Student Life

the independent newspaper of Washington University in St. Louis since 1878

COOKING WITH COPY SCENE, PAGE 10

VOL. 133, NO. 50

THURSDAY, APRIL 12, 2012

WWW.STUDLIFE.COM



Passover desserts Sweet treats to get you through the final stretch of the Jewish holiday.



MAX ZHANG SPORTS, PAGE 6

Wash. U. students more stressed than undergraduates nationally



STATISTICS FROM THE AMERICAN COLLEGE HEALTH ASSOCIATION NATIONAL COLLEGE HEALTH ASSESSMENT, FALL 2011

BY SAHIL PATEL

"I wasn't doing as well as I could, and no matter how hard I was trying, I still couldn't get things going the right way."

This freshman pre-medical student described his immense struggle to balance

of inadequacy compounded by his parents' inability to understand his struggles.

"It was a very tough thing to explain to my parents. They obviously want me to do well here academically," he said. "When I try to tell them that I actually am [working], they ask me 'why aren't you seeing the results?' "Some parents act like they have a crystal ball and know what

we are doing here, but they don't. And I don't have the courage to tell them."

After dropping Principles of Biology I halfway through the semester, he is just starting to feel in control again. He was one of approximately 60 students to drop the course between the first and third tests.

Energy reductions in dorms continue following Green Cup

BY BECKY PRAGER **& MICHELLE MERLIN**

In the month after the Green Cup finished, energy use in on-campus dorms continued to fall, according to figures released by the Office of Sustainability earlier this week.

The figures show a reduction in energy use in March compared to January in every on-campus dorm, with many dorms reducing use in March compared even to February, when the Green Cup was going on.

The Green Cup Competition pits residential colleges against each other in a competition to reduce energy usage. It took place throughout the month of February. The Lee/Beaumont Residential College won the South 40 competition while the Sigma Chi fraternity won the fraternity competition.

While the results seem conclusive, Will Fischer, Washington University's sustainability coordinator, warned that the numbers are imperfect, not fully taking into account spring or winter breaks (which cut into January and March but not February). He also said that the warm weather in March might have contributed to the low numbers for that month as students did not have to turn the heat on as much as in January or February.

"The discrepancy in weather patterns probably has a pretty sizable effect on the data, but we still are seeing some pretty impressive numbers," Fischer said. "It looks like the students are continuing to turn things off, but they're not continuing to do crazy things to keep energy usage down."

Some residential colleges made such extreme efforts to win the Green Cup-such as turning off the heat or having a sleepover on the first floor so all the lights could be off-that the energy savings have been unsustainable. Similarly, Eliot Hall is the only building with electric heating, throwing off its statistics completely. Danforth Hall's numbers are skewed because it is connected to the pathway lighting on the streets.

Still, the Office of Sustainability and participating students said that since the Green Cup, students have changed their behaviors for the greener.

"During the Green Cup, we were all really into it," freshman Karen Gitlin, who lives in Beaumont Hall, said. "But even now after it's over, there are still a lot of people on my floor who are doing it, and some of the lights in the hallway are always being turned off."

Some students said the changes in their peers' green behavior to have been more substantive.

"We do it for a month, so hopefully turning off electronics, unplugging appliances and chargers, etc., becomes a habit," sophomore Katie Gong said. "I know that people started using surge protectors and began using CFLs [compact fluorescent lights], and they will probably continue to use them."

The Office of Sustainability hopes to post periodic reports of how much energy each building or residential college is using relative to the amounts they used during

academic work and a social life upon entering Washington University-his intense feelings

SEE **STRESS**, PAGE 2

SEE GREEN CUP, PAGE 2

Zero-tolerance policy returns to Loop following violence, mobs last month

BY MICHELLE MERLIN

One day after guns were fired on the Delmar Loop two Saturdays ago, the mayors of St. Louis and University City, their respective police chiefs and other city representatives, met with Washington University representation at the Moonrise Hotel to discuss Loop security.

University City and St. Louis Metropolitan police have added patrols to the Loop in an attempt to keep visitors from getting out of hand, while WUPD will increase its own policing of the areas south of the Loop and where students live, freeing up University City police to patrol the Loop.

The increased presences come on the heels of two separate incidents on Saturday, March 31, the first in which 300 youth congregated on the Loop and resulting fights ended in gunshots.

Lehman Walker, city manager of University City, added that University

City will be enforcing a zero-tolerance policy, meaning that misbehavior and violation of city ordinances-such as vandalism, theft or peace disturbanceswill not be tolerated.

Officials said last month's incidents are unusual and warrant follow-up.

"I think everything in the Loop really is even-keeled as it always is. One twohour incident ... generates a lot of media buzz, but really is an aberration. It's an anomaly," Joe Edwards, the owner of numerous Loop businesses including the Moonrise Hotel, Blueberry Hill and the Pageant, said.

This is not the first time for the Delmar Loop to experience similar problems. Last April a series of changes were proposed to control youth on the Loop after a police officer was injured trying to break up a group of 50 to 100 youth. Other business owners had reported improper behavior, such as

SEE **SECURITY**, PAGE 2

Walk a Mile in Her Shoes protests sexual assault in college communities



JUSTIN ZHENG | STUDENT LIFE

Josh Soller leads M.O.R.E.'s annual demonstration, Walk a Mile in Her Shoes, on the Danforth Campus Tuesday.

BY DAVIS SARGEANT

"Rape hurts everyone," read sophomore Josh Soller's sign as he marched through the Danforth Campus in black stiletto heels.

Soller, president of the student group Men Organized for Rape Education (M.O.R.E.), led a group

of about twenty students around Mudd Field, through Whispers Café and the Mallinckrodt Center and back to the DUC on Tuesday during the annual Walk a Mile in Her Shoes event.

M.O.R.E. sponsored the Walk a Mile in Her Shoes event as a part of Sexual Assault Awareness

Month, in order to provide education about the prevalence of sexual assault on college campuses.

"We really try to focus on assault as an issue to be dealt with as a community," Soller said. "It's something that should be a campus

SEE **SHOES**, PAGE 3



CONTACT BY POST ONE BROOKINGS DRIVE #1039 #330 DANFORTH UNIVERSITY CENTER ST. LOUIS, MO 63130-4899

CONTACT BY EMAIL EDITOR@STUDLIFE.COM NEWS@STUDLIFE.COM CALENDAR@STUDLIFE.COM

CONTACT BY PHONE NEWSROOM 314.935.5995 ADVERTISING 314.935.6713 FAX 314.935.5938



76 / 66

SUNDAY 15

SCATTERED T-STORMS

the**flipside**

EVENT CALENDAR

THURSDAY 12

Third Annual Inland Symposium: CST *Mildred Lane Kemper Art Museum, 5 p.m.* The symposium will examine the Midwest region's contribution to national and global visual arts and culture, and it will be hosted by the Sam Fox School of Design and Visual Arts and the Inland Visual Studies Center at Bradley University in Peoria, Ill. The symposium is free and open to the public, but advance registration is required at samfoxschool@wustl.edu or 314-935-9300.

The Physicists

Brookings Quadrangle, 8 p.m. All Student Theatre will be having its production of "The Physicists" on Brookings Quadrangle at 8 p.m. Tickets are \$5 and will be available at the quad the nights of the performances as well as at the DUC beforehand.

FRIDAY 13

Filmboard and WashU Swing Dance Club: Film, Frogs and Flappers. DUC, Tisch Commons, 7 p.m. There will be a live BelleSwing performance followed by a screening of "The Princess and the Frog." Both events are free, open to the public, and sponsored by Filmboard and WashU Swing Dance Club.

Vault Party

Mildred Lane Kemper Art Museum, 5 p.m. The Kemper Student Council will be presenting an installation of rarely displayed works on paper from the museum's vault. Inspired by the collages of John Stezaker, the evening will also feature the chance for attendees to create their own works of collage art and a special performance by Kid Scientist, including a preview of their upcoming original rock opera, Arboria. Free live music and appetizers will be provided.

SATURDAY 14

Relay For Life 2012

Francis Field, 6 p.m. The 10th year of Relay for Life will occur at Francis Field this Saturday. With over \$2 million already raised, the Relay will celebrate the survivors, remember loved ones lost, and continue to fight back against cancer.

KuumbaTalks

6632 Washington Ave., 8 p.m. Join KuumbaTalks for a night of sharing, learning, listening and exploring. Discover the truths of friends and peers and maybe come to know your truth a little better as well. There will be 5 presenters: Osasuyi Tongo, Ben Kramer, Kathleen Brophy, Isaiah Sommers, and Kyle Huninghake will each be giving a 10-minute presentation.

THURSDAY 12

SUNNY

66 / 51

OUOTE OF THE DAY

"Some parents act like

they have a crystal

ball and know what

we are doing here, but they don't. And I don't

have the courage to

tell them."

- Anonymous

freshman student

POLICE BEAT

April 9

Larceny—At 4:44 p.m., a complainant reported the theft of her bicycle, which had been locked to a lamppost with a combination lock at Bixby Hall. The crime occurred between 8 p.m. and 11:55 p.m. on April 8. The loss is valued at \$100. Disposition: Pending.



STRESS FROM PAGE 1

FRIDAY 13

T-SHOWERS

72/62

Last week, Uncle Joe's peer counseling held Mental Health Awareness Week to bring to light the significance and frequency of psychological troubles affecting college students both at the University and at schools nationwide.

On Monday, the group hosted a PostSecret event in Ursa's Fireside, where many students expressed personal struggles similar to the freshman student's—namely, of incompetence and of loneliness.

"We don't often have real conversations about the struggle that we go through as Wash. U. students and the struggles of being away from home and the struggle of being in a place where you are expected to be or feel like you need to be perfect. I think it is good to start a dialog about how it is ok to second guess yourself and not be 100 percent happy," senior Rachael Holley, president of Uncle Joe's said.

According to the most recent statistics from The American College Health Association 86.1 percent of college students felt overwhelmed by work last year, 81.4 percent felt exhausted—not from physical activity, 30.3 percent felt so depressed it was difficult to function and 6.6 percent seriously considered suicide.

Dr. Tom Brounk, director of Mental Health Services at Student Health Services said that overall, these numbers are actually worse at Washington University, by about 10-15 percent.

"The Wash. U. numbers are generally higher for many of the items. However, I do not think they would be higher compared to other highly selective universities," Brounk said. "The demands expected of students here and at institutions such as ours come with a lot of pressure and stress. If a student's coping resources are not parallel to that increase in demand, that's when you start to see problems."

Last year, SHS saw about 1150 students come through its counseling service, hundreds of them continuing to receive psychiatric attention, Brounk said.

Holley said Uncle Joe's provides another option for students who prefer to talk out their problems with peers more able to empathize with their particular difficulties.

"There are different ways people deal with stress or anxiety in their lives. Some are more prone to crying and some are more prone to keeping it within themselves and some even use humor or a bubbly attitude," she said. "We try to stay on their level and match their behavior to help them feel comfortable expressing themselves however they want to."

SATURDAY 14

78/66

ISOLATED T-STORMS

Holley said that the counseling process can be exceedingly difficult on student counselors as well.

"It can definitely be very hard at times, especially if they are talking about something that you have experienced in your life. It is hard to talk about, and it is stressing to see someone dealing with the same problems that you are dealing with," she said. "When we are training and talking about issues, we make sure to discuss our own emotional reactions. It is important for us to make sure we are healthy because if we are not, we are not going to be very helpful to other people."

Outside of SHS and Uncle Joe's, other students have found themselves helping peers who are experiencing psychological difficulties. Resident Advisor and junior Sneha Thakur said she makes a point to listen to her residents' problems and help however she can.

"I really try to talk to my freshmen and just give them a listening ear and let them vent as much as they want to—and really be a friend for them rather than an adviser," she said. "Sometimes it's hard to have just somebody who will listen who you know has already been through it."

Thakur said that she herself has gone through a lot of tough times as a student and that few are immune to the struggle.

"It is tough but it is tough on every-body," she said.

Women's basketball player and sophomore Lucy Montgomery said that finding a balance between school, sports, friends and sleep is incredibly difficult.

"It is just a vicious cycle. Your body is tired, so you try to push through, but in terms of doing your schoolwork, you are just exhausted," she said. "Even though we are Division III sports, there is still a lot of pressure at Wash. U. just based on our past [success]. Internally I put a lot of pressure on myself to succeed, and when that isn't happening, of course you're going to feel overwhelmed."

Montgomery said she personally deals with stress by taking advantage of days off and finding other ways to have fun.

"I'll just try and find little indulgences here or go and get [frozen yogurt], just something to remind myself not to take things so seriously and that like a 'B' is ok, a day off from basketball is not going to kill you," she said. "Every day you have to try and find something that makes you smile."

this Summer!



- Innovative courses—day and evening
- · Five different sessions to fit your schedule
- · A full range of distribution and pre-med requirements

Explore, enjoy, experience Summer at Washington University!

Registration Opens March 28 Go Online to Browse Today!

314.935.6720 | summerschool.wustl.edu



SECURITY FROM PAGE 1

stealing forks off of plates and general rowdiness. University City City Hall responded to the complaints by proposing a new ordinance which would impose a strict anti-loitering policy. A stricter curfew was also suggested but never voted on.

At around 8:38 p.m. around Skinker Boulevard and Delmar Boulevard, around 300 youth began getting rowdy and shots were fired, but no one was injured.

In a separate incident a little after 11 p.m. on Loop in June.

GREEN CUP FROM PAGE 1

the Green Cup because the meters used during the competition are still in place in all the buildings and dormitories, according to Phil Valko, director of sustainability.

Valko emphasized that the Green Cup is just a part of the continuing efforts to reduce the carbon footprint of the Danforth Campus.

"The Green Cup is focused on educating the student body on energy awareness to the student body," Valko said. "This is only the second year we've done it, and the hope is that we'll be doing it more broadly across campus, creating a culture of energy awareness and each year improving it."

The measurements taken this year were much more precise than last year, Valko said.

He said the next step in reducing the campus' carbon footprint is to seek renewable energy sources. The University recently approved a renewable energy task force, which will be comprised of students, faculty and staff, and will be charged with finding feasible opportunities for renewable energy use.

"If you've got a building with a huge energy footprint, renewable can only provide so much energy," said Valko. "The University still wants energy conservation to be first and foremost, which makes sense." March 31, a 19-year-old and 17-year-old were hospitalized after being shot outside of Church's Chicken.

In addition to added patrols, St. Louis police have brought a truck in which people can be held and processed, allowing police to stay on the Loop instead of having to head back to the police station.

University City also plans to install a \$160,000 camera surveillance system on the Loop in June.

PERCENT REDUCTION			
BUILDING	JAN-FEB	FEB-MAR	JAN-MAR TOTAL
Lien	3%	2%	5%
Gregg	2%	6%	7%
Dardick	11%	-9%	3%
Nemerov	10%	12%	20%
Eliot	34%	58%	72%
Eliot B	-8%	11&	4%
Hurd	15%	14%	27%
Hitzeman	12%	10%	21%
Myers	17%	12%	27%
Dauten	18%	59%	66%
Rutledge	-2%	45%	44%
Shanedling	7%	52%	55%
Lee	2%	-3%	18%
Beaumont	30%	-3%	28%
Liggett	4%	7%	10%
Koenig	6%	0%	5%
Park/Mudd	2%	1%	3%
S40 House	2%	2%	4%
Rubelmann	10%	-5%	6%
Umrath	4%	7%	11%
Shepley	14%	12%	25%
Wheeler	4%	13%	16%
Danforth	1%	20%	21%

US Rep. Russ | SHOES FROM PAGE 1 Carnahan addresses Middle East security issues in DUC

BY HANNAH LUSTMAN

Russ Carnahan, Democratic Congressman for Missouri's third district-which contains Washington University, spoke to students and community members Wednesday night as part of an event organized by Wash. U. Students for Israel. Carnahan, a member of the House Committee on Foreign Affairs, spoke about topics including the Israeli-Palestinian conflict, Iran and turmoil in Syria.

Students filled the Danforth University Center's Tisch Commons to hear Carnahan speak.

After a 20-minute prepared speech, Carnahan fielded questions from audience members.

He discussed the Israeli-Palestinian conflict and the possibility of a two state solution. He said that the peacemaking process will require strong leadership from both parties.

"Basic people-to-people interaction is going to be important in the long term. In the short term I think it's going to take some bold, courageous moves on the part of leaders. We have a historic obligation here to make progress ... in many ways, not making progress is regressing," Carnahan said.

When speaking about Syria, he noted the United States government's concern over the slaughter and human rights violations taking place there.

He later addressed Iran's potential for acquiring nuclear weapons.

"Iran is the most clear and present threat. ... Iran having nuclear weapons would destabilize the entire region of the Middle East," Carnahan said.

Carnahan was elected to Congress in 2004. In addition to serving on the House Committee on Foreign Affairs, he serves on the Committee on Transportation and Infrastructure

issue and should be talked about. Everyone should be aware of its effect on their friends, because everyone on campus knows someone who has been assaulted."

Participants, both men and women, strode across campus sporting women's heels. The event is an effort by M.O.R.E. to make sexual assault awareness an ongoing aspect of the college experience.

"All freshmen do 'The Date,' but that's a very short program," Soller said. "Our feeling is that what would help this campus the most is having continued education and having a continual awareness of sexual assault as a community issue. So we're developing a lot of programs around that. We're trying to get as many people trained and aware and into the mind-set of the active bystander."

M.O.R.E. aims to be a voice for all victims of sexual assault. According to Soller, one in four women is assaulted during her college career. Additionally, one in six men is assaulted. Most of these men, according to Soller, are assaulted before the age of 18, "but a significant percentage are still assaulted in college."

Junior Adam Segal was so enthusiastic about the event that he wore a dress to match his pumps.

"My friends were organizing the event but I wasn't aware that assault was so common," Segal said. "It gets swept under the rug a lot. I think events like this, combined and over time, these events will hopefully get people aware of the issue."

Segal described his choice to wear the dress as embracing the full experience.

"On the surface, it's kind of funny, since it's a guy in a dress. But I guess when I consider it a bit more, there's a more pressing question, and that's why it's funny if a man wears a dress. Why is it strange when men wear heels? Why do we expect women to, if not men?"

The Committee Organized for Rape Education (C.O.R.E.) cosponsored the event with M.O.R.E. Dana Zhao, treasurer for C.O.R.E., expressed optimism about Walk a Mile in Her Shoes and future events facilitated by both groups.

"I would think [our events] have opened up the conversation on sexual assault. We've only had two of our five events this month so it's still pretty early, but we've had a pretty good showing for these two events."



PHOTOS BY JUSTIN ZHENG | STUDENT LIFE

as well as the Committee on Veterans Affairs. His sister, Robin Carnahan, is the Missouri Secretary of State.

Zhao said. "Our campus has a com-

munity that can really do something about sexual assault prevention."

Above: Male protestors don high heels to bring awareness to sexual assault and violence on campus. Below: A variety of undergraduates carry signs in solidarity with the message of Walk a Mile in Her Shoes.



Student Life Staff

Michael Tabb Editor-in-Chief editor@studlife.com

Hannah Lustman Sahil Patel **Davis Sargeant** Managing Editors

Chloe Rosenberg Michelle Merlin Senior News Editors news@studlife.com

Natalie Villalon Senior Forum Editor forum@studlife.com **Kurt Rohrbeck** Senior Sports Editor sports@studlife.com

Alana Hauser Senior Scene Editor scene@studlife.com

Georgie Morvis Senior Cadenza Editor cadenza@studlife.com

Danni Liu **Kastyn Matheny** Senior Photo Editors photo@studlife.com

David Seigle Ethan Rabb Senior Online Editors online@studlife.com

Leah Kucera Art Director cartoonists@studlife.com

Emily Sybrant Design Chief design@studlife.com

John Schmidt Copy Chief copy@studlife.com

Wei-Yin Ko **Becky Prager** News Editors

Matthew Curtis Scott Haber Forum Editors

Alex Leichenger Sports Editor

Kara Gordon Kayla Hollenbaugh **Trevor Leuzinger** Alieza Schvimer Cadenza Editors

Chris Hohl Design Editor

Alana Hauser Jackie Reich **Derek Shyr** Designers

Lauren Cohn **Caro Peguero** Assistant Copy Chiefs

Nora Long Copy Editor

Andrew O'Dell General Manager

Sara Judd Advertising Manager Copyright © 2011 Washington University Student Media, Inc. (WUSMI). Student Life is a financially and editorially independent, student-run newspaper serving the Washington University community. Our newspaper is a publication of WUSMI and does not necessarily represent the views of the Washington University administration.

forum

STAFF EDITORIAL

University should incentivize & publicize sustainibility efforts

f you missed the article in the Record and signs next to bike racks around campus, you probably missed the fact that April is Car-Free Month and that the University is holding its Car-Free Challenge for 11 days of this month (from April 16-27). While the effort may be well-intended, it is difficult to see that these efforts will have a substantive long-term effect on the habits of Wash. U. students and faculty-especially considering that few people even know about it. Without consistent and sustained efforts, the lofty goal of changing the community's attitude toward sustainability will be unattainable.

The Office of Sustainability should publicize its events more to attract more people. The fact that most Car-Free participants must be off-campus residents significantly limits the pool of who can participate in this month's effort. While there are incentives for participants, including prizes for those who do the most to achieve sustainable commutes, the short-lived nature of the challenge will likely engender only brief reflection, rather than sustained change in most people's habits.

Other such initiatives, though theoretically sound in terms of message, are questionably effective. The annual Green Cup, good intentions aside, incentivizes sustainability for a short time, to be followed by a sudden return to typical energy use; while statistics from this year's competition may point to continued green practices, this is likely due to unusually pleasant weather in the month after the Cup. Students are

To the frontier and

beyond

no longer compulsively turning off their lights or holding sleepovers to conserve energy. And while it is difficult to change people's long-term habits, there are certainly ways to do so. Providing semester- and yearlong incentives is one possible approach.

The campus ban on plastic water bottles, for instance, is one example of a long-term initiative that has generally worked-for the simple reason that it depends on policy enforcement rather than student initiative. But even with this policy, there's room for improvement; at WUStock, for example, Gym Class Heroes received bottled water; and instead of drinking the water, they threw the bottles out to the crowd after the performance. Whether bottled water was part of the band's contract, or simply part of "good business," making exceptions to this policy provides yet another example of the problem with many green initiatives on campus: inconsistency.

While there are numerous special events throughout the year to promote students going green, it would be empowering to students and to the campus to move past shortterm, "themed" efforts. Providing sustained incentives and plans for sustainable behavior will not only improve Wash. U.'s image and environmental health but also, ideally, instill students with positive lifelong habits. For now, we should look into having more consistent efforts and rewards to promote students participating in those efforts. Ultimately, we can reach the point of being green for its own sake—which is the whole idea in the first place.

Wash. U. should be more available

BY WILL WILDER

t is common knowledge that kids from disadvantaged high schools are disproportionately represented at elite universities. And while financial restraints are a major reason for this, with all the scholarships available, money is not always the main issue for kids from poor areas applying to elite schools. The problem is that nobody ever gives them any information or help in the process. Schools like Wash. U. do not actively reach out to inform kids in particular zip codes about the opportunities available to them and as a result miss out on a lot of brilliant, talented kids.

Wash. U. has always prided itself on its reputation as a school that encourages diversity-diversity of race, diversity of religion, diversity of sexual orientation and diversity of beliefs. I remember that every campus tour I took, every admissions pamphlet I read and every faculty member I talked to during the admissions process mentioned Wash. U.'s diversity. And once I came to Wash. U., I realized that they were telling the truth—Wash. U. is indeed a pretty diverse place, definitely more so than my high

school was.

However, when I went home for Christmas break, I realized that Wash. U.'s self-proclaimed love for diversity does not necessarily extend to every part of the United States. Over break I talked with a good friend of mine from home who is going through the college admissions process right now. My friend goes to a very low-income public high school in a very rural part of Alabama, my home state. He's valedictorian, captain of the track team and class president of a class where only around one in 10 kids will graduate from a four-year college. Over the summer, he mentioned that he wanted to apply to some selective out-of-state colleges to see if he could get a scholarship.

I told him to give Wash. U. a look, so he mentioned it to his guidance counselor. His guidance counselor had never heard of Wash. U. Neither had his principal. No one in his school system or town could direct him to any scholarships to apply for at Wash. U. Wash. U. was just never presented to him as an option.

My friend wound up getting a full scholarship to a different school and is doing fine, but his story made me

realize something about Wash. U. and the ultra-elite college admissions process as a whole. Even with all of the financial aid and scholarships available today, elite colleges like Wash. U. are simply not presented as an option to high-achieving kids in many low-income high schools. There are definitely exceptions to this rule to be found, but for the most part, the typical Wash. U. student, no matter what his or her ethnic or cultural background, came from a relatively respectable high school.

I am not trying to say that Wash. U. needs to lower tuition or increase scholarship opportunities-plenty of people have said that already. Wash. U. simply needs to be more proactive in promoting itself in places other than prep schools. There are plenty of students in rural or inner city high schools who would be excellent candidates for admission at Wash. U., and Wash. U. offers enough financial aid to make this a possibility. The disconnect is in information—many people just do not realize that elite schools like Wash. U. could be an option for them and do not even apply.

Will Wilder is a freshman in Arts & Sciences. Write to Will Wilder at WILDERWILL@WUSTL.EDU



LEAH KUCERA | STUDENT LIFE



BY ALEX BERNSTEIN

species is poised to take the most important, most momentous step in our history-to move beyond Earth itself-we fear to take the next step. Hiding behind excuses of funding and expense, we remain confined, for the first time in modern history, not by technology but by choice. This December will mark the 40th year since the last human set foot on the moon, 40 years since we have reached the furthest point ever reached by man. In those 40 years, we have gone less than onetenth as far (physically) as we have already traveled. Sure, we have sent unmanned probes, we have observed other star systems and we have seen farther than ever. While this may be fantastic scientifically, it is all for naught unless representatives of our species actually make the journey to such distant, exotic places. There are many reasons—some economic, some scientific, some otherwise-as to why we should keep exploring, keep seeking new heights and journeying to new frontiers. I, however, believe the most powerful to be those buried deep within our own nature, rooted in a desire to intimately understand the universe in which we live on a level far deeper than that of the intellect. That understanding comes from personal experience, from realizing that humans, just like us, have been there and that they continue to push the boundaries of what is possible. The universe is essentially infinite. It is in our nature to keep pushing.

Cameron (yes, the same man who directed "Avatar" and "Titanic") reached the bottom of Challenger Deep, the deepest part of any ocean on Earth. Under almost seven miles of water, his ship, the Deepsea Challenger, had to withstand arguably the most inhospitable conditions on Earth, with pressure equivalent to almost 264 times that on Earth's surface. Cameron is but a single man in a long line of explorers dating to the dawn of humanity. Such desire to seek out the unknown, even in the most hostile environments, and to understand whatever we find is as innately human as breathing. It inspired people to sail oceans, to cross deserts, to climb mountains and to journey to the ends of the map and beyond.

In this day and age, there are no more blank spots on that map. There are very few places on this planet that have not at the very least been observed. Yet our human horizons have not changed. We still find ourselves limited to the Earth, a small "Pale Blue Dot" to quote Carl Sagan. We take baby steps beyond, steps we use only to alter our lives here on Earth. I believe we have lost sight of this primal part of ourselves. Content to be, content to remain, we pay lip service to those great explorers of generations past who risked life and limb to find what lay just beyond the horizon or just over that mountain ridge. As our

Alex Bernstein is a sophomore in Arts & Sciences. Write to Alex Bernstein at A.BERNSTEIN@WUSTL.EDU

OP-ED SUBMISSION Put this in your pipe and smoke it

BY BRIAN VAN PELT

"m a non-traditional student. When I was your age, I drank, partied and screwed my way out of several state universities in the Deep South. It's not that these fine institutions expelled me for deviant behavior, but that drinking, getting stoned and fornicatin' ordinarily precluded me from attending class. If you think that Orgo test is going to be difficult after a 22-hour Adderall bingeyou should try it after shotgunning six-packs through a whiffle ball bat, followed by a couple of hits from a makeshift gravity bong fashioned from a three-foot-tall piggy bank named Iggy (true story). Yeah, things were a little different back then.

First among them was the smoking policy. As you entered or exited any building, hall or dorm—you would pass through a hazy cloud of cigarette smoke looming like the early morning fog that blankets the misty mountains of Appalachia. Inside the foggy vapor was a collection of students and professors hobnobbing and feeding their addictions. In addition to getting cancer and making friends with strangers, we smokers used to be prettier than you. Remember James Dean leaning across the door of his convertible Porsche? How 'bout Audrey Hepburn sucking one down through a fashionable cigarette holder in Breakfast at Tiffany's. No? Never mind. Us smokers have been bastardized in the name of public health-actually we've been adulterated in the name of countenance to increase the aesthetic demeanor of the University's grounds (read image)-but that's neither here nor there. I get it. Times have changed, and I was beginning to get used to it until the other day while traversing the 50 meters between the Psychology building and the public sidewalk on Forsyth.

While sparking up a death stick, I was stopped by the University police. Did I just get pulled over for smoking while strolling? Yup. He ran my driver's license and student ID while initiating a stern expletive-filled lecture on the University's smoking policy, all a mere 20 feet from the safety of the public sidewalk. I complied with significant eye rolling and a respectful discourse on my physical location-"a pole of which I will still not touch the Grinch" away from the safety and liberty of St. Louis County and away from the totalitarian regime of Washington University. In the days that followed, I received a "summons" via

email stating that I was in violation of "rule/ policy/ regulation - 20. Knowingly or recklessly violating a published University policy, rule, or regulation; or participating in conduct which one should reasonably know to be a violation of a published University policy, rule, or regulation" and instructed to appear before the director of judicial programs, Tamera King, J.D. If I were to be found guilty of the "charges," the penalty would include a \$200 fine.

While I still find it difficult to treasure the merit of the University's smoking policy, I am positively aghast at the degree of enforcement. Lighting a cigarette a stone's throw from the designated area is a lot like driving 2 mph over the speed limit. Is it a violation? Yes. But justice transcends the letter of the law. It comprises ethics, moral righteousness and rationality. My whole-hearted belief is that an institution that so unambiguously envelops such values might project them onto those responsible for public safety. Only pure boredom can possibly account for this travesty of law enforcement. Clearly you kids need to raise a little more hell and keep the cops busier.

Brian Van Pelt is a student in University College. Write to Brian Van Pelt at BVANPELT@WUSTL.EDU

OUR VOICE: EDITORIAL BOARD

Staff editorials reflect the consensus of our editorial board. The editorial board operates independently of our newsroom and includes members of the senior staff and forum section editors.

Editor-in-chief: Michael Tabb Managing editors: Hannah Lustman, Sahil

Patel & Davis Sargeant Senior sports editor: Kurt Rohrbeck Senior scene editor: Alana Hauser Senior cadenza editor: Georgie Morvis Senior forum editor: Natalie Villalon Forum editors: Matthew Curtis & Scott Haber

YOUR VOICE: SUBMISSIONS

We welcome letters to the editor and op-ed submissions from our readers. Submissions may be sent to letters@ studlife.com and must include the writer's name, class and phone number for verification.

Letters should be no longer than 350 words in length, and readers may also submit longer op-eds of up to 750 words. We reserve the right to print any submission as a letter or op-ed.

OUR WEB POLICY

Once an article is published on studlife. com, it will remain there permanently. We do not remove articles or authors' names from the site unless an agreement was reached prior to July 1,2005.

cadenza

TV renewals: Will they or won't they? Should they or should they not?

BY ANDIE HUTNER

Network TV schedules usually seem really crowded at the end of the school year, with the full-season shows finishing up their runs while the mid-season replacements struggle to conclude their seasons by the end of May sweeps. As such, it's time for a little clearing of the schedule to get rid of shows that shouldn't exist anymore and make room for next season's biggest hits. Here's my take on 14 shows that premiered in the 2011-2012 season, excluding already-renewed shows like "New Girl," "Smash" and "2 Broke Girls" and already-canceled shows like "Terra Nova."

ALCATRAZ

Fox, Mondays at 9 p.m. CDT (already concluded its run)

In this show's universe, San Francisco prison Alcatraz did not close in 1963 for environmental reasons. Rather, it closed because the prisoners mysteriously disappeared into thin air. Recently, they have started reappearing, unaged and ready to get their revenge.

Will it be renewed?

Probably not. Its ratings got worse as the season went on, and Fox may fill its supernatural-police-show niche with a fifth season of "Fringe," getting that show to the 100 episodes required for syndication.

Should it be?

No. It had too much of a procedural feel for a supposedly supernatural show.



COURTESY OF FOX

ARE YOU THERE, CHELSEA?

NBC, Wednesdays at 7:30 p.m. CDT (already concluded its run) Laura Prepon plays a fictionalized version of comedienne Chelsea Handler in this comedy, in which she works at a sports bar and has relationship woes. It seems like she also has lots of problems.

Will it be renewed?

No. The finale only got around 3 million viewers, even with seemingly compatible show "Whitney" as a lead-in.

Should it be?

No. NBC has beloved but equally ratings-challenged sitcoms to fit onto its schedule instead.

GCB

ABC, Sundays at 9 p.m. CDT

This show stars Leslie Bibb as Amanda Vaughn, a woman who return to the Texas town where she grew up after her husband dies. She gets sucked back into the town politics with the good Christian belles the show is named after.

Will it be renewed?

I believe so. It's only been on for a few weeks, but ABC will be looking for a "Desperate Housewives" once the long-running prime-time soap goes off the air. "GCB" seems to be the best bet.

Should it be?

Just because "Desperate Housewives" is ending doesn't mean we need a similar show, so I vote no.



COURTESY OF THE DAILY NEWS

HART OF DIXIE

CW, Mondays at 9 p.m. CDT

This show stars "The OC" alum Rachel Bilson as Dr. Zoe Hart, a New York heart surgeon who transplants to a small Alabama town after she learns that her biological father left his practice to her. Her big city persona totally sticks out in the heart of the South, but that doesn't stop some cute boys from wanting to date her.

Will it be renewed?

Probably. It only got 1.12 million viewers this past Monday after a long hiatus, but it fits right in with the network brand.

Should it be?

RINGER

CW, Tuesdays at 9 p.m. CDT

In this thriller, Sarah Michelle Gellar stars as Bridget and Siobhan, twin sisters who both have terrible secrets and live double lives. This season, we've dealt with planned murders, actual murders, kidnappings, Ponzi schemes, and drug abuse. And yet, it makes the relationships between characters the most important part of the show.

Will it be renewed?

Doubtful. It does worse in the ratings than "Hart of Dixie," and its focus on crime and deception don't make a ton of sense on the CW.

Should it be?

Probably. I was shocked for about six episodes in a row by last-minute twists, and I think the writers still have a ton more up their sleeves.



ART STREIBER | CW

THE RIVER

ABC, Tuesdays at 8 p.m. CDT

An explorer in the vein of Steve Irwin goes missing in the Amazon. He is thought to be dead when his emergency beacon turns back on, and so his family decides to take a documentary crew to South America to find him. "The River" was designed as an eightepisode miniseries with an option for more seasons.

Will it be renewed?

Probably not. The ratings declined as the show went on, and it was planned to be self-contained anyway.

Should it be?

No, for the reasons above.



COURTESY OF NBC

AWAKE

NBC, Thursdays at 9 p.m. CDT

Detective Michael Britten experiences a car crash in which his son dies but his wife survives. But when he falls asleep, he wakes up in a universe where his wife is dead but his son is alive. It's totally complicated, but really interesting.

Will it be renewed?

Maybe. Definitely not if it was on any other network, but NBC is more forgiving and willing to give 5-million-viewer shows a chance.

Should it be?

Yes, yes, yes, yes, yes! I'm slightly biased, but I personally think this is the best show on TV nowadays. Britten's melding of universes and scenes with his therapists makes for a brilliant show.



COURTESY OF NBC

THE FINDER

Fox, Fridays at 7 p.m. CDT

This show was conceived as a "Bones" spin-off, even though it really has nothing to do with "Bones" other than the fact that the "Bones" cast visited Key West in "The Finder"'s backdoor pilot. It centers around Walter (Geoff Stults), a war vet who can literally find anything. He uses his superpower to solve crimes.

Will it be renewed?

Probably not. It was averaging around 6.5 million viewers in winter, but after a month-long hiatus, it only got 4 million viewers last week.

Should it be?

No. Its essentially psychic detective device is done way better on "Psych."

Yes. It's quirky in that fun way that TV hasn't seen since "Gilmore Girls," and it is perfect for the CW's target demographic.



COURTESY OF AMAZON

ONCE UPON A TIME

ABC, Sundays at 7 p.m. CDT

This show, created by "Lost" writing team Edward Kitsis and Adam Horowitz, takes place in two universes—a fairy-tale land in which the stories aren't quite how Disney represented them and a "real" world of Storybrooke, Maine, that only exists because of an evil queen's curse. Tasked by her biological son Henry (Jared Gilmore) to try to break the queen's curse, newcomer-turned-sheriff Emma (Jennifer Morrison) tries to figure out her connections with the fairy-tale land.

Will it be renewed?

Absolutely. It's the highest-rated new drama this year and a decent hit for ABC.

Should it be?

Yes. The dual universe structure appeals to fans of "Lost," and it's really fun to see how they twist story tales to keep them interesting.



KHAREN HILL | ABC

SCANDAL

ABC, Thursdays at 9 p.m. CDT

Kerry Washington stars as Olivia Pope, the head of a DC crisis management firm. Olivia also had an affair with the president of the United States while she worked for him, so she's apparently a big deal.

Will it be renewed?

It's too early to tell, considering the series only premiered last week. That being said, it comes to us from "Grey's Anatomy" creator Shonda Rhimes, so it has better odds than most.

Should it be?

Again, it's too early, but the premiere was really fun, and it makes sense to air "Scandal" after "Grey's Anatomy."

THE SECRET CIRCLE

CW, Thursdays at 9 p.m. CDT

Teenage witches in the Pacific Northwest form a coven, but their powers grow too strong, and bad things happen like witch hunters coming to get them. The show is based on a book series written by the same woman who wrote "The Vampire Diaries."

Will it be renewed?

Probably. It was the highest-rated show on the network, especially when paired with its vampire-friendly counterpart.

Should it be?

Probably not. While dealing with themes similar to those in "The Vampire Diaries," it just isn't as interesting.



COURTESY OF CW

SEE **RENEWAL**, PAGE 7

sports

Freshman pitcher beats odds to become dominant reliever

BY ALEX LEICHENGER

Despite a small frame and no guarantees of playing college baseball when he enrolled at Washington University, freshman relief pitcher Max Zhang leads the Bears with a miniscule 0.42 earned run average.

Yet saying Zhang came out of nowhere would be a slight to his past achievements on the baseball field.

Before a standout career at Park Tudor High School in Carmel, Ind., where he was a four-year starting pitcher and earned an allstate honorable mention as a senior, Zhang's most important accomplishment was simply returning to baseball.

He nearly died on the diamond in eighth grade.

While batting in a summer tournament, a pitch struck Zhang in the chest, putting him into cardiac arrest. RTV 6, the local Indiana ABC affiliate, reported that Zhang suffered from commotio cordis, a rare condition resulting from a hit to the chest at a specific moment of the heartbeat. Only 10 to 25 percent of people survive commotio cordis.

"Most of what I remember is that it was like the third game. It was pretty hot; I was pretty tired ... when I saw the ball coming, I wasn't really able to react," Zhang said. "I knew it was coming, and I started to swing, but I couldn't really get out of the way. So it just hit me square in the chest, stopped my heart."

Paramedics were quickly called, and luckily for Zhang, a cardiologist and two nurses at the tournament attended to him in the meantime.

Zhang said his parents, especially his mother, were scared about letting him continue to play baseball, but he wanted to take the field again.

but Wash. U. showed little interest in the 5'8", 140pound right-hander.

Zhang tried to get in touch with Bears head coach Steve Duncan, but did not even receive an email response. When he decided to attend Wash. U. over Indiana University and the University of Southern California, Zhang set up a face-to-face meeting with Duncan.

"The funny thing about that is I don't know if he even remembers that meeting," Zhang said.

Duncan said he remembered talking with Zhang but did not expect him to become an important player if he tried out for the team.

Zhang finally earned Duncan's attention in preseason intra-squad scrimmages, and the coach told him that he could play a major role coming out of the bullpen. Zhang has done exactly that, becoming the Bears' go-to reliever, known as the "high-leverage" pitcher in the press box.

He has given up only one earned run in 21.2 innings, putting him on pace to set the Wash. U. single-season ERA record. The current record is 0.73, attained by John Herzing in 1967.

"Being a reliever is a lot different, but I kind of like it because you can go out there and just throw as hard as you can every time," Zhang said. "You don't need to think about what's going to happen two innings from now."

Despite that inning-byinning mindset, Zhang has often been relied on for extended relief appearances. He has pitched 11 innings total in his three wins, including a fiveinning effort March 24 against Wheaton to close

Zhang placed second behind Emory's Connor Dillman in a d3baseball. com poll for best freshman pitcher earlier this month.

psychological standpoint, he's totally unfazed by the situation no matter how much pressure is on him," Duncan said. "He's got Zhang's favorite and best ice in his veins, and he has pitch is a deadly slider, extremely high expectations for himself." Duncan did not know about the near-tragedy involving Zhang until being approached by some players on the team. Now he believes the incident might explain Zhang's extraordinary mental toughness. "I imagine if you go through something like that," Duncan said, "then having the bases loaded with two outs doesn't really bother you too much."





"Talking to the doctors, there was no long-term damage, and they pretty much compared it to being struck by lightning," he said.

Still, Zhang wore a chest protector his freshman year of high school. He put the scary episode behind him to make the all-conference team in his sophomore, junior and senior years,

out a 12-inning victory.

He gave up 11 hits, walked three and struck out nine in those appearances, surrendering no earned runs.

Regardless of whether he pitches flawlessly enough to set the ERA record, Zhang will be a crucial asset for the Bears down the stretch. His 2-1 strikeout-to-walk ratio (16 K, 8 BB) and his .231-opponents-battingaverage are second only to junior Stephen Bonser.

which he has thrown for several years. An improving curveball is another potent breaking ball in his arsenal and should only improve his impressive numbers.

"I think what makes him special is not only the kinds of pitches that he has-he's got a good fastball; he's got a devastating slider as well as a good changeup and curve ball. But in addition to that, and probably more importantly, from a



The Naked And Famous come to the Gargoyle

BY GEORGIE MORVIS

Kiwi sensations The Naked And Famous will be playing tonight in the Gargoyle. They're the most prominent band out of New Zealand since Flight of the Conchords. The Naked And Famous formed in 2008 with original band members Thom Powers (vocals and guitar) and Alisa Xayalith (vocals and keys), along with producer Aaron Short. Later they added drummer Jesse Wood and bassist David Beadle.

RENEWALS FROM PAGE 5

They've since played music festivals like Lollapalooza and the Fuji Rock Festival, and toured the United States, Europe and Japan.

The Naked And Famous have released one studio album, "Passive Me, Aggressive You." The band's sound is most aptly described as sun-soaked, electronic pop punk. If the band had formed before 2008, every episode of "The O.C." would have featured its music. The group is like a more accessible MGMT or Neon Indian—Foster the People, but with substance.

Every song captures the euphoria of summer, especially hit singles

"Young Blood" and "Punching In A Dream." Even the band's most melancholic songs like "No Way" are still catchy.

Public tickets are already sold out, and the tickets given out to students at Edison Theater are all gone too. According to the Gargoyle's Facebook page, 250 more student tickets will be given out at the door with a Wash. U. ID. Doors open at 7:30 p.m., with the show slotted to start at 8 p.m.



SUBURGATORY

ABC, Wednesdays at 7:30 p.m. CDT

A father (Jeremy Sisto) moves his teenage daughter, Tessa (Jane Levy), from New York to an inane suburban town when he finds a condom in her drawer. Tessa acts as the cutest straight man against the silliness of everyone in her new town, Chatswin.

Will it be renewed?

Definitely. It's a smart show that fits right in with ABC's Wednesday-night comedy block, and the ratings are decent, too.

Should it be?

Yes, for the reasons listed above.

Suburgator COURTESY OF ABC

Welcome to the WUSA League

TOUCH

Fox, Thursdays at 8 p.m. CDT

Kiefer Sutherland returns to TV in the role of Martin Bohm, father of Jake, a highly autistic kid who does not speak. Jake, however, sees connections in the world that few others could understand, and this series shows how we are all connected.

Will it be renewed?

No. The show premiered a few weeks ago to just short of 12 million viewers, but last week it got less than 8 million. Losing a third of your audience is not a step onto the path of renewal. Again, "Fringe" might take the network's sci-fi slot.

Should it be?

No. "Touch" is by "Heroes" creator Tim Kring, and "Heroes" was way better. And that says a lot.

WHITNEY

NBC, Wednesdays at 7 p.m. CDT (already finished its run) This "comedy" stars Whitney Cummings as a fictionalized version of herself. It chronicles her troubles in her relationship with her boyfriend Alex and her strange methods of trying to salvage their bond.

Will it be renewed?

Maybe. With an average of just over 4 million viewers, "Whitney" gets decent ratings for NBC, but it has none of the critical love that keeps fan favorites like "Community" going.

Should it be?

No. I've yet to find a single person who finds it funny, and I've really, really tried to.





MORNING BREAT





COURTESY OF NBC



Kenzie Alexander, Madeleine Balchan, Heather Bartels, Ashley Britts, Jeff Brown, Matt Burkhardt, Hannah Chase, David Chiang, Kaavya Cherukuri, Mariah Cushman, Antea DeMarsilis, Becky Daniel, Morgan Dowty Charlie Dorison, Natalie DiProspero, Marie Draper, Patrick Edwards, Tiffany Ewing, Jake Feinerman, Jonathan Finch, Sam Forman, Nate Ferree, Tyler Frank, Brandon Gillman, Sam Glinsmann, Abby Godec, Ali Goodyear, Katie Gould, Jimena Gracia, Tyler Hackmann, Amrita Hari-Raj, Ali Hartman, Carly Hubbard, Cody Justus, Rishub Keelara, Igra Khan, Yuji Kim, Justin Kirtley, Ben Krause, Raja Krishna, Dani Kristal, Michael Land, Dillon Martinez, Brendan McIntyre, Sarah Levenstam, Leslie Liberman, Michael Liu, Andie Lorico, Patrick Mannon, Joshua Marcus-Blank, Ted Lin, Alyssa Mendoza, Grant Nelson, John Nye, Megan Odenthal, Arya Parhar, Payal Parikh, Nilesh Patel, Amanda Phan, Maddie Polk, Divya Rayapati, Sophie Revere, John Rincon, Alicia Salvino, John Schmidt, Tyler Storlie, Camille Scott, Brittany Schwab, Satchel Siegel, Jason Silberman, Olivia Simon, Jake Strang, Damion Talcott, Prachi Thapar, Emma Tyler, Lane Wenner, Keaton Wetzel, Chelsea Whitaker, Will Wilder, Bruce Wittmann, and Keith Wood.

Congratulations on becoming a Washington University Student Associate for the 2012-2013 academic year!

scene

New Armour Magazine highlights students' sartorial expression



COURTESY OF CHANTAL STRASBURGER

Sophomore Imani McKenzie models for the Spring 2012 issue of Washington University's newest publication, Armour Magazine. Armour hopes to document individuality on the University's campus.

BY DANIELLE WU

armour. make a statement. This is the first thing you will see upon visiting the blog of the newest publication to hit campus, Armour Magazine. Headed by rising seniors Jacob Lenard, Felicia Podberesky and Chantal Strasburger, what started as an online blog has already attracted an impressive number of fans and followers. It all began when the collaborative team of three noticed a lack of appreciation for fashion and sartorial expression on campus.

The project's title was inspired by the idea that clothing, like armor, can give someone confidence and strength in the face of life's daily struggles. The group's concept alludes to a quote by renowned New York fashion photographer Bill Cunningham: "Fashion is the armor to survive everyday life." When asked about the significance of the unique spelling of Armour, Strasburger laughed. "I always thought it was spelled like that because my mother is British, but we like [the spelling]; it gives it something extra."

The basic purpose of the magazine is to inspire others by documenting the street style of everyday students and faculty on campus. The format will specifically appeal to those familiar with blogs such as lookbook.nu and streetpeeper.com, which are dedicated to displaying impromptu fashion photography.

Since Armour is still in its early stages, Lenard is currently the only official photographer, and his selection of fashion subjects is often isolated to the campus community.

"If I see someone across the quad with a distinct style, or coming out of Olin Library, I ask them if they mind that I take a picture of them," he said. "The selection process is not meant to put anyone down, only highlight individuality."

The team seeks to convince others to put in that extra effort, even if it's only adding 10 more minutes to his or her morning routine, in order to look and feel good.

"We're not saying, 'dress like this,'" Podberesky emphasized. "We're saying 'portray and own your style, whatever it is.""

The creators even hesitate to use the word "fashion" to describe their magazine due to its negative connotations. They feel describing someone as "fashionable" implies that one way of dressing is accepted over another. What sets Armour apart from other popular fashion advice blogs and magazines is this down-to-earth and accepting attitude of its founders.

As current undergraduate students themselves, the Armour team recognizes what is feasible in terms of cost, understanding that not everyone can afford to buy brand names, and writes with real student budgets and interests in mind. It is not a magazine preaching haute couture on the fashion runways, or educating the student body on unrelatable DIY projects. Rather, Armour seeks to celebrate the existing style and creativity at Wash. U.

Expect to see your coworkers, fellow classmates, and close

SEE **ARMOUR**, PAGE 10



Art + Science + Chees





CHEESE-OLOGY® Macaroni & Cheese 6602 Delmar In The Loop in Clayton and University City Hours: Tues-Thurs (11-9) Fri-Sat (11-10) Sun (12-9) 314-863-6365 www.cheese-ology.com THE GRAMUPHUNE **Eclectic Live Music Venue and Bar** Hawthorne Headhunters w/ J-Live, Fresh Daily, Knxledge, 4/13 & Teresa Jenee...@ 9pm London Calling @ 10:30pm 4/14 4/15 KDHX 88.1 Welcomes: The Diplomats of Solid Sound w/ T-Bird & The Breaks @ 9pm Do314.com Presents: The Shed Open Mic and Music 4/16 Workshop @ 8pm 4243 MANCHESTER IN THE GROVE FACEBOOK.COM/THEGRAMOPHONE All Events 18+ *2 for 1 entry w/ WU ID chinese express OFFERING 5 BUCK BIG BOWL SUNDAYS! chicken fried rice • teriyaki chicken orange chicken • kung pao chicken • mongolian beef yellow curry chicken • sesame chicken

ANY BIG BOWL IS ONLY \$5.00 ALL DAY SUNDAY

Inside of Dierbergs Brentwood Pt. Eager and S. Hanley Rds. 314-919-0692 bigbowlchineseexpress.com





SwedLife brings swagger and street culture to the Loop

BY ROBYN HUSA

THE LOOP SCENE

where 6378 Delmar Blvd blog Swedlife.com twitter @SwedLifeSeth, @SwedlifeLucas, @SwedLifeYouk

On any given day, a mix of neighborhood skaters, underground hip-hop artists, college students and DJs might be found gathered inside SwedLife, St. Louis' very own street apparel store. Owners Seth Feldman and Lucas Olivieri wouldn't have it any other way, thriving from the constant attention their store attracts.

The two Washington University graduates officially opened SwedLife almost a year ago on July 15, the birthday of the store's mascot: Feldman's dog, Touk. Since its opening, Feldman and Olivieri have been working to share their interests in the fashion side of the hip-hop and street culture with the St. Louis community. Their store not only sells mainstream brands and the original SwedLife brand of street wear and skateboards, but it also serves as a meeting place for those enthusiastic about the specific culture it imbibes.

"We really try to serve as a cultural center for people who are similar to us in that we definitely represent the whole hip-hop mentality: togetherness, creativity, uniqueness. At the same time, we [have] got the fashion side of it to represent as well," Olivieri said. "So many people have met each other here and have made a connection here. People come back just for that interaction."

The idea for the store originated from a hip-hop blog that Feldman casually created on Christmas day several years ago. The title, Feldman wished would encompass the slogan "Swagger Every Day." Once Olivieri began writing for the blog after a short time, it expanded beyond notifications of new hip-hop artists and concerts to coverage of street art and street fashion as well.

SwedLife, stood for a lifestyle that

"Through junior year [at the University], the blog became more fashion based, and we decided that was the part of the umbrella we wanted to be most involved with," Feldman said.

Feldman and Olivieri developed their business idea at the start of their senior year in the Hatchery, an undergraduate course offered through the Skandalaris Center for Entrepreneurial Studies that helps students create a professional-quality plan for business ventures.

"Having the class forced us to put a lot of things on paper that ended up being really useful, because as we actually made the business happen, we had a 50-page business plan that we wrote that showed that we understand both business and fashion facets of it," Feldman said.

Taking part in the Hatchery allowed Feldman and Olivieri what they consider to be a smooth transition from the University to the St. Louis community. Through managing their store, they have befriended a variety of people from other schools and the area, even high profile individuals such as players on the Rams. But what seems to excite the pair the most is simply meeting people who share common interests in hip-hop and street-wear culture.

"People are definitely very excited to meet other people that geek out the same way that they geek out for the same things that they geek out on. There's definitely that strong national culture, and it's cool to keep working to plug St. Louis into that bigger national, international street-wear picture," Feldman said. In conjunction with its cultural

puzzle



KIVANC DUNDAR | STUDENT LIFE

Owners Seth Feldman and Lucas Olivieri of SwedLife, a street apparel and skate shop on The Loop, pose in the lobby of their store. The pair graduated from Washington University in 2011.

connections, SwedLife focuses on the promotion of local concerts and artists. Often, Feldman and Olivieri are able to host in-house events that bring the artists to the store to talk with fans and customers. For those who cannot make it to the store, information about events that SwedLife has sponsored, attended or simply wants to endorse is posted to their blog.

"We always wanted to share our culture with other people, and that's why we had the blog from the get-go. So, the store's really given us the ability to spread the culture and person-to-person genuine interaction," Feldman said.

"There is a lot of openness to people who are down with the lifestyle," Olivieri adds. "We want to be welcoming. A big part of swagging is having other people that can represent that lifestyle, too."



KIVANC DUNDAR | STUDENT LIFE

Apparel and skate gear sit on display at SwedLife. The store specializes in street apparel and skate equipment.



SPONSORED BY:









Pictured above is a kosher-for-Passover matzo toffee made with only three ingredients: matzo, toffee, and chocolate. The Student Life staff found this recipe irresistible.

DANNI LIU | STUDENT LIFE

BY LAUREN COHN & CARO PEGUERO

That dietary restrictive time of year is upon us again. No, not swimsuit season ... Passover! We know that this week can get monotonous if you're not creative, and while neither of us is keeping Passover, we thought we would do a special article to help mix up the usual offerings. By this late in the holiday week we know your go-to dishes might be getting a little boring, so, with the help of Johanna, our only roommate keeping Passover, we decided on two Passover-friendly dishes we'd eat any time of year.

The first thing we tried this week in the Copy Kitchen was a matzo apple crisp. Caro made this with Johanna two years ago, and it was a rousing success, eliciting "OMG"s and "yum"s from everyone who tried it. Its filling resembles your average apple crisp, made with the standard though delicious combination of apples, sugar and cinnamon. (And we're not kidding when we say delicious. We were eating the uncooked sugar-and-cinnamoncovered apples out of the bowl before we realized that if we kept it up, there would be nothing left to cook.) The topping of the crisp, however, trades the traditional flour/oats combo for matzo meal. In more specific terms, the recipe, which was sort of made up by Caro and Johanna in their desperate search for a kosher dessert during Passover 2010, calls for six apples (preferably a mix of a couple of types of baking apples) to be peeled, cored and cut into about eight wedges each. Move the apple wedges to a large bowl, where you will toss them with a quarter cup of white sugar and a teaspoon of cinnamon. Transfer the cinnamon-sugarcoated apples to a pan, assuming you can abstain from eating them all, and proceed to make the final component: the topping. Use

your fingers to blend together one and a half cups of crushed matzo, one stick of butter, two teaspoons of cinnamon and a rounded quarter cup of sugar until the mixture resembles coarse meal in texture. Take all of the topping and press it over and into the apples in the pan. Bake the crisp at 400 degrees for 40 minutes and revel in apple cinnamon glory.

While we had high hopes for the recipe based on Caro and Johanna's prior triumph, this particular crisp fell flat for us. Our first mistake was thinking that we knew our oven. Usually it heats at a lower temperature than it says on its display, which results in us cooking food for longer than recipes specify. Naturally we assumed that cooking this baby according to the recipe would, if anything, leave it undercooked. So, the plan

as possible. Next, we used only Granny Smith apples. Lastly, we cut down on the amount of butter in the recipe and added a dash (or one dash too many, but we'll talk about that later) of salt. We're not sure if it was the overly cracker-like flavor of the topping, the super-tartness of the apples, some unidentifiable effect of the reduced amount of butter, or the salt, but something was way off. We both agreed that we were disappointed by the baby-foodlike texture of the apples, that the flavor resembled that of crackers too closely, that we wished the crisp was sweeter, and, unfortunately, that we would definitely not make or eat this crisp again by choice without some modifications. (Perhaps a return to the original recipe ... who would have



DANNI LIU | STUDENT LIFE

Above is a matzo apple crisp that when cooked incorrectly resembles slightly burnt applesauce. We experienced this problem ourselves.

happened to be Lauren's personal favorite. This matzo toffee, made up of three layers—matzo, actual toffee, and chocolate—leaves little

First, line a large flat pan with

tin foil and lay down a single

to dislike.

should be extremely bubbly, so do not be alarmed if you peek into the oven and fear that it is about to bubble over the pan. After the 15 minutes, remove the pan from the oven. Almost immediately (Don't burn yourself!) sprinkle on a cup of semisweet chocolate chips, allow them to melt, and use a spatula to smooth them into the perfect third layer of your candy. As it sets, the toffee seeps through the holes in the matzo, making it even more delicious. The result is a large, flat slab of crunchy chocolate-covered toffee that, once cooled, can be broken up into bite-sized pieces. According to Lauren, a fan of butter and toffee alike, this is the best thing ever, but Caro-who loves butter above many, many things-was shocked to find the butteriness of this candy to be just too much for her to handle. When we took it into the office to be photographed, though, it was hard to keep greedy hands off, which should speak for its appeal and deliciousness in the opinions of most people. So there you have it: a couple of options for diversifying your menu over the remaining days of kosher eating. These options are wonderful eaten alone or taken to a seder to share with others. Enjoy and have a happy Passover!

was to take it out after cooking for the stated 40 minutes and then most likely put it right back



We were eating the uncooked sugarand-cinnamon-covered apples out of the bowl before we realized that if we kept it up, there would be nothing left to cook.

A note: Making this crisp

brought us to a heated altercation

over the issue of salt. Half of the

thought?)

into the oven to keep going. No such luck. Despite following the instructions to cook for 40 minutes at 400 degrees, when we removed our delightfully fragrant crisp from the oven, the apples had lost all structural integrity. Sadly, what we removed from the oven could be best described as slightly burnt applesauce.

Our other mistake was our decision to make some alterations to the original recipe's ingredients. For one, due to the unavailability of matzo meal at Millbrook Market, we settled for the Manischewitz Passover Matzo Crackers in stock and crushed them as finely Copy Kitchen believes that salt brings out the flavors of the topping on an otherwise bland crisp, but the other half is a stickler for directions and, since salt wasn't listed as an ingredient, wouldn't put it in. Either way, we're united on the fact that half a teaspoon should never be added. Less is more.

Thankfully, when we were just about to call it a discouraging day following our apple crisp disappointment, we were lured back to the kitchen by one of our favorite smells: caramelizing sugar. Johanna was creating another one of her inventive kosher-for-Passover treats, and this one

layer of matzo to cover the entire pan. Then, melt two sticks of butter and one cup of packed dark brown sugar in a saucepan. Clearly, this is leading to great things. The key is to continue moving the mixture around as it caramelizes so that you don't end up with burnt sugar, which is not delicious to smell or to taste; or to chip off of your cooking vessel, for that matter. Next, pour this delicious melted, buttery toffee concoction atop the matzo and spread it evenly. Then put the whole thing in the oven at 350 degrees for 15 minutes and watch to make sure it doesn't burn. By the time it is ready, the toffee

ARMOUR FROM PAGE 8



COURTESY OF CHANTAL STRASBURGER

From left to right: Jacob Lenard, Chantal Strasburger and Felicia Podberesky created Armour magazine to exhibit campus fashion.

friends at Wash. U. featured in the magazine and online. As of Wednesday, over 60 people had been photographed for the blog alone.

"It's great to meet new people [when photographing them] and connecting with them on a personal level," Lenard explained. "I still wave to people I've photographed."

This blog-turned-magazine is gaining popularity as it continues to feature familiar faces on campus in a positive light. According to the creators, to feel "armoured" has already become a term to describe feeling confident in one's

appearance.

Also featured in Armour is a section dedicated to interior design, recognizing compellingly styled student living. The group continues to develop new ideas for its magazine, hoping to expand to topics such as makeup, men's clothing and vintage apparel.

Although the Armour team currently consists of design majors, the members welcome students from all backgrounds and encourage those outside of the Sam Fox School to become involved in the magazine. They have high ambitions for the coming school year, including assembling a larger team and acquiring additional funding in order to distribute more hard copies of the glossy full-color magazine, which will be published twice a semester. The first issue, featuring sophomore Imani McKenzie on the front cover, will be distributed at Armour's official launch party Thursday, April 12 in The Gargoyle from 5:00 p.m. to 6:30 p.m. There are only 100 limited-edition copies; but a digital version will also be available online at http://armourmag. blogspot.com. For more information on Armour magazine, email armourmag@gmail.com.

