a dog treat. When I take a second bite, I suddenly remember that I enjoy real peanut butter, not the powdery (healthier?) stuff used in this. The treat is aesthetically pleasing, for the most part, with cute little peanut shavings on top. Still, the shavings do not fill the real peanut butter void in my heart. On to the next one.

4:05 P.M.: THE STRAWBERRY CREME

The red velvet color,



Large dog biscuits sit out at Three Dog bakery in the Delmar Loop.

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beautiful meringue shape and chocolate-dipped (it's not real chocolate, so it's dog safe!) situation immediately catch my attention. Honestly, this could go in my dorm room's cookie jar and no one would think twice. Hart explains how they use carob, an ingredient completely safe for dogs, to mimic the chocolate-dipped look. Although nothing can really compare to Hershey's chocolate, this is good. The kind of good that makes me want another. But one really needs to love cacao for this treat because it's very, well, cacao-y. (I just want to keep saying cacao.) Overall, the exterior detail and rich taste of the

Strawberry Creme is just perfect for your poodle named Beatrice. Or for me—bring on the cacao.

4:16 P.M.: THE PUPERMINT PATTY

I'm starting to forget that we're eating dog treats because this one is wrapped in green foil and slightly reminiscent of York Peppermint Patties or something you would find in a high-end chocolatier's shop. If you ever want to mimic frozen Thin Mints when it's not Girl Scout cookie season, go to Three Dog Bakery and eat this because it's delicious and the closest thing to Thin Mint-level I've ever tried. I'm confused when

I hear we're the first to try the Pupermint Patty because I want to take some home. Or disguise them in a Thin Mints box and play a sick joke on unassuming customers while I make bank, but I digress. Also, it appears to be fully dipped in carob.

4:28: LET 'EM EAT CARROT CAKE:

I think carrot cake gets a bad rap because of the whole vegetable component, but I personally believe anything involving cream cheese icing is a blessing. This dessert, or um...dog treat, looks exactly like the carrot cake I order from my favorite coffee shop in New Orleans—even the mock frosting resembles actual cream cheese icing. My mouth is watering and on the aesthetic end of things, I'm excited. Then, I get to the part where I actually have to taste the icing, which is surprisingly sweet, and the cake, which looks better than it tastes, and we're going to leave it at that. Perhaps, I got ahead of myself and set my expectations too high. Perhaps, dog treats are really just dog treats and losing their mystique. Perhaps, it's all of the above.

4:37 P.M.: THE BOW WOW BON BONS

Hart is nice enough

to keep giving us free samples of treats she presumably spent hours making, but I'm too nice to say that we would rather eat fries, or a burger, or an apple or literally anything that's not made specifically for dogs. It's too bad that my cacao craze has ended, too, because this last one looks like a cake-pop straight out of Starbucks, and I want to take one home. Once again, my eyes are too big for my stomach, and I don't want to finish the whole treat, which tastes like a wet sock. But Hart is there, smile spread across her face, just staring. I end up shoving the whole Bow Wow Bon Bon in my mouth, and I think I may or may not black out immediately after. My stomach hurts.

After taste-testing 14 dog treats, the only thing I've gained is a new fun fact for the hundreds of ice breakers in my near future. If you also need a fun fact, I'll go back with you, but only for the Pupermint Patties (because those were pretty bomb) and to hang out with Hart again. I've sufficiently crossed trying dog treats off my bucket list, and I'd like to go nap now.



Three Dog Bakery opened last year on the Delmar Loop.

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Challenge them to a battle. For bonus points, act it out on the Swamp, sell tickets, and become a Pokemon god.—*Ariel Kravitz*

4. Turn the EstroGym into a PokeGym - Correct Nintendo—um Niantic,

Inc.'s—obvious oversight by turning the EstroGym (the 'South 40 Fitness Center') into a bona fide Pokemon gym. Recruit your friends to all dress in the same color—yellow, blue or red will do—and start aggressively hanging out by the entrance of the EstroGym. When anyone tries to get in, yell about how they have to defeat

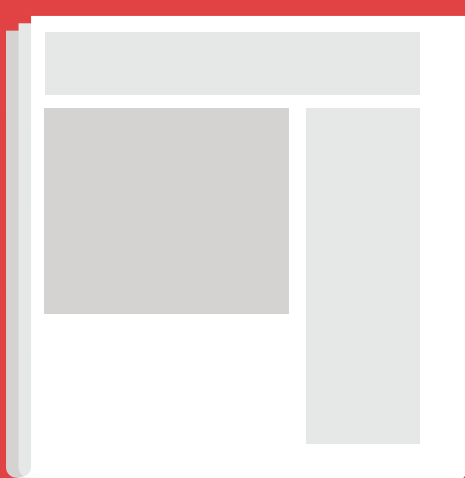
you and your Vaporeon first. If any of these people happen to actually play Pokemon Go and want to battle you, just tell them your phone has died. In addition to making you appear really hardcore about an app-based augmented reality game, this approach has the added bonus of securing a private workout area for you and

your crew. —*Hanusia Higgins*

5. Fake it 'til you make it - If you don't play Pokemon Go but want all your friends to think you do because apparently that's hip these days, you can totally fake it on social media. Step 1: Use your Washington University-allotted printing money to print out color pictures

of Pokemon. Step 2: Tape those pictures around your dorm, around campus or wherever you think would make a good backdrop for Pokemon-catching. Be creative! Step 3: Use your phone to photograph the printed-out Pokemon captured in the "real world," and upload these photos to Facebook. Use captions like "Just caught a Squirtle

in General Chemistry lab! I guess those water types really are hydrophilic!" Does this process feel a little silly? Sure, but it's essentially the same thing the app is doing: superimposing imaginary creatures onto real life. The Pokemon Go app does it digitally; you're doing it manually. A little elbow grease never hurt anybody. —*Hanusia Higgins*



JOIN.



WRITE.



WIN.

STOP 'COOKING' FOOD, JUST FIND SOMETHING YOU CAN EAT

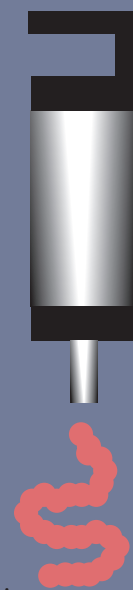
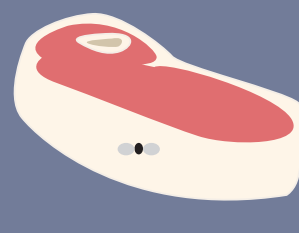
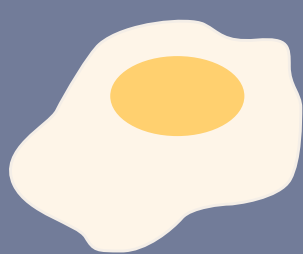
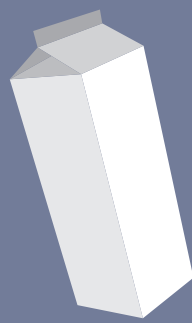


ILLUSTRATION BY LAURA ANCONA

WESLEY JENKINS ASSOCIATE EDITOR

So you've moved to college and finally have access to a kitchen. Maybe you're off campus or maybe you're on the South 40, intent on using the hall kitchen because sanitation and human decency mean nothing to you. Regardless, you've watched a Tasty video before so you know what you're doing. Gone are the days of simply eating a garlic clove because cooking is a dark art that your little high school mind just can't understand. You're cultured now. You curse Gordon Ramsey out.

But wait. As you start to prep your kitchen, you realize: Tasty videos are actually professionally made and ignore a large part of the cooking process. You have no idea what that white liquid they just poured in the pan was. You think pine nuts and cashews are the same thing. Not only do you burn your frose, but you also burned your eyebrows and your face and you are sad.

Don't be this kid.

Instead of being that kid, here are some simple cooking rules by which to abide. And by rules I mean things you absolutely should not do. And by absolutely should not do, I mean it's honestly shameful that you even thought this was a good idea. You have deviated so far from the Tasty video. You're on some "Stranger Things" s—right now.

1. DON'T SAUTE VEGETABLES WITH MILK

After looking up how to make a nice chicken dinner with a side of mashed potatoes, and maybe some broccoli, you realize that you have gone so far past your skill set. Take a deep breath. Go for the classics.

By far the easiest food to make as a college student is sauteed vegetables over rice. (Note: I mean microwaved rice. Do not go anywhere near non-microwavable rice. You will fail. Please don't.)

Literally, all you need for sauteed vegetables are cut-up vegetables and oil. The vegetables do not need to be cut in a specific way.

The oil need not be fancy. Do not make this more difficult than it should be.

If you are lacking vegetables, I'm sorry to tell you, but you've already failed. Just go to Bear's Den. But if you are lacking oil, you may be tempted to find a substitute. First, you'll try water, but once it evaporates you'll remember a) ninth grade science and b) why you're a humanities major. Second, you may be tempted to try milk. Resist the temptation. The milk will curdle and burn. It will smell, and you will have none left for your cereal when you inevitably fail.

2. IF YOU WANT TO MAKE PANCAKES, REMEMBER ALL OF THE INGREDIENTS

Full disclosure: I've messed this one up before. In things related to baking, every ingredient is crucial. This isn't that paper that you have to have written in the next two hours, but you haven't read the book so you just kind of bulls— you're way through the SparkNotes and then get an A for effort because sometimes Wash. U. is

a bit like an elementary school. No, if you try to B.S. your way through pancakes, you will end up with rubber discs that are only slightly more edible than dog treats.

You will eat these sad pancakes anyway because you have dug your grave, and now, you must wallow in it. You can't even burn the pancakes out of spite because they don't have the ingredient in them that allows them to burn. These pancakes are just a sad participation medal in the game of life that you have failed.

3. DO NOT DECIDE TO BAKE FISH AND THEN FORGET TO TAKE THE FISH OUT OF THE OVEN SO THAT YOU JUST HAVE A SEMI-BAKED FISH ROTTING IN YOUR OVEN FOR UPWARDS OF TWO MONTHS BECAUSE THAT WILL JUST END UP SMELLING AND BRINGING BUGS TO THE APARTMENT WHICH IN TURN WILL LEAD TO YOU HAVING TO CHARGE INTO YOUR APARTMENT—SANS CLOTHES, RAID

CANS A-SPRAYING—IN A FIGHT TO THE DEATH WITH THESE INVADING BUGS WHO ARE ONLY HERE BECAUSE YOU JUST CAN'T REMEMBER TO TAKE YOUR DANG FISH OUT OF THE OVEN.

This one seems pretty self-explanatory.

4. DO NOT INVEST IN A MEAT GUN

You may have developed a love affair with Taco Bell while working your high school job of valeting cars, and the only food that was available when you got off work at one in the morning was the ubiquitous fast food chain. You may have thought the meat gun that they fill their tacos with was perhaps the most ingenious invention ever created and that there is no reason every American household should not have said meat gun installed in their home.

While I admire your dedication to the craft of small and soggy tacos, this is a truly terrible idea. Meat guns have their well-documented problems

not the least of which is the increase in gun control advocacy in this country that has limited their production. Also, the meat hasn't always been regarded as actual meat. Even if you may not be disturbed by the 88 percent meat figure, others do prefer their meat to be fully meat and not just a majority.

However, if you never plan to see other people again and have the means to acquire a black market meat gun, by all means go ahead and invest. Meal planning will be a breeze for the rest of your college days. Also, those 2 a.m. cravings will be so easily satisfied.

5. JUST BUY A BIGGER MEAL PLAN

Honestly, if you made it to the end of this list, you're beyond saving. Cooking just isn't for you. Go onto WebSTAC, and upgrade your meal plan. They say platinum is just for athletes, but I'm sure you can convince them that your needs are great enough.



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