



STUDENT LIFE

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Jeff Smith resigns and pleads guilty to federal charges



MATT MITGANG | STUDENT LIFE

Former state Sen. Jeff Smith (center), D-St. Louis, exits the Thomas Eagleton Federal Courthouse on Tuesday after pleading guilty to two counts of conspiracy to obstruct justice. Smith faces up to 20 years in prison and/or a \$250,000 fine for each count.

Puneet Kollipara and Sam Guzik
Student Life Editors

Jeff Smith, a Missouri state senator who frequently taught at Washington University, resigned his Senate seat and pled guilty in federal court on Tuesday to two counts of conspiracy to obstruct justice, after weeks of speculation about a federal investigation into Smith and others who worked on his 2004 congressional campaign.

The first count is for conspiring to obstruct a Federal Election Commission investigation into the St. Louis Democrat's 2004 congressional run. The other count is for conspir-

ing to obstruct a federal grand jury investigation this year that revisited the 2004 inquiry.

Nicholas Adams, the campaign treasurer from 2004, also pled guilty to two counts of conspiracy to obstruct justice. Another legislator connected to Smith's case, state Rep. Steve Brown, D-Clayton, also appeared in court today and pled guilty to one count of conspiracy to obstruct justice. Brown also announced his resignation today.

Each count carries a maximum penalty of 20 years in prison and/or fines of up to \$250,000. Officials said Brown and Adams may receive lighter sentences, however, because they provided assistance to investigators.

Sentencing in all of the cases has been set for Nov. 10.

The FBI this past summer was revisiting the 2004 FEC investigation, which centered on anonymous literature allegedly distributed illegally by Smith's campaign. The literature, in the form of postcards, attacked Smith's main opponent in 2004, now-U.S. Rep. Russ Carnahan, D-St. Louis.

The charges concern how Smith, Brown and Adams tried to "corruptly attempt to obstruct, influence, and impede" the investigations. All three men acknowledged to Judge Carol Jackson they had misled investigators.

Gov. Jay Nixon announced

See SMITH, page 12

Council passes smoking ban bill endorsed by WU for Nov. ballot

County executive's signature, court order still needed

Puneet Kollipara
Copy Chief

The St. Louis County Council voted 4-3 Tuesday evening to approve a bill that would put a smoking ban on the November ballot, three weeks after Washington University endorsed the bill.

The bill sponsor, Councilwoman Barbara Fraser, D-University, praised the council's vote. The bill's passage "means

the same thing [to students] as it means to citizens of the entire county, that we'll have cleaner air," Fraser said after the meeting. "They can go to restaurants and go to places where there will be clean air."

County Executive Charles Dooley said he will decide in the coming days whether he'll sign the bill. If he signs it, the county must get a court order to put the measure on the ballot. The measure would ban smoking in all indoor public places except bars—places where alcohol makes up 75 percent of sales—casinos and certain spaces at Lambert-St. Louis International Airport.

At the Aug. 4 council meeting, Blaine gave the University statement endorsing the bill. Blaine said the University wants

to protect workers and customers from the ill health effects of secondhand smoke with the strictest ban possible.

"We recognize the dangers posed by secondhand smoke, and as an employer, the University has taken its own steps to protect our workers and eliminate smoking on our campuses," Blaine told the council, mentioning the school's recently announced tobacco ban for all five campuses.

Students living on campus or in St. Louis County and registered to vote in Missouri would be able to vote on the ban. Most of the Danforth Campus lies in St. Louis County, as do many popular social spots for students, including most of the Delmar

See BAN, page 9

Search for person to fill WU sexual assault post going forward, admins say

Eliza Adelson
News Editor

One in four college women are survivors of rape or attempted rape. Once much debated but now widely accepted as accurate, the statistic exposes the prevalence of sexual assault on college campuses. That the statistic comes as a surprise to most college students exposes just how underreported sexual assault is.

This lack of understanding, however, is something the Washington University administration and students are work-

ing together to change.

Members of the Advisory Committee on Sexual Violence and Prevention (ACSVP) are moving forward with plans to hire an assistant director of sexual assault prevention and education.

Over the summer, the committee chose three preliminary candidates to interview for the position. The three candidates, whose names cannot be released publicly due to a human resources policy for new hires, will be visiting campus on separate days beginning next week.

Each candidate will be

interviewed in a daylong process by the steering committee within the ACSVP as well as its advisory committee, which is chaired by Assistant Professor of Education Mary Ann Dzuback and includes several University faculty members and undergraduate and graduate students.

A separate interview with University student leaders will also take place, involving members of Men Organized for Rape Education, Committee Organized for Rape Education, Sexual Assault and Rape

See SEARCH, page 9

WU, Omega Institute on the verge of architectural history

Josh Goldman
Managing Editor

While the Living Building Challenge, introduced by the Cascadia Region Green Building Council (CRGBC), has been in place since November 2006, two buildings are finally bringing the challenge to the forefront as they begin the auditing process necessary to obtain living building certification.

The Living Learning Center, the newest facility at the Tyson Research Center of Washington University, and the Center for Sustainable Living at the Omega Institute need only to prove that they have operated without consuming any net water or energy for one year in order to earn what has become the highest distinction in sustainable building.

Reason for construction

While both the Tyson Research Center and the Omega institute specialize in environmental education, the respective decisions to take on the Living Building Challenge arose for completely different reasons.

At Tyson, more than 100 professors, graduate and undergraduate students conduct research in some area of environmental biology or ecology on the 2,000-acre property in Eureka, Mo. While Tyson has always focused on environmental sustainability, the pursuit of living building certification

came about almost by accident.

According to Kevin Smith, the associate director of the Tyson Research Center, a growing undergraduate program necessitated the construction of an additional building, but the decision to make it a living building did not even originate with the University.

"The way that John [Chase, Director of Tyson], looked at it is that a green and sustainable building fits in with our mission so much since we do so much work with ecology and environmental sustainability," Smith said. "It is a matter of putting our money where our mouth is. It's only been a year since we decided we needed this building, and here it is already."

The 2,900-square foot, \$1.5 million building opened May 29 and features a large classroom, computer lab, a few offices and a large outdoor patio that will be double as a second classroom. Construction continued through the morning of the 29th, as the building had to be fully functional for a high school program that began on June 1.

While Smith called the quick turnaround time "a huge headache," he thinks it actually benefitted in the building's completion.

"If you were given unlimited amount of time to work on this building, you would have taken an unlimited amount of time because there were so many things to work out. If everything goes well, we can

be the first building certified... We came around late but sort of leapfrogged over everyone else," Smith said.

In contrast, the Center for Sustainable Living in Rhinebeck, N.Y., was the product of five years of planning centered around eliminating waste water on the Omega Institute's Rhinebeck campus.

"We originally about five years ago realized that we were going to have a problem with our waste water, so we decided that we were going to build an Eco Machine to purify our water with no chemicals," said Skip Backus, chief executive officer of Omega. "We're first and foremost a non-profit educational center, and our entire campus is developed around sustainability. So for us to be able to take the idea of waste water and convert it using zero energy and zero chemicals to clean water and use that as educating moment to bring people closer to understanding natural process and how people can actually live in a more sustainable way with nature."

The institute's 6,200-square foot, \$3.7 million building opened on May 12, and like the Living Learning Center, it features a large classroom and even a laboratory.

Both buildings rely on photovoltaic cells to generate electricity and do not consume any electricity from the grid. Each structure was also built without any materials that generate pollution or require too much

energy to create. Thus, any materials containing lead or materials that release dioxins such as PVC were not allowed in the building. Furthermore, all dense materials had to come from local suppliers to reduce the carbon footprint involved with transportation of these materials.

The race

Omega's building opened first and should therefore finish its one-year audit period before Tyson if the May 12 date is accepted by the CRGBC. While Backus downplayed the race to become the first certified living building, Smith thinks that the winner will receive added benefit even if both buildings

See TYSON, page 10

	Tyson	Omega
Location:	Eureka, Mo.	Rhinebeck, N.Y.
Date Opened:	May 29, 2009	May 12, 2009
Size:	2,900 sq. feet	6,200 sq. feet
Cost:	\$1.5 million	\$3.7 million
Power source:	photovoltaic cells	photovoltaic cells
Building highlights:	classroom, computer room, recycled potable water solely collected by rain, much of the wood is from on site	4,500-sq.-foot greenhouse with an Eco Machine to filter waste water, classroom laboratory



MATT MITGANG | STUDENT LIFE

The new Living Learning Center, located about 20 miles from campus at the Tyson Research Center, is racing against New York's Omega Center to become North America's greenest building. The building hopes to meet Living Building Challenge's standards for a self-sustainable building.

THE FLIPSIDE

weather forecast

Tuesday 26

Partly Cloudy
High 86
Low 65



Wednesday 27

Showers
High 85
Low 65



eventcalendar

WEDNESDAY 26

Dress for Success Fashion Show
DUC Commons, 7-8:30 p.m.
The Female Association for Business (FAB), Macy's, DSP and the Weston Career Center sponsor a fashion show at no cost to students. The show will provide attendees with tips about what to wear for job interviews, career fairs and in the business world.

THURSDAY 27

Performing Arts Department Auditions
Mallinckrodt Center, Room 312
Auditions for the entire 2009-10 performance season.

Senior Night Out
Morgan Street Brewery, 10:30 pm
The Class of 2010 sponsors a celebration for the start of their final year.

newsbriefs

National

Obama to keep Bernanke for second term

President Obama announced that he would appoint Ben Bernanke to a second term as Chairman of the Federal Reserve. Obama also called for more financial reform and changes to healthcare as he made the announcement. Economists said that Bernanke's decision to assist the credit market allowed the country to avoid an even worse economic crisis. Former President Bush appointed Bernanke to his first four-year term, which expires at the end of January. Although the credit market is functioning better than during the beginning of the crisis, analysts said that installing new leadership would have added uncertainty to the economy. Obama cited Bernanke's academic career as a professor of economics as preparing him to handle the current economic situation. The announcement also came as the estimate for the 10-year federal deficit was raised to \$9 billion.

Stanley Kaplan dies at 90

Stanley Kaplan, famous for his company built on preparing students for standardized tests, died Sunday in Manhattan. Kaplan started his company in his basement in the 1930s. He capitalized on the growth in standardized testing, growing his business until 1984, when it was sold to the Washington Post Company for \$45 million. Last year, the company reported \$2.3 billion in revenue. Kaplan challenged the College Board's assertions that students could not be coached to perform better on exams such as the SAT. In 1979, the Federal Trade Commission confirmed that Kaplan's claims of improving scores were valid. Kaplan met resistance when advertising his program and reserving rooms for classes. Despite opposition, students flocked to the company's courses as standardized testing became widely used by admissions offices.

International

South Korean satellite fails to reach orbit

South Korea carried out its first satellite launch on Tuesday, but the satellite did not reach its intended orbit after it separated from its rocket too far from the ground. The launch had been postponed several times due to technical problems. All previous South Korean satellites were launched from foreign sites. The rocket for this launch, Naro-1, was built with Russian aid. The United States did not help with the program, citing the possibility of a regional arms race. North Korea did not immediately respond to the launch as of Tuesday but had stated it would "closely watch" the international response. South Korea maintains that it developed its program transparently and in line with international agreements, separating it from the North's satellite program, which was suspected to be a cover for testing rockets for a military program. The South Korean satellite was intended to monitor the atmosphere and oceans.

policebeat

LARCENY Aug. 21, 3 p.m.
Location: Anheuser Busch Hall of Law
Summary: Complainant reported leaving a wallet in the Law School cafeteria; it was later returned to her with cash missing. Time of Occurrence: 11 a.m.-11:45 a.m. on 8/21. Value: \$100. Disposition: Pending.

AUTO ACCIDENT Aug. 22, 5:02 p.m.
Location: Snow Way at Throop
Summary: Vehicle struck by another vehicle backing up. No injuries. Disposition: Cleared.

AUTO ACCIDENT Aug. 22, 6:43 p.m.
Location: Parking Lot #53

Summary: Truck backing out of Hitzeman dock struck the parking lot fence/gate. No injuries. Damage to gate: \$1500. Disposition: Cleared.

INVESTIGATION Aug. 23, 8:36 a.m.
Location: Brown Hall
Summary: Investigation of possible theft from vending machine. Time of occurrence: 6/1/09 to 8/10/09. Disposition: Pending.

LARCENY Aug. 23, 10:02 p.m.
Location: Mudd Dorm
Summary: Complainant reports his locked bike stolen from the racks in front of Mudd. Time of occurrence: 2:00 p.m. on 8/22 to 9:45 p.m. on 8/23. Value: \$200. Disposition: Pending.

quoteoftheday

"At the end of the day, for those of you in the courtroom, this is pure stupidity. You've got a Ph.D., a J.D. from Washington University, another guy with a master's, and all of this for what at the end of the day? Just so they could get a little more power and feel a little bit better about themselves that they're big shots of the town. We will not tolerate this kind of corruption."

St. Louis FBI special agent John Gillies on Jeff Smith and others who pled guilty

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ThurtenE Honorary delivers aid to questioned charity

Perry Stein
Editor in Chief

Just days before ThurtenE Honorary's annual carnival last spring, the group found itself in a sticky situation when media outlets reported that the Better Business Bureau questioned the fiscal performance for the Foundation for Children with Cancer—the St. Louis-based charity to which the honorary planned to donate carnival and fundraising proceeds.

Despite the charity's controversial financial standings, the honorary stood behind the Foundation for Children with Cancer (FCC), and the charity now has an opportunity to reshape its reputation.

Henry Biggs, associate dean in the College of Arts & Science and faculty adviser to the honorary, found a lawyer for the FCC this summer through Washington University's Justice Center. Dennis Kennedy, a lawyer for MasterCard who worked this case pro bono, helped the charity terminate a contract with the telemarketing company Charitable Resource Foundation.

FCC President Renee Verhoff claims this contract is the reason for the charity's financial woes and unsatisfactory evaluations.

The FCC's mission is to financially assist the families of children with cancer.

"By providing tangible and direct financial support, such as mortgage payments, insurance premiums and utility bills, families are given a greater opportunity to focus on their children's treatment and recovery," the mission statement on the organization's Web site reads.

According to the Better Business Bureau (BBB), a leading organization that reviews and accredits businesses that meet certain standards of ethics, the FCC raises millions of dollars every year, but only 10 percent of this money goes to the charity's intended beneficiaries.

This claim was further supported by the FCC's 2007 tax form 990, which showed that the charity's total revenue that year was \$3.06 million, while their fundraising expenses were \$2.46 million and direct expenses other than fundraising totaled \$77,241.

Charity Navigator, the nation's largest charity evaluator and an online guide assessing the efficiency and capacity of charitable organizations, gave the FCC a rating of zero stars for its efficiency and zero stars overall.

According to Verhoff, however, these figures and evaluations were not an apt representation of the charity itself and its mission, but rather of the charity's contract with the Charitable Resource Foundation, which the FCC hired for fundraising purposes.

The BBB claims that nearly 90 percent of the charity organization's revenue is swallowed into the contract.

Although the contract was not set to expire until 2012, Kennedy, according to Biggs, discovered that an addendum to

the contract—which stated when the contract was set to expire—held no legal merit since the involved parties did not sign it.

The FCC submitted its intent on May 29 to terminate its contract with the Charitable Resource Foundation. On July 15, the Charitable Resource Foundation accepted the termination proposal and, as a result, the incident did not go to court.

The FCC will be completely free from the reigns of the contract by early 2010.

"Since we will not be using telemarketing anymore, this will drastically change our percentages," Verhoff said. "They should start to flip so that the amount of money going toward programming costs will change to a higher percentage and the money going to administrative costs will go to a lower percentage, which is what the Better Business Bureau would like to see and is what we would like to see as well."

Both Verhoff and Biggs said it would take a few years for the FCC to post the kind of financial numbers that meet the BBB's standards, but were confident it would eventually happen.

Verhoff said she anticipates the FCC's expenses to be split, with 50 percent of the money raised going to programming costs and 50 percent going to administrative costs.

The BBB, she said, typically looks for about 65 percent of the money that charities raise to go to programming.

Biggs calls the FCC a "truly wonderful organization," but because of its past entanglements with the telemarketing company, it is "having difficulty connecting with folks" to raise money.

The FCC, however, hopes to receive some grants this year it was previously unable to get due to its poor standings.

Helping the charity out of the contract has been a rewarding experience, members of the Honorary said.

"It's really a huge thing, and we've helped them in a way that we've never helped a charity before," said senior Katy Orobello, the charity and alumni coordinator. "They were really in a debacle that was not malicious."

Orobello said the honorary still has not decided where it will donate last year's carnival's proceeds, though they are working with the FCC to seek other alternatives.

"Right now we are trying to stick to FCC's mission, because that is the mission we committed ourselves to, and we are looking into alternatives," she said.

The 13 members of the honorary will meet in the next few weeks to collectively decide what to do with the money.

For now, the FCC is working to move forward and effectively serve the community.

"It could have turned out in a different direction, but it has turned out very positive," Verhoff said. "We met some incredible young adults through this experience, and we really hope to continue this relationship."

STUDENT LIFE

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Recruiting for: Software Engineer Intern
Majors: Computer Science & Engineering
Apply end: 9/29

Target Corporation, Minneapolis, MN
Recruiting for: Business Analyst Intern
Majors: Arts & Sciences, Business
Apply end: 10/14

INFO SESSIONS

Peace Corps: 9/3, 5:30 PM-8:30 PM, Danforth University Center, Room 234

Teach For America: 9/9, 5 PM-9 PM, Simon Hall, Room 104

EVENTS & WORKSHOPS

DUC in DUC out - Get Your Ducks in a Row!: 9/8, 11 AM-2 PM, Danforth University Center, Room 110. DUC into the Career Center and play the Duck Pond for a chance to win a cool prize. While you're here, check out our office to learn more about the services and resources available.

Olin Symposiums: 9/14-10/1, 4:30-7:45 PM, Weston Career Center. This fall the Career Center is partnering with the Olin Business School to bring you two great events focused on marketing and consulting. These events are a great opportunity to gain industry specific knowledge and make professional contacts. (Deadline to apply 9/6). Visit CAREERlink for more information.

Engineering Career Week: 9/14-9/18, Various Locations. Visit CAREERlink to find out more about a week of opportunities geared toward helping engineering students jump start their search.

WORKSHOP WEDNESDAYS: The Career Center will be offering a variety of workshops every Wednesday this fall. Listed below are some upcoming workshops. For a more extensive list, visit CAREERlink.

9/2: Relationship Building (Networking), 4-5 PM in the Danforth University Center, Room 111

9/2: Informational Interviews, 5-6 PM in the Danforth University Center, Room 111

SAVE the DATE! Fall Career Fairs
NSBE All-Campus Career Fair: 9/25, 10 AM-3 PM in the Athletic Complex

Fall 2009 Internship and Job Career Fair: 10/2, 10 AM-2 PM in the Athletic Complex

Visit CAREERlink to view a list of employers registered for the fair.

start here.

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FORUM

STAFF EDITORIAL

Live@Edu pilot program demonstrates need for change in mass student communication

After receiving an extensive e-mail this summer regarding the implementation of a new e-mail system, we are still confused about the new changes. Not only are we unsure about critical details of the pilot program, but many students are unaware that this pilot program even exists. Instead, they hold the mistaken impression that all student e-mail accounts will soon be switched over to Live@Edu and that this change will happen automatically.

We know that a pilot program will soon be launched that will allow a select group of students to test out the Microsoft Live@Edu system before the University decides to make the switch permanently. We also know exactly what the Live@Edu system includes, and it seems appropriate that Student Union (SU) is enthusiastic to promote it: Microsoft Office products, lots of storage space and connection with social networking sites will certainly be appealing to students.

What we do not know, however, is when the pilot program will begin and how many students will be able to

participate. We are also unsure how the University plans to collect and use feedback from the pilot group. Will students be required to fill out surveys or attend focus groups? What sort of reaction from students would cause the University either to adopt or to reject the program? These details need to be made available to students who are considering participating in the pilot program.

It is troubling that this mass communication has failed to address these critical and pertinent questions.

With SU's new commitment to being as open and as communicative as possible, there is a real risk of information overload. While we appreciate SU's efforts to keep us informed, SU needs to ensure that its student body e-mails are brief, concise and contain the topic's most significant details. Given the prevalence of new forms of communication—we can follow SU on Twitter and connect with them on their Web site—it seems unnecessary to enumerate new policies in an e-mail, especially when the e-mail itself provides the links to these online forms of communication.

In his latest e-mail to the student body, Student Union President Jeff Nelson addressed this concern and said that he did not want to clog the student body's inboxes with unnecessary e-mails. We encourage Student Union to follow through on this message throughout the year.

Our aim is not solely to protect the student body from an unnecessary flood of messages. More importantly, we worry that the effectiveness of SU's communication is diluted when the student body receives too many unnecessary and long e-mails and begins to hit 'delete.' The lack of awareness regarding the pilot program is one clear example of this effect. Although students received the information, it was not presented in a way that got the point across.

Given the enthusiasm we have observed from this year's SU officers, this phenomenon is unfortunate. In order to ensure that its important messages are received, SU ought to link to online content instead of including large bodies of e-mail text and aim to make all communication as concise and relevant as possible.

Farewell, summer

Eve Samborn
Forum Editor

Dear summer, This is my farewell letter. These past few months have been magical. In fact, they were some of the best I've ever had. But classes are starting today, and unfortunately, it is time for us to go our separate ways.

I did not want for this to happen. I would have stayed contently among your warm sun and lengthy days for decades, but the real world is demanding, and I had no choice. I had to leave you.

I will miss you terribly. I am already nostalgic for the lazy afternoons I spent sitting in your grassy parks with a favorite book in hand, shaded by your green leaves and accompanied by countless other carefree summer compatriots.

I will miss your unhurried walks along the quiet river and through bustling city streets. I will miss your ducks and your kayaks. I will miss the swing of your summer shopping bags and the sight of your sidewalk book sales.

I will miss your friendly barbecues and your Fourth of July fireworks. I will miss your outdoor concerts and your late nights spent sitting on the steps of my apartment building.

I will miss walking through the aisles of Trader Joe's in search of groceries and your ensuing cooking experiments. I will even miss the requisite walk back to my apartment with shopping bags in hand and the less successful culinary adventures.

I will miss my dilapidated yet cherished apart-

menters.

No longer will I leave work freed of responsibility until the next morning. Instead of guilt-free, uncorrupted leisure time, I am returning to the world where there is always an assignment waiting, always work left undone and waiting.

There will be no more afternoon happy hours or impromptu weekday museum trips. Instead, my weeknights will fill up with meetings and schoolwork, and my excursions into the city will require more forethought.

Late nights in the library will soon replace my early morning commute. Trips to the DUC will soon supplant my lunch hours in Chinatown.

Some say that all good things must come to an end and that summer romances are rarely more than temporary flings. I knew that this was coming, summer. I knew that this would have to end.

Still, I will miss your flip-flops and your boat rides. I will miss your sunsets and your starry nights.

Until next year,

Eve

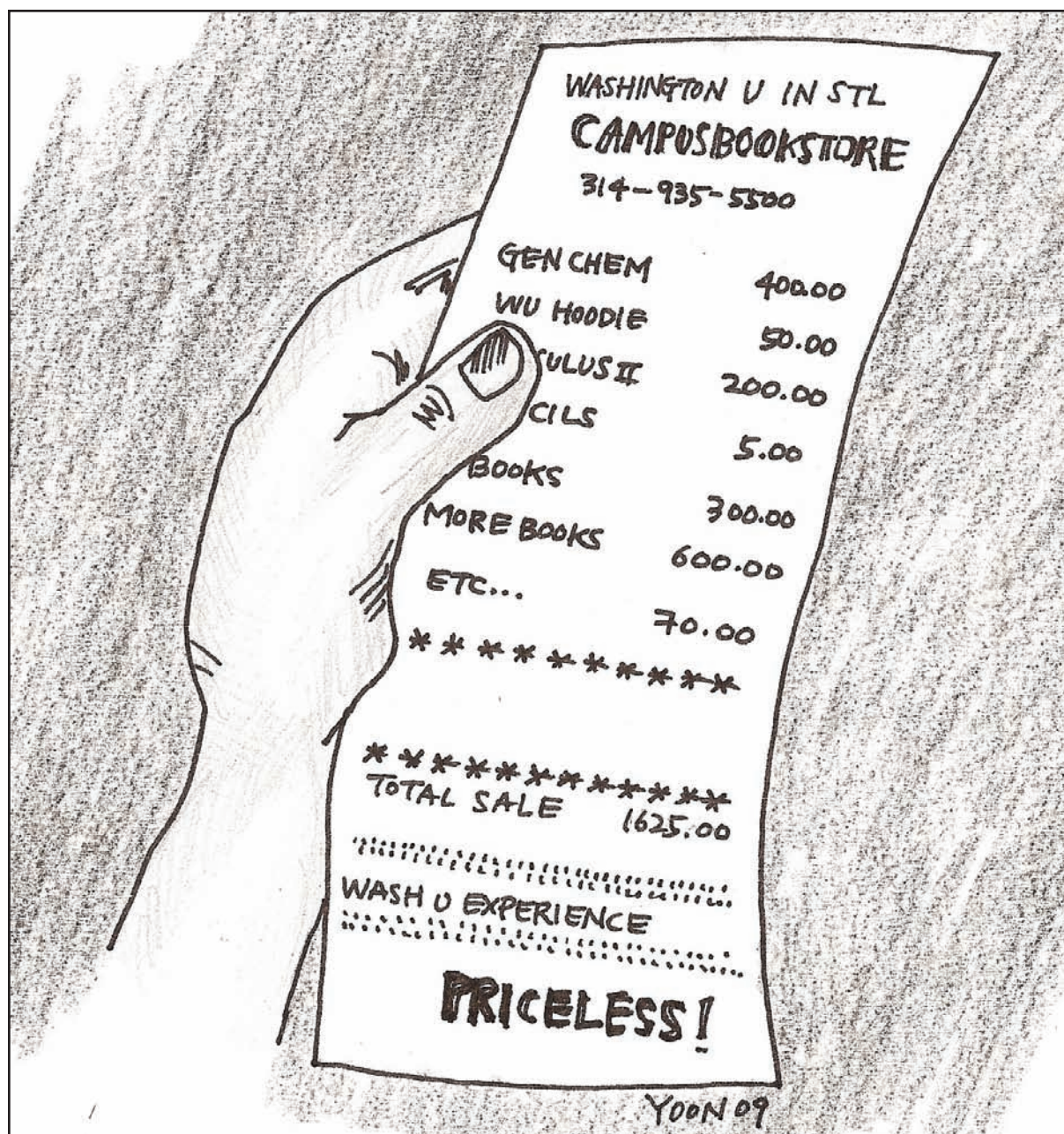
Eve is a junior in Arts & Sciences. She can be reached at elsambor@wustl.edu.

Some say that all good things must come to an end and that summer romances are rarely more than temporary flings. I knew that this was coming, summer.

ment and have not quite yet settled into my well-maintained dorm room. I might even miss the chipping paint, although I think I have happily abandoned the leaking ceiling.

I will miss your men who hand out newspapers by the metro stop in the mornings and your calypso drums present in the afternoons. I think I may even miss your crowded metro and its rushed, self-absorbed com-

RACHEL YOON AND JEREMY LAI EDITORIAL CARTOON



Measuring a life

Brent Sherman
Staff Columnist

The Princeton Review recently ranked Washington University fourth in a category entitled "Quality of Life." Rice University took first, followed by Bowdoin College and then Claremont McKenna College. This ranking is based on students' responses to questions about food, the campus, the local area, student interaction, friendliness and happiness. So basically, the Princeton Review aggregated all of their other statistics to estimate the quality of life.

While it is impossible to rank someone's quality of life, it is possible to approximate. We know that someone who does not need to worry about where his next meal is coming from has a better life than someone who does need to worry. Once people have shelter, food, water and safety, we must look at harder-to-quantify areas. This is where the approximating comes in.

With physical needs met, relationships, esteem, love and self-actualization must be considered. If this sounds familiar to you, it's because Abraham Maslow thought this system up in the 1950s. He outlined

a hierarchy of needs with the physical—food, drink, sleep—at the bottom and, at the peak, self-actualization. Self-actualization is doing what you were born to do. For example, writers write, teachers teach and directors direct. When all of these needs have been met, your quality of life is the best it can be.

How do you measure someone's progress to self-actualization? Doing so requires knowing what the person was born to do and how

It seems that the best way to find out what we were born to do is to do it.

close they are to achieving it. We cannot measure this for ourselves, let alone for those around us. However, we can estimate the quality of someone's friendships, love life and esteem through questionnaires. Using these, we can extrapolate how near someone is to self-actual-

See LIFE, page 5

What I did during my summer vacation

Randy Brachman
Staff Columnist

First, I'd like to welcome all returning students back to our illustrious campus and extend a hand in much the same gesture to the new-

est members of our community. I say I would like to, but I really have no authority in the matter, so I suppose I won't.

What I can (and therefore will) do, however, is give a great big hello to all of my loyal readers and a slightly smaller hello to those of you readers who found this article

not so much by following me but by meandering through the jungle of *Student Life*. How was your summer, reader? Did you go home and see as many friends as you could in those precious few hours of the day you weren't working? Did you stay here or attend some other univer-

sity, taking classes or perhaps doing research? Was there an internship waiting for you in some strange city at the beginning of last May?

Regardless of what you did, what you are doing now is the same as what we all are doing now: enjoying the scant time we all have here in St.

Louis before we go back to a new school year. But maybe this is a bittersweet time for you. Are you filled with reflections about the past three or four months? Is your mind abuzz with thoughts of what had changed back home? Mine is.

I was still friends with

the people I'd been friends with in high school. We still went to the same ice cream parlors and bowling alleys and movie theaters, swam in the same pools, hung out in the same parking lots. We were still close, almost as

See VACATION, page 5

YOUR VOICE: LETTERS AND GUEST COLUMNS

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Fax: 314-935-5938
E-mail: letters@studlife.com

All submissions must include the writer's name, class, address and phone number for verification. Student Life reserves the right to edit all letters for style, length, libel considerations and grammar. Letters should be no longer than 350 words in length. Readers may also submit longer articles of up to 750 words as guest columns. Student Life reserves the right to print any submission as a letter or guest column.

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VACATION from page 4

close as we'd been before college. But something had changed irreversibly.

The fact of the matter is that a year away changed me

The fact of the matter is that a year away changed me in ways that I still don't quite understand.

in ways that I still don't quite understand. I have more perspective now; the problems that seemed so insurmountable during high school now make me scoff; the petty

concerns of my peers and I have revealed themselves to be nothing more than adolescent whining. I have more experience now; people are more comprehensible to me, and I am more open to new exploration.

The topic of conversation at my home away from home (I spend most of my time here—so much, in fact, that I find it difficult to imagine being anywhere else for extended periods of time) strayed from whatever we talked about before college-mania took us over during senior year to stories from college: what we or our friends did, things we saw or heard, the strange people one is bound to meet at an institute of higher learning. True, the stories petered out as time went by, but they were always there.

I spent more and more

of my time alone as the summer progressed, wishing fervently for time to speed up until my return here and my reunion with my college friends. While final goodbyes last year were emotional ordeals—sometimes lasting hours—a simple “Have a nice semester” seemed like overkill this year.

Did these changes need to happen? Are they a necessary consequence of leaving the nest, taking on some independence and having life encounters that are totally different from those of the peers with whom I grew up? Am I, heaven forbid, maturing?

Randy is a sophomore in Arts & Sciences. He can be reached at r.brachman@gmail.com.

LIFE from page 4

ization, but extrapolation is inherently inaccurate. Effectively, we must take that quality-of-life ranking with a large grain of salt.

Self-actualization is the something missing when nothing else is missing. The need for self-actualization makes otherwise-comfortable people restless. College is the time for this restlessness, as all of our other needs are best served by the academic environment. All of our physical needs are provided for, and the needs of belonging, love, affection and esteem can be easily satiated. You can knock out at least two of the four by simply joining a fraternity or sorority. Freshmen's residential advisors' jobs include making sure these needs are being met.

At no other time in our life will we live surrounded

by people our own age, all working toward similar goals. Now is the time when all of our friends are no further than a walk. Taking advantage of all of these privileges to work on our last need makes sense.

Finding out what we were born to do and doing it is a tall order, but it only gets harder when we have other commitments—jobs, families. When we finish college, our good friends may be too far away or too busy to have those conversations that make us reevaluate how we see the world. College is the time for restlessness—at the very least, we can observe this from most people changing their major at least once (especially if they come in as a biomedical engineer at Wash. U.).

In changing a major, we gain the experience of hav-

ing tried something. It seems that the best way to find out what we were born to do is to do it. So go for it. Try new things, but more importantly, meet new people. Wash. U. prides itself on its diversity of race, but diversity of thought is what is most needed.

We are truly privileged to be at Wash. U. Resources to improve our quality of life surround us. St. Louis is a Metro ride away. The Loop is a short walk or shorter bike ride. Olin Library is in the center of campus. Your new friends are down the hall. Be restless and go for a trip.

Brent is a junior in Arts & Sciences. He can be reached at zuklug@gmail.com.

Warning: There's conscious food on the University's campus

Jen Swanson
Op-Ed Submission

If you want to learn more about why food is at the root of our society's most complex problems, I highly recommend the following:

1. Read “The Omnivore's Dilemma”
2. Watch the documentary “Food, Inc.”
3. Take a class like “Culture and the Environment” that is offered here at Wash. U.

What I want to share with you, however, are not the problems, but the solutions. These solutions are happening right here at Wash. U. on a grassroots and corporate collaborative level—and that's radical.

The two major players in this conscious food movement are The Burning Kumquat student-run organic farm and Bon Appétit, the on-campus

dining service.

The Burning Kumquat was founded two years ago by a group of students who had burning questions about where our food comes from: If organic food is not the norm, then what is non-organic food? What is it doing to our bodies?

The Burning Kumquat inspires students to find answers from the ground up—literally. We secured a plot of land on Wallace Drive on the South 40 and sowed our first seeds in the spring of 2008. The Kumquat community has flourished ever since, maintaining a solid group of self-motivated students to work the land and sell the produce each semester.

Then there's Bon Appétit, a nationally-renowned food-catering service that indeed cooks some of the most top-notch, delicious college campus food. As large a company as they are, Bon Appétit

is dedicated to transitioning Wash. U. and all of their over 400 college and corporate locations into a sustainable

Bon Appétit donated fresh snacks and healthy lunch buffets for seven weeks. The chefs even came in to talk to our campers about eating local, growing organic and becoming aware of the way meat is produced in America.

food future.

It is easy for a company to make a marketing hullabaloo about reusing a cup or flushing a toilet less, but Bon Appétit has directly backed their word through collaboration with the Burning Kumquat student farm this summer, and I am humbled to share my direct experience in this collaboration.

This summer, the Burning Kumquat ran a free-of-charge urban farm camp for St. Louis youth to learn about growing organic food and reconnecting with nature. We proposed our idea for “Camp Kumquat” to Bon Appétit last semester and explained that we had no money to feed our campers, and they enthusiastically agreed to provide us with free food because they understood our intention to share the importance of healthy living with the larger St. Louis community.

Bon Appétit donated fresh

snacks and healthy lunch buffets every day for seven weeks. The chefs even came in to talk to our campers about eating local, growing organic and becoming aware of the way meat is produced in America. One chef in particular, Justin Keimon, talked to our campers about antibiotics and hormones that are fed to cattle at many factory farms in the United States. “Because of this,” he explained, “Bon Appétit buys local, organic and grass-fed meat as often as we possibly can.”

In terms of food awareness, Bon Appétit went above and beyond the norms of any corporate food company I have ever encountered. The company offers to pay local growers up front to ensure that the farmers are fairly compensated and that Bon Appétit will have local produce to use in its dishes. The executive office at Bon

Appétit boycotted Florida tomatoes because of unjust workers' rights. I was fortunate enough to read an e-mail from the vice president of Bon Appétit in which she told all Bon Appétit sectors to buy local tomatoes from farmers with fair labor practices.

The Burning Kumquat will be selling other produce to Bon Appétit this semester, so look out for some homegrown basil on your next pizza.

I am humbled by the partnership that has formed between the Burning Kumquat and Bon Appétit, and I encourage everyone to investigate the true story behind our food systems in America for themselves. There is an amazing conscious food collaboration sprouting right here at Wash. U.

Jen is a senior in Arts & Sciences. She can be reached at campkumquat@gmail.com.

‘The Tyranny of E-mail’ and other scary stories

WSJ article makes people who agree with it look bad

Dennis Sweeney
Managing Editor

The Wall Street Journal ran a “Culture” article on Aug. 22 entitled “Not So Fast” and subtitled “Sending and receiving at breakneck speed can make life queasy; a manifesto for slow communication.” The article captured a subtext pervasive in today's technological climate: The frantic communication that e-mail and iPhones allow us is a hindrance to real interpersonal relationships.

Well, of course. Even when we take with a grain of salt the WSJ's inevitable nostalgia for “how things were in the old days,” we all implicitly understand that the foundation of traditionally valuable relationships—face-to-face exchange—receives a massive blow under the new prevalence of digital communication. I'm thinking of people talking on the phone to other people for 20 minutes while they're hanging out with you. I'm thinking of trying to have really serious conversations

through text messaging.

In other words, I agree with the writer's—John Freeman's—ultimate point. People lose the chance to focus on the moment in which they are currently living when they are distracted by technology. We lose a

People lose the chance to focus on the moment in which they are currently living when they are distracted by technology.

sense of personal autonomy when friends are upset with us for not having our cellular phones at hand when they were trying to call. The more interactions we have, the less meaningful each exchange.

But here's the problem: Freeman's argument is couched in this weird faux-logical rhetoric that leads only those who already agreed with the point itself to agree with him. He's preaching to the choir. An example of the fire-eyed verbiage of the article (adapted

from his forthcoming book “The Tyranny of E-mail”) goes: “This is not a sustainable way to live. This lifestyle of being constantly on causes emotional and physical burnout, workplace meltdowns, and unhappiness.” Freeman conjures an apocalyptic image: The secretary bursts screaming from her work desk, scattering flaming computer parts about the office; the avid e-mailer collapses and reverts to only vaguely humanoid behavior.

“If we are to step off this hurtling machine,” he continues, “we must reassert principles that have been lost in the blur. It is time to launch a manifesto for a slow communication movement, a push back against the machines and the forces that encourage us to remain connected to them.” Have you ever seen the fake “Saturday Night Live” commercial for robot insurance? Senior citizens sit around a table talking: “It's so hard nowadays, with all the gangs and rap music...” Another leans forward: “What about robots?” “Oh,” one more responds with chagrin, “they're everywhere!”

The “SNL” skit pokes fun at the paranoia of the senior citizens because it too is couched in foundationless, illogical rhetoric. If Freeman follows his rage against “machines” with the sensible statement that “we must

reassert that the Internet and its virtual information space is not a world unto itself but a supplement to our existing world,” it is light overshadowed by the inflammatory language leading up to it. He discredits himself by relying on the “bogyman” model of opposition.

This frustrates the hell out of people like me who agree with his basic point. Freeman is part of a massive group of pretty darn influential people who seize what a large group is already thinking and apply inflammatory rhetoric to it and emit it, with their byline, in a public setting. I decry Freeman because he makes people who are sensible about their opposition (like me in this scenario) look like the same kind of idiots he is presenting himself as. I have good, sound reasons for being hesitant about technology's increasing influence over communication. But because Freeman and those like him use the “bogyman” rhetoric with so little hesitation, the others of us who question the idea of “progress” look silly also.

I disavow John Freeman. I sometimes leave my phone on vibrate in the next room. But it's not because I'm scared.

Dennis is a senior in Arts & Sciences. He can be reached at sweeney@wustl.edu.

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THOUGHTS
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‘School remembers Imergoot after death in crash’

I am so honored to have had the pleasure of having “Lynn” as my Mom. As great of a coach and athletic director she was, she was an even BETTER Mother...as awesome of a friend she was to so many people, she was an even COOLER Nana to my daughter, Tamia....I am so thankful for the kind words about my Mom, and she will be remembered by me (and apparently everyone else who knew her) as an incredibly kind-hearted person who left my family and I way too soon. Thank you all for letting me share in your wonderful memories....

Mom, I love you....

Jennifer H. Imergoot

‘Citing budget cuts, University closes Center for Ethics & Human Values’

I am saddened by this news because this center is one of the greatest strengths of this University. I used to work at the center and have attended many of its enriching programs. As a student here, I feel privileged to have such unique learning experiences outside of the classrooms. The closing of the Ethics and Human Values Center is an undesirable loss to both the University and the St. Louis community.

I hope that the administrators can seriously reconsider this decision.

Jenny Feng

‘Campus reacts as speculation over Sen. Jeff Smith's future continues’

Let me be the first to point out the irony of the University's decision to shut down the Center for Ethics just as the allegations about Smith's misconduct are emerging.

‘steve’

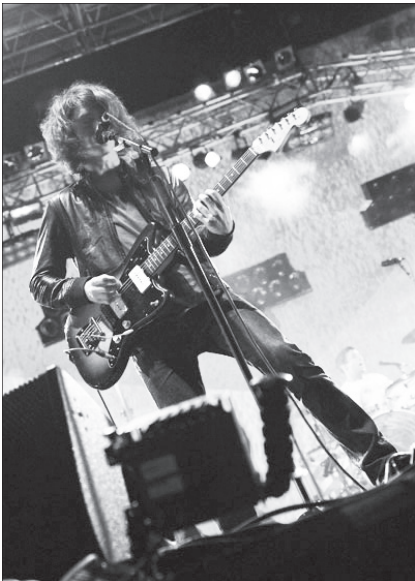
CADENZA

Fall Music Releases

Looking forward

Cici Coquillette Music Editor *Figure out where you're going to pick up your StudLife now, dear Cadenza fans, because this fall is an incredible time for new music. There's something for everyone, but the ones we're particularly excited about are as follows:*

Arctic Monkeys



"Humbug" is the first on the list of new fall releases (it drops on Aug. 25). As the Arctic Monkey's third full-length album, it has a high standard to live up to. "Favourite Worst Nightmare" cemented the band's position with fans and critics after the runaway success of "Whatever People Say I Am, That's What I'm Not." The band has performed some new material on their most recent tour, notably at their Lollapalooza set, and the response indicates

that "Humbug" is something to look forward to.

Muse

"Black Holes and Revelations" was one of those albums that everyone instantly loved and rightfully so. Is there anything catchier than the bridge in "Knights of Cydonia?" After this leap into the spotlight, new release "The Resistance" needs to make good on our expectations. It's a fair amount of pressure, but they've released several EPs in the meantime that make me hopeful.



Backstreet Boys

SO EXCITED. AAAAAH.

Electric Six

Even if you like them ironically, Electric Six is the ultimate in bizarrely funny hard rock (with the possible exception of the Eagles of Death Metal). Known for such gems as "Gay Bar" and "Dance Commander," their next efforts are sure to be awesome.



Them Crooked Vultures

This is a list full of pretty incredible bands, but I'm most looking forward to a release—any release—from Them Crooked Vultures. The lineup alone is enough to sell discerning listeners: Dave Grohl, Josh Homme and John Paul Jones. Enough said, right? Info on them is limited—I'm working off of mostly Belgian YouTube videos—but check, check, check them out.

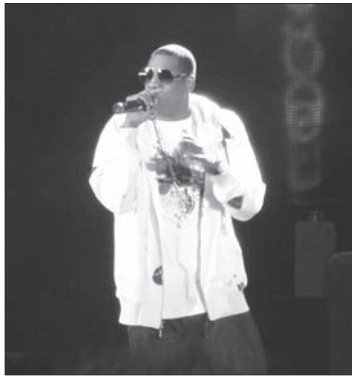


Casualties

They may not be for everyone, but gutter-punk gods The Casualties are on my top-10-favorite-bands list. If you want to get back to punk basics—loud, fast, angry music with a social conscience—then be sure to pick up a copy of "We Are All We Have." Watching the band mature from their first effort and tour with legends The Exploited and Leftover Crack has been an affirmation that punk's not dead. (The Casualties recorded a Spanish edition of their masterwork, "On the Front Line," aptly titled "En La Linea del Frente." For anyone trying to learn the language, it's a great place to start.)

Jay-Z

Let's get one thing straight right now: Anything that Jay-Z touches turns to awesome. Who doesn't love the HOV? He recently covered for Beastie Boys at All Points West and has successfully declared the death of Auto-Tune. He's always been outstanding, and we'll see how he continues to distinguish himself from the pack on his next record.



Monsters of Folk

Monsters of Folk is a new group comprised of Conor Oberst, Jim James, M. Ward and Mike Mogis. Their first release is due out Sept. 22—we'll keep you posted on all the details as they become available. Bright Eyes fans, take note!

Mariah Carey

I'll be honest. This one made the list just so that the constant updates from Perez Hilton on the album's progress would stop. The first single, "Obsessed," has been met with



a fair amount of praise, both for the beat and the sheer entertainment value of a Mariah/Eminem feud. In terms of diva-licious comebacks, I'm still holding out for Whitney Houston, but Mimi will have to do.

MIKA

For electro-pop joy, look no further. "Life in Cartoon Motion," released in 2007, was a confection that would not get out of our heads. The newest single, "We Are Golden," maintains the same synth-y goodness of the last record with a little more polish and a Killers-esque singalong. Good times are ahead.

Summer 2009: Rock Retrospective

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Steve Hardy Cadenza Reporter

What was your summer rock jam? Having trouble coming up with anything? Please humor me for a moment. Imagine that, like me, you are approached by an editor. "Write a top-10 list of summer albums that students missed while on vacation," she will say.

Think to yourself, "Well, what lesser-known bands might have flown under the radar but deserve recognition? There's "Dark Days/Light Years" by Super Furry Animals, but no, that was released in March, as was Pure Reason Revolution's "Amor Vincit Omnia." "Swoon," by The Silversun Pickups, is gorgeous, but it came out in April. Manchester Orchestra is garnering atten-

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tion with the release of "Mean Everything to Nothing," but it, too, is a spring release. Fans of The White Stripes will go gaga over newcomers Band of Skulls, but they dropped their debut "Baby Darling Doll Face Honey" while we were still laboring over English papers and chemistry notes.

So, did anything noteworthy happen over summer break? Or were you, as I was, inundated with Green Day's "21 Guns" seemingly on repeat? Because Green Day, Kings of Leon, Foo Fighters and Shinedown (whose latest hit, "Sound of Madness," was released in February) combined for, I suspect, roughly 75 percent of all new rock on MTV and my local radio station. Now, certainly none of these songs are bad (well, OK, "21

Guns" could use another few chords or maybe better lyrics and perhaps less predictable drum and bass lines...), but the point is that none of these groups should be expected to shoulder the entire burden of fresh summer rock.

We deserve better than four bands, damnit! We deserve better than the Noisettes being the next hot new thing. We deserve better even than Tom Morello and his Street Sweeper Social Club's stale political rap-rock. And we certainly deserve better than The Fray poorly covering a Kanye West hit that he released himself less than a year ago. For shame, rock 'n' roll, for shame. It must have come as a blessing to DJs everywhere when Michael Jackson died because they had license to play his old songs for weeks while

modern rock stagnated.

But have faith, fellow rock fans, for there are lights on the horizon. After all, we came off a strong spring season, and there are bands hard at work now to usher in August right. Why, just yesterday, Danish band Mew dropped "No More Stories" in the United States. If you like dreamy, ambient indie rock, check these guys out.

And finally, the best summer release that no one in this country heard about goes to Australian rockers Karnivool, who, on their album "Sound Awake" (dropped June 5), shred like a more melodic Tool with a few tricks up their sleeves and smart, swelling vocals. They're certainly the season's must-have addition to your iTunes library.

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FALL TV SCHEDULE

Hannah Schwartz
TV Editor

Cadenza does a lot for arts and entertainment. We sacrifice our ears and our feet for live music, our eyes (and sometimes our sanity) for movies of all kinds. But most of all—in my case, anyway—we sacrifice our time and our social lives for watching every TV show we can. And we want all of you in on the fun! So we have compiled a list of new and returning fall shows for everyone's viewing entertainment:

MONDAY

"Gossip Girl" took a definite downturn last season, but, as always, the promos have me intrigued, along with the usual promise of sex, drugs and rock 'n' roll (if by rock 'n' roll you want a Lisa Loeb guest appearance, which is even better in my book). It might be interesting to check out the Sept. 14 premiere on the CW to see how the writers keep every character in New York even as they head off to college. Plus, Sonic Youth is performing in the fifth episode. Whether they lend credit to the show or lose some themselves is up to you!



MCT

"How I Met Your Mother" is, in my opinion, the funniest and smartest sitcom right now. The ensemble, including Neil Patrick Harris and Jason Segal, portrays a realistic yet still hilarious group of friends that is just plain fun to watch. Last season's finale revealed a juicy tidbit about the mysterious mother that could (hopefully) lead to more answers, and Barney and Robin's new relationship will undoubtedly add new flavor and dimension to the Sept. 21 premiere on CBS.

WEDNESDAY

If you haven't heard of **"Glee"** by now, you obviously don't check the top songs on iTunes. That's right: After the May broadcast of the pilot, the cast's rendition of Journey's "Don't Stop Believing" hit the number one spot, and that just shows how America responded to the sunniness and humor of this show about a high school show choir. It's both heartwarming and subtly satirical, making it one of the most unique shows on the air. And, besides, any show with musical numbers is an automatic must-see in my book. Watch the pilot online, and then tune in to Fox on Sept. 16 for the first episode.

ABC's **"Modern Family"** gets props for the most unique concept. This mockumentary follows three families for an upcoming reality show in the Netherlands, and it explores the different types of a modern 2009 family: the gay couple, a straight couple and a multi-ethnic couple. The promos look both funny and realistic without resorting to stereotypes, and hopefully the Sept. 23 show will live up. I will certainly be there to find out!

SATURDAY



MCT

What's even on besides **"SNL"**? Rumor has it that Megan Fox is hosting the premiere, which is reason enough for me to skip it.

SUNDAY

There's a reason **"The Amazing Race"** has won all six "Outstanding Reality-Competition Program" Emmys that have been awarded. The race around the world combines physical and mental tasks with relationship drama with just plain hilarious challenges (slide down a hill with a 200 pounds of cheese, anyone?) that is addicting to watch. The exhausting race legs bring out the worst in every contestant, strain their relationships and create compelling television. Check it out on Sept. 27 on CBS. Reality doesn't get much better than this.



MCT

TUESDAY

"The Forgotten" is yet another detective show premiering Sept. 22 on ABC, but it has a compelling twist. Each episode is narrated by a John or Jane Doe body whom the "Identity Network" team attempts to reconstruct with the little evidence left behind. It could be just another mediocre crime show, such as "The Unusuals," or it could be the next CSI. You might just have to tune in to find out.

"The Biggest Loser" looks like just another reality show where contestants willingly degrade themselves for money and fame, but it really isn't. Sure, some of the immunity challenges echo other reality shows, but the vast majority of the two-hour show (I know, I know, but watch it on Hulu) is the most inspiring and uplifting television I've ever seen. The contestants not only lose weight and look hot by the end, but they also go through intense therapy to battle the issues that brought them there in the first place and are truly different people by season's end. NBC's Sept. 15 premiere promises to be a tearjerker and inspire everyone to make better life choices.



MCT

THURSDAY

Simply put, Thursdays are the pinnacle of the television week, and Sept. 17 is the jackpot: Amy Poehler's mockumentary-style **"Parks and Recreation," "The Office"** and the always hilariously offensive **"It's Always Sunny in Philadelphia"** all premiere. Put on your sweats and grab the popcorn and some friends. It's going to be a loooong night. Or you could always use them as drinking games before you go out. Either way, you'd have to be delusional or a 12-year-old girl to watch "Vampire Diaries" instead.



MCT

FRIDAY

Friday night television is not a lucrative time slot. I'll be honest: I thought **"Dollhouse"** was canceled, but it is apparently returning for its second season on Fox on Sept. 18. The show tells the story of a group of people called "Dolls" whose personalities and existence in the outside world have been wiped clean so they can be imprinted with any number of new personas. This concept creates an enormous world of possibilities for the show, and Joss Whedon's cult following had enough strength to bring it back for an unprecedented second season, perhaps a testament to the quality of the show. Hopefully it will someday be granted with a better time slot and have a legitimate shot at success.

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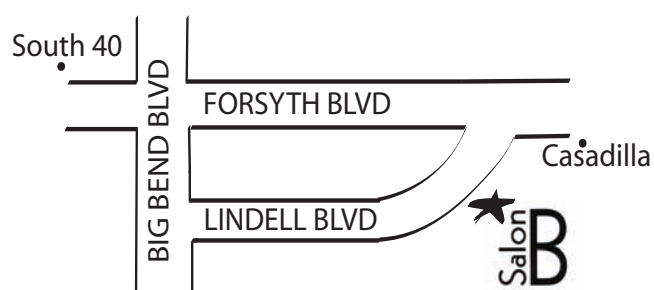
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SPORTS

While most rest, Wash. U. athletes train over summer

Becky Chanis
Sports Editor

Summers are generally heralded as a time for fun, sun and a break from campus activities. But while many Washington University students use the summer as a time to relax, University athletes are still hard at work.

Most varsity teams and many club sports require workouts from their players throughout the summer, meaning that many athletes get little time off during the four-month vacation.

The level of intensity and commitment varies from person to person and sport to sport, but the majority of student athletes complete some form of training regi-

men during the summer—anywhere from multifaceted exercises to leisure training to full-intensity workouts.

“The idea behind the summer training schedule is to return stronger and faster for the coming season,” said senior Laura Brazeal, co-captain of the women’s varsity volleyball team.

“It also helps build a sense of camaraderie among the team because everyone is doing the same program,” Brazeal said.

Many of the Red and Green varsity squads receive packets of a summer’s worth of workouts to complete. The workout schedules usually mix lifting, cardio and sport-specific drills several days a week in order to main-

tain and improve physical fitness.

“We want to be fitter than every one of our opponents,” said senior Becca Heymann, captain of women’s varsity soccer, in an e-mail. “If every girl on the team follows the summer workouts to the best of her ability, then this can be an attainable goal.”

On club teams, the workout schedules are more flexible but widely encouraged.

“We have a [general] fitness program,” said junior PJ Amini, secretary of the men’s club soccer team. “We tell the members of the team that are returning next year to run a few times a week.... We just want them to be able to run by the time they get back.”

Despite having a more casual approach, the team finds that their system works.

Additionally, those who do not work out may be weeded out. On the men’s club soccer team, all returning members have to go through tryouts at the beginning of the year.

“If someone really let loose and was really out of shape, they won’t necessarily make the team again,” Amini said.

As the fall season begins, athletes can only hope that their summer workouts were enough to bring them success. Such a commitment to a sport is admirable for any athlete, club or varsity, but it is also one that will hopefully pay off.



MATT MITGANG | STUDENT LIFE

Students run on the treadmills in the McWilliams Fitness Center. Most varsity athletes have a running program in the summer.

sportsbriefs...

Spartan football picked first

University Athletic Association rival Case Western Reserve University’s football team was picked first in the UAA coaches’ preseason poll. The Spartans, who are the defending 2007 and 2008 UAA Champions, are also ranked No. 16 by D3football.com. Case Western and Wash. U. face off on Nov. 14 in the final regular season game for both squads. The Spartans have competed in the 2007 and 2008 playoffs. (Johann Qua Hiansen)

Rochester’s women’s crew becomes varsity sport

The women’s crew team at the University of Rochester has officially become a varsity sport. With the change in designation, Rochester’s crew team can compete in the 2010 NCAA Division III Championships. Rochester’s women’s crew squad is the only varsity squad in the UAA. Washington University’s crew program remains a club sport. (Johann Qua Hiansen)

Wash. U. in the Polls

Football
UAA No. 2

Men’s Soccer
UAA No. 4

Women’s Soccer
NSCAA No. 8, UAA No. 2

Women’s Volleyball
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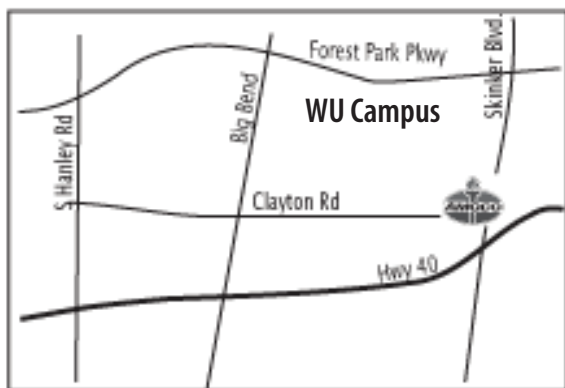
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SEARCH from page 1

Anonymous Helpline and other groups.

"We feel that the candidates who are coming are all excellent candidates with the credentials we're looking for," said Jill Stratton, associate dean of students.

There will also be three open forums for all students, faculty and staff of the University to meet the candidates. The forums will consist of a 30-minute presentation by the candidates, followed by a question-and-answer session. The forums are on Aug. 31, Sept. 10 and Sept. 15.

"Their topic [during the forum] is essentially addressing sexual assault and violence on college campuses," Stratton said. "How they present that is up to them. We want to see their style and how they interact with the students, since that is an important part of the position"

Following the forums, the committee hopes it will be able to reach a decision, though Dzuback and Stratton both say they do not yet know when exactly the position will be filled.

"That depends on how the search goes," she said. "But searches can be complicated and much depends on locating the best candidate, and then dealing with the candidate's requirements and commitments, which has to be done before bringing her/him to campus."

Still, Dzuback says she hopes a candidate will assume the position by spring 2010.

Alan Glass, director of Student Health Services, emphasized the importance of hiring "a person with the proper credentials, experience and personality."

"The position will remain open until we find the right individual," he said.

Coordinator will work with multiple groups on campus

In his or her work on preventing sexual assault and educating the University community about the issue, the candidate selected to the position will receive a great amount of support from Stratton and Jami Ake, lecturer in humanities and

assistant dean in the College of Arts & Sciences.

"We realized that even though we have a support system of students, there was a gap in the coordination of the prevention of this issue," Stratton said.

The director will work out of the Habib Health and Wellness Center on the South 40, according to Dzuback.

"The assistant director will be coordinating efforts with the police, student groups, the Habib Health Services office and the director and other assistant directors, the [judicial board], all groups dealing with the issues and problems that involve sexual assault and relationship violence," Dzuback said.

Selection of candidates comes after years of planning

Though efforts to create the position have been underway for almost a decade, the administration has not pursued the task as aggressively until now.

The biggest push in the University's efforts to address sexual assault came in February 2007, when a man who was not a University student entered a suite in Myers Hall and raped a female student.

Arrested by the Clayton Police Department in March 2007, the perpetrator, William Harris, pled guilty and received a 25-year sentence this past April.

Though the incident reinvigorated the issue and emphasized the University's need for the assistant director position, Stratton said a significant amount of time still passed between the former Committee on Sexual Assault's initial recommendation and the actual coordination of search efforts.

This was partially due to the 2008 retirement of former assistant vice chancellor Karen Levin Coburn, who had been a key player in the process.

"The University really cares about this issue and there are a lot of people from faculty and staff to students who are very committed and passionate about this issue," Stratton said.

With additional reporting by Kat Zhao

BAN from page 1

Loop.

Many school community members are praising both the bill and the University's endorsement, especially in light of the University's tobacco ban, which takes effect in July 2010.

"It's good that someone spoke up and said this was in the interest of our employees," said Martha Bhattacharya, a postdoctoral fellow in developmental biology, who also spoke in favor of the county bill on Aug. 4.

But the bill has been controversial, with several crowded and heated council meetings last summer. Opponents say a ban will harm local businesses and perhaps force some to close.

Walton Sumner, associate professor of medicine, said he understands libertarians' concerns over a ban's potential economic effects but said he supports the county's bill.

"I hope that the libertarians in the debate will acknowledge that there are property seizures going on every time a smoker or non-smoker gets sick in a room that is thick with smoke," said Sumner, who spoke before the council Tuesday night. "Part of our job is to protect public health, and I hope we get there."

Many students approved of the University's tobacco ban. Others, including Student Union, criticized officials for not seeking student input and said the University was being too restrictive.

Some who opposed the University's ban actually support or are open to a county ban because the University's ban will be more restrictive, applying to all tobacco products and both indoors and outdoors on all five campuses.

"I don't think they should ban smoking on campus. I think that's a bad idea," said junior Kenny Hofmeister, who criticized the University's ban and the lack of student input in the University's decision in an op-ed submission on April 17. "But I don't disagree with banning smoking city- or countywide, as long as it's indoors."

Some students support a county smoking ban and don't oppose the University's ban, but do oppose the lack of student input in the school's decision.

Another factor influencing campus opinion on the bill is the large number of people at the University from states and cities with bans, including Bhattacharya, a former San Francisco, Calif., resident.

"When I got here, that was one of the things that really affected where I chose to go in the area, and to this day I haven't tried certain restaurants," Bhattacharya said.

Blaine acknowledged that the county ban would further reduce the number of places where smokers living on campus can go. But he said there will still be some places.

"I just think the University's position is that it shouldn't be in close proximity to those who don't want to be exposed to that hazard," Blaine said.

Opinions on whether the University should have taken a stance on the bill are mostly positive. Those who disagree with the University said the school has the right to voice its stance.

Nancy Mueller, associate director of the Center for Tobacco Policy Research (CTPR) at the School of Medicine, said CTPR also supports the county's bill.

Smoking bans popped up across the region over the summer. In July, Clayton enacted a smoking ban with no exemptions for indoor public places, effective July 2010.

The city of St. Louis is also considering a public indoor

smoking ban. The bill, sponsored by Alderwoman Lyda Krewson, D-28th Ward, would impose a ban without a ballot measure. St. Louis includes the medical school and the Central West End, a popular social spot for students.

St. Louis' ban would only take effect if St. Louis County enacts its own ban. If both bans succeed, all University campuses and most surrounding indoor public places would become smoke-free.


The University, Blaine said, has endorsed only the county bill. But he added that the University hopes that "other municipalities will take these issues into consideration."

Other anti-smoking measures the University has backed in the past include a 2006 state referendum to raise tobacco taxes. The University invested large amounts of money to promote the measure, Blaine said, because Missouri's tobacco tax was the second lowest in the United States at the time. The measure failed by a 51 to 49 percent vote.

Blaine said the University also backed a failed effort that same year by the County Council to pass a smoking ban.



Washington University Associate Professor of Medicine Walton Sumner speaks out in favor of the County Council's smoking ban bill at the County Council meeting Tuesday night. Sumner is one of several school community members who have spoken in favor of the ban.



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TYSON from page 1

pass inspection and earn certification.

“For better or for worse, there is a lot of credibility that goes along with being able to claim priority,” Smith said. “And I think particularly in Wash. U.’s case, it will say a lot because Wash. U., especially in the last few years, has really started to pride itself in being progressive in having a very serious commitment to environmental sustainability in all of the University’s activities.”

Unique features

Each building relies on large, retractable windows for light and improved heating and cooling, yet the two buildings could not be more different.

With over 2,000 acres, Tyson contained plenty of wood that if not used for construction would have been damaging to the habitat.

“We went above and beyond in terms of where some of the materials came from. All of the finished wood that you see, all the siding, the decking and as you go inside, the trimming and

the hardwood floors come from wood at Tyson,” Smith said. “It could have come from 500 miles away, and we got it from two miles, which is pretty amazing. And it tells a really neat story in part because two of the tree species in this area are invasive species, and we were going to restore the habitat by removing those trees anyway.” The white oak also came from trees fallen by storms.

For Tyson, the key to using zero net water comes from the composting toilets, which need only a small amount of water in the composting facility.

Omega’s building is highlighted by its 4,500-square foot greenhouse, which features the Eco Machine, which filters 30,000-50,000 gallons of water a day without chemicals. Two large septic tanks filled with naturally occurring anaerobic microbial organisms eat the sludge at the bottom of the waste water, before the water passes through constructed wetlands where plants continue to filter the water. The water then passes through aerated lagoons filled with plants, fungi, bacteria and

snails before a sand bath completes the filtration process. The water is then introduced into the environment.

While the water cleaned at Omega is not used within any building, all water in the Living Learning Center is used internally.

Better than LEED Platinum?

While the Center for Sustainable Living is on track for LEED Platinum certification, Backus mentioned one key difference between the average LEED-certified building and a living building.

“People realize how clean the building feels, and I don’t mean that the floors are swept. You can tell that there are not chemicals in this building,” Backus said. “A lot of people are saying, especially when they are standing in the aerated lagoon section of the building, that this is actually a healing center, which is kind of wild since they are actually looking at their waste water from that morning.”

Functionality

“When you’re building a building like this, it can be really tempting to say zero net energy,” Smith said. “Let’s not have anything in there that uses energy because that makes it harder to meet the standards, but you have to have a building that is really usable.”

With the computer lab, Smith added that they will need to monitor energy consumption closely, but as the lab is necessary for running data and simulations, it was essential in the new building.

The cost

Since a building that uses photovoltaic cells cannot use common building materials and running on no water and electricity from the grid costs more than a conventional building, Smith explained how only a university such as Wash. U. or a non-profit such as Omega, which must raise \$2 million to cover the building, could think of building a living building at this time.

“We are going to save a lot in money from the energy that is produced by the photovoltaic panels. But to be honest, the PV panels were so expensive in the first place, that that’s a very long payoff time, decades. Maybe even longer,” Smith said. “So if you look at it strictly economically, it’s really only universities that can build buildings like this because they are really one of the few kinds of places that looks at a building as a 100-year investment. And that’s something that Wash. U. is very good about.”

But he thinks that the attention the building has already and will continue to draw will more than offset the building cost.

How the average individual can make a difference

Smith and Backus both emphasized that individuals see the building and ask about incorporating one component into their houses or other buildings, which they say is part of the mission of the Living Building Challenge. In New York, where solar panels are subsidized, Backus had seen

them “sprout up around her like weeds.”

“There’s a sustainability movement called the 5-percent rule,” Smith said. “You can’t do everything; you have to choose your battles, but even if you reduce your impact by 5 percent over the scope of the whole country, the whole world, that’s going to make a huge difference.”

With both buildings featuring dozens of sustainable features, any visitor to either site will see how to he or she can make a small but important movement toward sustainability.

Mission of the Living Building Challenge

While describing the outdoor patio at the Living Learning Center, Smith hit the key point of the Living Building Challenge.

“That’s the emphasis that the Living Building Challenge has, making sure that buildings are made to isolate people from the environment but that they are just another part of the environment that you can be in.”



MATT MITGANG | STUDENT LIFE

In addition to being designed as a sustainable building, the Living Learning Center is designed to be functional. To meet this goal, projectors, computers, and other classroom facilities are installed in the building.

What are the requirements of the Living Building Challenge?

- Water input: 0 mL
- Energy input: 0 Watts
- Natural habitat: must be maintained
- Prohibited Materials: lead, mercury, PVC, neoprene (among others)
- Consultant Travel: 1500 miles
- Low Density Materials: 100 miles
- Medium Density Materials: 500 miles
- High Density Materials: 250 miles
- Construction waste: must be diverted from landfills

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VOLLEYBALL

Volleyball loses three All-Americans but is ready for another national title run

Johann Qua Hiansen
Senior Sports Editor

The Washington University volleyball team is no stranger to adversity. Win or lose, by the third weekend of September, the Bears will have faced the second, third, sixth, 10th, 13th, and 15th ranked programs in the country.

"In Division III, the best teams always want to play the best teams," Head Coach Rich Luenemann said. "We don't duck anyone. We want our teams to see the best so we know how good we really are."

Several upcoming opponents have a rich history with the Bears. Wash. U. defeated the 15th-ranked University of Wisconsin-Whitewater in the 2007 national championship game. Emory University, the reigning national champion and top-ranked team, lost to Wash. U. in the 2008 University Athletic Association conference championship.

While six players have a national championship ring, the Bears have never beaten No. 2 Juniata College, one of the team's most intense rivals, since 2005.

Last year's trip to the Division III NCAA National Finals was ended by sixth-ranked Ohio Northern University in the Great Lakes Regional Final. "It'll all come down to our focus and how bad we want it," senior Laura Brazeal said.

After a week of practice, the squad looks ready for any future challenges. "We're very energetic, very focused on giving 100 percent effort everyday," sophomore Lauren Budde said.

Those challenges are immediate. For many teams, graduating three All-Americans and another senior leader would spell disaster. But the Red and Green are "fine" according to Luenemann.

"This is one of the most balanced teams I've coached in many years," Luenemann said.

Brazeal feels that despite the loss of her four talented team-

ates, this season is a continuation of previous years.

Senior Vicki Blood and freshmen Marilee Fisher and Meg Buker all look to fill Janak's shoes as the primary setter. Audra Janak graduated with the 5th most career assists in school history. Blood's prior experience is a big factor in favor of her starting position.

"Blood makes her sets very hittable, she's in tune with our offensive system, and she shares an incredibly positive relationship with our attackers," Luenemann said. "But either of the freshmen could step up given more experience."

The relatively young offense returns All-Americans senior Erin Albers and sophomore Erin Kasson plus a few talented sophomores and juniors. Kasson was also the 2008 UAA Rookie of the Year. Although the lineup hasn't been finalized yet, players have been pushing themselves.

"We just want to play consistently throughout everything so we can be known as a consistent team not a team that has ups and

down," Budde said.

During practices, rallies during six-on-six scrimmages have lasted longer than last year according to Brazeal, indicating better ball control and defense. Seasoned defensive veterans like junior Ali Hoffman and sophomore Tricia Brandt will

keep the Bears in contention. Brandt also led with 45 aces last season.

The biggest question plaguing the team is: Who will replace Nikki Morrison as the right side attacker? Morrison, the 2008 UAA MVP and twice tabbed First Team All American, fin-

ished her career with 1,276 kills, 10th in school history.

As of press time, no one knows. The answer will be found at the season opener against Harris-Stowe State University on Tuesday, Sept. 1 at 6 p.m. in the Field House.



MATT MITGANG | STUDENT LIFE

Graduates Erin Albers (L) and Alli Albers and senior Laura Brazeal (R) celebrate with teammates after winning a set in a September 2008 game against Juniata College.

Can't miss volleyball home games

Sept. 1 Harris-Stowe State University @ 6 p.m.

Sept. 11 No. 13 Pacific Lutheran College @ 5:30 p.m.

Sept. 11 No. 6 Ohio Northern University @ 8 p.m. defeated Wash. U. in the 2008 Great Lakes Regional Final

Sept. 12 No. 15 University of Wisconsin-Whitewater @ 3 p.m.

Sept. 18 No. 2 Juniata College @ 7:30 p.m.

Sept. 19 No. 3 University of La Verne @ 9:30 a.m.

Sept. 19 No. 10 University of St. Thomas @ 5 p.m.

Other Important Games

Sept. 22 D-II University of Missouri- St. Louis

Oct. 17 No. 1 Emory University @ 10 a.m.

Nov. 6-7 UAA Championship in Chicago

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4								
		8			1	5		4
		4	1				9	
	2		5				7	
	8			6	1			
9		3	5			7		
								9
8		2	1					3

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8	6	2	9	1	5	7	3	4
9	4	3	6	8	7	1	2	5
4	3	7	1	5	6	2	9	8
2	9	6	8	4	3	5	7	1
1	5	8	7	9	2	4	6	3
6	8	4	2	3	1	9	5	7
5	7	9	4	6	8	3	1	2
3	2	1	5	7	9	8	4	6

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FOR RELEASE AUGUST 26, 2009

Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

ACROSS

1 Paul of "American Graffiti"
6 Big Apple sch.
10 One often looking down?
14 Part of Caesar's boast
15 Former manager Felipe
16 Bishop of Rome
17 Exterior attractiveness, to a Realtor
19 Wilson of "Wedding Crashers"
20 Beethoven's affiliation
22 Hunk
24 Drei minus zwei
25 Flummoxed
26 Embraces, as a philosophy
28 Site for saplings
30 Old Italian bread
31 Lined up
33 What chambers of commerce do, and this puzzle's title
38 Like a banquet
39 Slightly
41 Thorny shrubs commonly with yellow flowers
44 Livestock food
46 Billiards bounce
47 James of "The Godfather"
49 Bar code?
50 Drug safety test
54 General Bradley
55 Replay feature
58 Soap actress Sofer
59 Isle where Macbeth is buried
60 Rope loop
61 Scott in a landmark civil rights case
62 Clairvoyant
63 Kind of pressure that can cause headaches

DOWN

1 Driver's document: Abbr.
2 Old French coin

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By Dan Naddor 8/26/09

Monday's Puzzle Solved

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SMITH from page 1

on Tuesday that both seats would be filled in a special election on Nov. 3.

In mid-2004, Carnahan's campaign filed a complaint with the FEC about the postcards, alleging Smith had violated federal election law by anonymously spreading "false and malicious information intended to deceive potential voters and evade proper federal disclosures."

Smith in an affidavit, which he acknowledged on Tuesday as being false, denied any involvement. In late 2007, the FEC found there was not enough evidence to prove wrongdoing on the part of Smith and his campaign committee.

Court documents say an unnamed individual affiliated with the organization Voters for Truth approached Smith's campaign committee in July 2004 to discuss the idea of making and distributing the postcards. Smith's campaign committee introduced Brown, a "close and personal friend" of Smith and not yet a member of the Missouri House, to an unidentified individual.

At that time, Brown agreed to raise funds for making the ads. He raised "substantial" funds for Voters for Truth and personally gave the individual \$5,000 in cash.

Though the documents do not name the individual,

Brown's attorney, Art Margulis, said the individual is Milton "Skip" Ohlsen III, a Democratic operative. FEC documents from 2004 linked Ohlsen to the postcards and Smith's campaign.

On July 23, 2004, Voters for Truth mailed 25,000 postcards to voters in Missouri's 3rd Congressional District. Carnahan responded by filing the complaint against Friends of Jeff Smith.

On Sept. 8, 2004, Smith submitted the falsely sworn affidavit to the FEC, stating he had "no knowledge of who was responsible for the [postcard] referenced in the [FEC] complaint, nor who paid for the mailing."

The FBI returned to the 2004 charges when new evidence emerged this year. The U.S. Attorney's Office declined to comment on how the new evidence was developed.

Court documents detail several conversations between Smith, Brown and Adams about their plans to mislead investigators in both the FEC investigation and the FBI investigation. Smith is quoted as pressuring Brown to lie to investigators: "Don't do anything stupid. Stupid would be telling them things that were happening in your brain." Smith also told Brown he would not be truthful to investigators, saying, "I'd be 90% honest."

After the court hearing, Assistant U.S. Attorney Hal Goldsmith said the crimes were a "classic case of corruption." John Gillies, special agent for the St. Louis FBI, agreed with Goldsmith.

"At the end of the day, for those of you in the courtroom, this is pure stupidity," Gillies said. "You've got a Ph.D., a J.D. from Washington University, another guy with a master's, and all of this for what at the end of the day? Just so they could get a little more power and feel a little bit better about themselves that they're big shots of the town. We will not tolerate this kind of corruption."

During his court appearance, Smith said, "I am guilty as charged." Smith left the Thomas Eagleton Federal Courthouse with his lawyers, relaxed and smiling.

Nixon released a statement today calling the resignations "necessary and appropriate" because both Smith and Brown had "violated the public's trust."

After leaving the courthouse, Smith made several comments to reporters, including an apology to his constituents and family.

"This event has humbled me," Smith said in a statement posted to his Web site. "I have done some significant introspection and that has been the

hardest part: coming to terms with my own poor judgments and mistakes."

In a press release, Missouri Senate Majority Floor Leader Kevin Engler said: "Jeff has made some serious mistakes and will be held accountable for those mistakes, but that should not detract from his accomplishments in the Senate or his hard work on behalf of his community. Sen. Smith was always a very reasonable person in the capitol. He was someone quite frankly that encouraged more bipartisan behavior between our parties."

Smith has previously taught courses on ethics in politics and campaigning at the University, but a school spokeswoman announced last week that his scheduled class for this fall had been canceled.

The University released a statement on Tuesday afternoon saying it would not comment on personnel issues.

Associate Professor of Political Science Andrew Rehfeld said he doesn't think that Smith's plea will adversely affect the political science department as a whole.

"We are and remain interested in being engaged with people who are involved in politics and being engaged with a wide variety of people, and that means we're going to encounter the real-life problems and turmoil of human beings," Rehfeld said. "I think what happened is sad, but it goes along with being experienced."

Still, Rehfeld is concerned that Smith's actions may diminish the messages of his lessons. He said students likely attribute "some moral perfection" to a professor.

"I think for better or worse this will cause some of the students to question what he taught, and some of that questioning is justified and other of it is probably not," Rehfeld said. "The lessons that we teach our students are not about us; they're about a subject matter and on that score, as far as I can tell, especially in the smaller classes that he taught, he was a gifted teacher."

With additional reporting by Kat Zhao, Michelle Merlin and Dan Woznica

Ohlsen tied to Smith, Clayton bombing

John Scott
News Editor

New information about the 2008 bombing at the parking garage at 190 Carondelet Blvd. in Clayton has brought new attention to Milton "Skip" Ohlsen III, a former Democratic campaign strategist also tied to former state Sen. Jeff Smith, D-St. Louis, and former state Rep. Steve Brown, D-Clayton, who resigned from the Missouri General Assembly on Tuesday.

The bombing injured attorney John Gillis when the bomb went off next to his car, although it is believed that the intended target was Richard Eisen, who was an attorney from Husch Blackwell Sanders at the time of the bombing. Eisen had represented Ohlsen's ex-wife in a divorce filed in December 2007. Gillis was treated for burns after the bombing.

Ohlsen is also connected to Smith's 2004 congressional campaign, which Smith lost to now-U.S. Rep. Russ Carnahan, D-St. Louis. Carnahan filed a complaint with the Federal Election Commission stating that Smith's campaign violated federal law by produc-

ing anonymous fliers critical of Carnahan. Ohlsen has been implicated in the production of the fliers and told federal investigators that he had connections to Smith's campaign.

Smith was in a 10-way primary race to replace the retiring U.S. Rep. Richard Gephardt, D-St. Louis. Smith finished second in the primary and Gephardt went on to the seat. Ohlsen was head of Voters for Truth, an independent organization, which sent thousands of anti-Carnahan postcards.

Ohlsen was arrested on firearms charges, an unrelated case, last December and will be sentenced in September on those charges as well as fraud charges stemming from a mortgage and equity line of credit he obtained. Ohlsen pled guilty to both sets of charges. Also in December, FBI agents searched Ohlsen's apartment for evidence related to the bombing.

Ohlsen was also charged with stealing an airplane that was awarded to his ex-wife in the divorce. In March, 2008 Ohlsen was pulled over for speeding and police found a Glock pistol loaded with armor-piercing ammunition in his car.



FBI Special Agent John Gillies and Assistant U.S. Attorney Hal Goldsmith speak to the press following Jeff Smith's court appearance. Smith and two others pled guilty to federal charges.



Ritz Carlton employees wait in a field on Oct. 16, 2008, after being evacuated from their building when a bomb went off in a nearby parking garage.

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Bringing *style* to the South 40

Hana Schuster
Scene Regular Features Editor

Washington University attracts new students with its spacious dorm rooms and incredible campus food (both ranked as some of the best in the nation by Princeton Review). Not to mention that the University also boasts highly respected faculty, top-quality education and a beautiful campus. But when you add a private full-service beauty salon to that list, who could possibly compete with Wash. U.?

The University's old South 40 Sunshine tanning boutique has been revamped to a salon that, according to co-owner and sophomore Atima Lui, could compete with St. Louis' finest beauty establishments. It has been renamed Salon Four Zero, restyled to offer the best beauty treatments at competitive prices and staffed with some of the best licensed beauticians and cosmetologists in St. Louis.

"My personal stylist, Jessica Amos from Shear Magic, will be working at Salon Four Zero," Lui said. "Not only do I love her work, but so do other students who go to see her."

According to Lui, the salon's services are on par with those of other establishments in the area, if not better.

"All of the stylists, barbers and nail technicians who will be working in the salon have previous experience and

have either been referred to us by Wash. U. students or have done our hair before," she said.

Lui and her partners, fellow sophomores Jasmine Knowles and Chelsea Brown, were chosen by the former South 40 Sunshine owners to take over the business. After signing the necessary legal contracts and composing a new business plan, Lui and her team got to work.

Over the summer, they focused on purchasing new equipment, recruiting cosmetologists, developing a new logo with the help of art school sophomore Diana Chu, designing a new Web site and working with Wash. U. contractors and the Facilities Department to remodel the salon.

Lui explained that the salon never quite felt like a reality. She and her partners were organizing Salon Four Zero's transformation over the summer, across three different time zones (California, Louisiana and Florida), via e-mail and telephone conversations. "The whole summer it felt kind of like a virtual salon," Lui said. "Everything was online. So when we got back to campus and finally saw some real results, it was amazing."

"Definitely the most exciting part for me has been recruiting the cosmetologists from other salons around St. Louis," Lui said. "I have learned so much and have been exposed to a lot of great people in this city who are



Salon Four Zero, located on the lower level of Gregg House, offers beauty treatments at competitive prices.

MATT MITGANG | STUDENT LIFE

passionate about cosmetology."

Lui and her team made sure to use stylists who had been recommended to them by fellow students. They were aware that Wash. U. students would likely be skeptical about the quality of services offered at an on-campus salon, and listening to students' preferences was one way of


minimizing this doubt.

"We were definitely prepared for the skepticism," Lui said. "We did some market research before purchasing the business to make sure there was enough interest in Salon Four Zero before we got started." Lui and her partners conducted a survey to determine how students would respond to the services

of the salon. Lui said they decided to target freshman customers who have not yet found their own stylists in St. Louis and would be more likely to turn to Salon Four Zero for convenience.


In addition to Mystic Tan tanning services, Salon Four Zero now offers a wide variety of nail services, including manicures, pedicures, silk

wraps, acrylics and pink and whites. Hair services for men and women include haircuts, styling, formal styling and deep conditioner treatments. All of the salon's equipment and services are in accordance with the Missouri Board of Cosmetology. Check out <http://www.salonfourzero.com> for more information on location, prices and services.

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ENERGY SPENT WISELY.
 SWEAT THE MIDTERMS. NOT THE WORKOUT GEAR.



Pre-Orientation 4.0

Michelle Stein
Managing Editor

Pre-Orientation programs are specifically designed to help introduce freshmen to the world of Washington University; but for some counselors, pre-Orientation has become an integral part of college.

Every year, upperclassmen cut their summers short and leave two weeks early to venture to Washington University in order to help welcome freshmen to their new homes. As the freshmen use pre-Orientation to explore campus, many counselors use the time to connect to their programs, participants and memories of pre-Orientations past.

Seniors Tara Benesch and Natacha Lam both participated in pre-Orientation programs as freshmen. Tara Benesch was not given a choice because her scholarship group, Annika Rodriguez Scholars, requires all new members to participate. Natacha Lam joined "Leading Wash. U. Style," Student Union's pre-Orientation program, in order to ease her way into what she saw as a possible leadership position. Four years later, they both still return to their respective programs as counselors.

"All the new scholars are

required to go, but not all of the old scholars are required to go. It's a volunteer [option]," said Benesch, who has volunteered all four years. "To meet the people is why I go to pre-O as opposed to just go on vacation or go with my friends somewhere."

Lam agrees. She comes back every year for one simple reason.

"I love pre-O. A lot of my good friends I made in pre-O... Since I had a good experience I really wanted to come back as a counselor to help them have the same great experience that I had."

"Leading Wash. U. Style" requires counselors to go through an interview process before they are named as counselors in the program. Lam, the current chief justice on constitutional counsel, has gone through that process and has been a counselor for three out of her four years.

"It frames my year. It starts off my year, and then applying is what ends my year. It's sort of a weird anniversary. Pre-O is just this mark."

That anniversary starts to take on more significance as the counselors reflect on the difference that four years can make.

"As a participant, I was trying to learn things. Ev-

erything was so new but you don't really see things from a wider perspective. As a counselor you can see where people might fit and where their passions were. When I was younger, I felt more at the same level of the participants, and now I'm going to be a senior, I'm the oldest you can get, so I feel more capable of giving advice," Lam said.

As Lam became more capable of giving advice, she could also personally watch the effects. In fact, one of the reasons Lam enjoys coming back is to watch former participants follow in her footsteps, becoming counselors themselves.

But advice, according to Benesch, is only one reason why the counselors are an important part of pre-Orientation.

"The point is not necessarily to bombard people with advice but to give people a spring board, to give them the basics and to let them know they have a strong community and a strong family at Wash. U. The family is most important... as opposed to just trying to memorize what we tell them and see if they can survive on that."

Whether giving advice or merely connecting, both counselors agreed that attending pre-Orientation as a



SAM GUZIK | OFFICE OF ORIENTATION

Leaders of the Launch pre-Orientation program welcome an incoming freshman in Urso's Fireside.

senior helps give a sense of perspective on the effects of the time spent at college.

"Sophomore year was the first time I had any authority at pre-O because I was not a freshman, so I was really enthusiastic to share my experiences with the freshmen," Benesch said. "I was really excited to answer any questions. The older I get, the more I realize I don't have all the answers. I think I talk less every year."

Lam, taking a step back, saw a difference not only in herself, but in her program

as well.

"I'm starting to realize how I've changed over the past couple years, how college has changed me. Not that the freshmen aren't still awesome and great," Lam said. "Honestly I think SU has changed a lot in the past couple years, and you can see the change in the dedication in the counselors and the participants."

Pre-Orientation may be a program designed for freshmen, but the experience reaches far beyond that first week of freshman year.

Sometimes, the program that starts college can be the program that becomes a college anchor. And so sophomores, juniors and seniors come back every year to kick off the school year by welcoming the new class. And according to Benesch, their reasons for joining are not that different from those of their participants.

"As a senior you come back for the same reasons, but as opposed to wanting to find a group it's like coming home to a family you've already established."

The Stories Project:

Sharing stories across campus

Paula Lauris
Senior Scene Editor

As students at Washing-

ton University, we all have unique stories to tell. Some of us have overcome a difficult childhood, others have endured the tragic loss of a

family member and still others have had trouble adjusting to life on a college campus. Recognizing that students could be united in their per-

sonal experiences, senior De Nichols launched The Stories Project in 2007 as a way for students to share their stories. Nichols was inspired to

start the project after sharing a personal experience with others at the Redefining Community Experience Retreat hosted by the Office of Student Activities.

"I shared my story and it made people cry. People came up to me afterwards to say, 'De, you should share your story with students across campus,'" she explained.

After considering the idea for a year, the communications design major decided to take action and transform her experiences into inspirational posters that she and friends hung throughout Wash. U.

As word of The Stories Project spread, Nichols created a blog so that more students could share their stories and read those of others online. Unlike the popular Post Secret Web site, however, Nichols explained that students submit written stories, not postcards, on the site.

"They're not necessarily just short blurbs. Many are, but some are actually in paragraph form and really long," she said.

While most of the submissions to The Stories Project speak to pivotal life changes, students can share any type of experience on the blog.

"Many stories have honestly made me cry. Others have touched me deeply. Some have even made me laugh, but I just say it's an honor that students are being open to sharing them."

The Stories Project blog allows students to include their name and year with their stories or to submit them anonymously. Nichols, however, believes that there is value in students revealing themselves through their submission:

"The faculty really strives to know each student by name and story. I really started questioning that with all of the stuff that I was doing and saying, 'I don't really recognize how we are living up to that goal.'"

Indeed, the concept of creating a space for people to

reveal their stories is something that Nichols believes is important for students to connect with each other. Nichols, who shared her personal experience of getting in fights as a child, explained, "One thing that I've realized is that I'm not alone on campus. Many students have shared similar stories to mine, some that I haven't even shared yet."

Nichols hopes that The Stories Project helps students bridge typical divides to unite together in their experiences. "We're not just students, black people, Asian people or Christians, we come with a wealth of experiences with us, and that really impacts the things that we do on campus as well as how we treat each other across campus," she said.

In addition to a blog, The Stories Project incorporates Twitter, Facebook and YouTube. Nichols also uses her talent for graphic design to translate the message of different stories into captivating posters that she displays around campus.

She has been granted the right to hold an exhibition of the posters in the Danforth University Center this semester and is currently meeting with other campus organizations to finance this display.

In addition to expanding The Stories Project internally, Nichols is working with KWUR to produce a radio show similar to NPR's "This American Life" that will be related to the project. She also hopes to record students telling their stories in order to document their experiences in a more personal way.

In the future, Nichols, who is using The Stories Project as the focus of her communications design seminar, hopes to write a book about the project and perhaps even have it on the reading list for incoming Wash. U. freshmen. As the project continues to grow, however, one thing remains certain: Its focus will always be on allowing students to share their stories.



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