

Two years after Myers rape, no clear picture of sexual assault

Sam Guzik and Kat Zhao Student Life Staff

Two years ago last Thursday, a man tailgated into Myers Hall, forced his way into the room of a female student and raped her.

The case-which to most students is now known as "the Myers incident"—is the only case of stranger rape at Washington University in recent memory, and for many students has become synonymous with the problem of sexual assault on campus. Despite that association, the assault is an anomaly that stands apart from every other case of sexual assault on campus in terms of its brutality, publicity and the involvement of a non-student.

Charges were filed in May 2007 against William Harris, a former employee of Subway on campus. After several delays, his trial is set to begin on April 20, but he is in prison on unrelated

This is the first in a series of articles examining the issues of sexual assault and relationship violence on campus.

charges

In spite of its initial publicity on campus and in St. Louis, the incident has largely faded from view without making a lasting impact on the way most students live their lives or approach the idea of sexual assault.

Despite the attention drawn by the Myers incident, conversations with administrators, faculty and students familiar with occurrences of sexual assault on campus suggest that a larger problem exists beneath the surface, compounded by a lack of open discussion about assaults between students

A shock to students

In February 2007, the Myers incident came as a shock to the University community and drew attention to the possibility that violence could intrude on the generally safe campus environment.

"Most people who'd been here for any period of time had not seen anything like that before," said Don Strom, chief of the Washington University Police Department. "It certainly was a tragic reminder to everyone that we all, in one way or another, are vulnerable to

Data from the 2007 American College Health Association-National College Health Assesment for Washington University. Results in the overall population column are extrapolated based on sample siz In the last 12 months, student experience with...



crime."

Part of the reason that the Myers incident stirred such a reaction was its perpetration by a non-student and the violence of the assault.

Despite not having card access to any residential buildings, the assailant

SAM GUZIK | STUDENT LIFE was able to enter and exit both the dorm and the campus. Most details of what happened that day were not released initially, but according to court documents, the victim was penetrated vaginally and

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Sexual assault report surfaces

Police will present November case to prosecutor

Ben Sales Senior News Editor

Washington University Police are conducting an investigation into the alleged assault of a female student by a male student in a fraternity house in November 2008, according to a statement issued by the police on Monday.

The alleged assault appeared in the media log of the Washington University Police Department (WUPD) over the weekend.

According to WUPD's statement, the police have already interviewed both students involved "at length.

WUPD is working with the St. Louis County Prosecuting Attorney Office, the University's

judicial administrator and the Greek Life Office in the investigation. WUPD has not released the name of either the accused stu-

dent or the alleged victim and has issued a no-contact order to the male student, who has been relocated to off-campus housing. In addition, the male student has been temporarily banned from on-campus fraternity-sorority events in order to protect the needs of both students involved in the case.

Director of Greek Life Ryan Jasen Henne said that Greek life on campus is committed to preventing sexual assault among its members.

"If as a community, it's decided that this is something we need extra education on, we'll definitely do that," Henne said. "This is a topic that affects people. As we grow and mature throughout the whole undergraduate process, I'm sure there might be new ideas that might be more beneficial for our community."

YOU CAN'T BUILD ON AN EMPTY STOMACH



WUPD, UCPD place security cameras on Greenway Walk

Gina Hyun Contributing Reporter rity not only in residential areas, but also on the Delmar Loop. "Washington University continues edy when convicted drug felon Todd Shepard shot and killed Sgt. Michael King, a 50-year-old UCPD officer, at the intersection of Delmar Boulevard and Leland Avenue. Jonathan Ching, a freshman who hopes to live off campus as an upperclassman, is wary of all the dangers. "I'm thinking about moving off campus, but it's a really tough decision. I don't think I'll be doing it anytime soon," Ching said. "Whenever I walk past metro stations and stores which have 'No firearms' signs, I'm constantly reminded that there are real risks to living off campus." Closed-circuit televison systems are already in use at the Danforth University Center, all residence halls on the Danforth Campus and the Snow Way, Lien and Danforth University Center garages. The cameras on Greenway are the University's first off-campus security installations.

Engineering students begin EnWeek Monday morning by selling donuts by the Underpass. EnCouncil annually puts on a series of weeklong events in order to raise awareness about the contributions of engineers in everyday life.

Life as an architecture undergraduate at WU

Sally Wang Contributing Reporter

Students in the College of Arts & Sciences may have until the end of sophomore year to choose their majors, but students in Washington University's four other schools focus their curricula from their first days on campus.

One of the most focused of those curricula is that of the College of Architecture.

Incoming freshmen are attracted to the quality of teaching and the opportunities available at the architecture school, which is ranked among the best undergraduate architecture programs in the country.

According to statistics from the fall of 2007, 593 students applied and 52 freshmen enrolled in the school. With a total of approximately 200 students, the architecture school is the smallest school division at Washington University. Students in architecture are re-

This is the first in a series of articles examining curricula outside of the College of Arts & Sciences.

READ ALL OVER

quired to fulfill both architecture requirements and the Arts & Sciences (ArtSci) cluster requirements. Architecture students are the only ones outside of ArtSci who have to fulfill clusters.

Freshman and sophomore years

The typical list of courses for a freshman in architecture includes the first courses in Introduction to Design Processes, Introduction to Architecture, and Western Civilization. Most students also fulfill their Calculus I and Writing 1 requirements in their freshman year.

In addition to lecture courses, students engage in hands-on architectural work in their first semester at the University. Freshman architecture student Anna-Marie Muchen explained that she completed six hands-on projects that were divided into 15 parts in her first fall semester.

For a sophomore architecture student, the list of typical classes includes continuing Introduction to Design Processes and Issues in Design. Students also enroll in physics and architectural history.

Despite what may seem like a

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long list of requirements, the architecture school emphasizes the importance of a broad-based education in which students are exposed to curriculum outside of the architecture community.

According to Bruce Lindsey, dean of the College of Architecture, 60 percent of the students in the architecture school pursue a double major or a minor.

Junior and senior years

In their junior and senior years, architecture students work to fulfill one of two degree paths offered at the architecture school. Students can choose to graduate with either a Bachelor of Arts degree with a major in architecture or a Bachelor of Science in Architecture degree.

Both degree paths require students in their junior year to take classes such as Beginning of Architectural Design, Architectural Representation Sequences, Case Studies in 20th Century Architecture and Building Systems I.

"Junior year is definitely really intense, a lot more intense than

See ARCHITECT, page 2

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Following a series of crimes on the Loop and various off-campus locations surrounding Washington University, the University Police Department has installed a closed-circuit television system on the Greenway Walk

According to Chief of Police Don Strom, the installation process began Feb.2

"We've been conducting an ongoing review of safety and security issues in off-campus neighborhoods, and we identified Greenway as a key pedestrian area for students, faculty and staff," Strom said. "We have previously increased security in the area during evening hours. Installing a closed-circuit television system is the logical next step to enhancing safety and security in the Loop area."

In addition to installing the television system on Greenway, the University has upgraded the area's lighting and emergency phones. The Neighborhood Security Patrol of the Washington University Police Department (WUPD) also monitors the Greenway Walk nightly from 6 p.m. to 2 a.m.

The Greenway Walk is a popular pedestrian walkway between Melville and Westgate avenues. For the many University students who live off campus and use the Greenway Walk to get to and from classes on a daily basis, security is a necessity.

"Keeping students safe-and feeling safe-is among the University's highest priorities," Dean of Students Justin Carroll said. "We hope that the installation of this security system will discourage crime along the Greenway Walk and lead to a safer environment for all in the campus community living in and visiting University City."

Despite all of the University's efforts, crime is an unfortunate reality. This past October, four subjects mugged a female student at gunpoint near the Greenway Apartments. More recently in January, four subjects attacked a graduate student who was walking on Melville Avenue after he refused to give them money. The assailants fled after taking the student's cell phone and cash.

To further protect students, cameras are also being installed on Melville Avenue from Kingsbury Boulevard to Washington Avenue.

The University is collaborating This is a part of an effort to increase security in the Loop area in addition to with University City to increase secu- neighborhood patrols and emergency telephones.

Editor: editor@studlife.com News: news@studlife.com Calendar: calendar@studlife.com

to be a critical partner in maintaining the Loop as the premier entertainment district for the region, but equally important, Washington University is ensuring the surrounding residential areas continue to be safe, inviting neighborhoods where our residents feel comfortable relaxing and having fun," said Julie Feier, city manager of University City.

In order to further ensure the safety of students, WUPD is collaborating with the University City Police Department (UCPD).

"Washington University provides financial support to the University City Police Department and assists with direct patrols," Feier said. "The closed-circuit system will provide yet another means of keeping our community safe."

This past Halloween night, the Washington University and University City community faced trag-

The University advises students to use common sense when going out and always to be alert.



Greenway Walk, which connects campus to University City's Delmar Loop.

Washington University has installed a closed-circuit television system on the



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WEDNESDAY 18

The Power of Virtue and Sentiment: Nineteenth-Century Germany in American Translation

Women's Building, Formal Lounge, 11 a.m. Come hear the second installment of the Interdisciplinary Project in the Humanities Lecture Series with Lynne Tatlock, professor in the humanities. Co-sponsored by the Assembly Series and Center for the Humanities.

The Legacy of George Washington Women's Building, Formal Lounge, 6 p.m. Hear a panel composed of professors from three disciplines discuss differing views on our founding father as part of George Washington Week. Sponsored by the Assembly Series.

'Hamlet': The Actors' Version Edison Theatre, 7:30 p.m. Watch professors from the Interdisciplinary Project in the Humanities perform a staged reading of the script of Hamlet from the 1603 quarto version of the play.

THURSDAY

Jazz at Holmes Holmes Lounge, 8 p.m. Hear the smooth tunes of the Mosby Group. Snacks and drinks will be provided.

Obituary: Jules Snitzer

Jules Snitzer, past president of the Missouri Dental Board, died on Friday from complications arising from leukemia. He was 81.

Snitzer graduated from Washington University's School of Dental Medicine in 1955 after enrolling here in 1948. He had joined the Army in 1945 after graduating from high school, serving in the Naval Air Corps for three years.

Snitzer specialized in periodontics and earned a master's degree in oral pathology from St. Louis University in 1960. He had been in private practice for three years at the time, a practice he did not close until 2007, 51 years after its opening.

In 1986, then-Gov. John Ashcroft appointed Snitzer to the Missouri Dental Broad. He assumed the presidency in 1989 and served in that position until 1991. He also served as president of the Missouri Society of Periodontics and the Midwest Society of Periodontology.

Snitzer began teaching at the University's dental school in 1969 as a clinical professor. His wife of 53 years, a daughter, two sons-both dentists-and three grandchildren survive

Snitzer. (Ben Sales)

International

Chinese mistress attempts to murder lover after losing contest

A woman tried to kill her lover, his wife and his four other mistresses by driving them off a cliff in December, Chinese police have discovered.

While all of her intended victims survived the crash, the woman died. She was 29. Police had originally thought the crash was an accident.

She attempted the murders after having been eliminated first in a contest between the five mistresses, due of her looks. The lover of the mistresses, a businessman, held the contest in order to decide which mistress to keep after tough economic conditions made it impossible for him to support all of them. A local modeling expert judged the women on their looks, their voices and their alcohol tolerances.

The mistress lured the intended victims into the car on the pretense of taking them on a sightseeing tour.

The women knew of each other but preferred to keep their support from the businessman rather than leave him. He gave them each free rent and a monthly allowance of about \$85,000. They were not aware of the purpose of the talent show upon entering it. The four surviving mistresses and the wife left the businessman after the crash.

The dead mistress was a waitress when she met the businessman. (Ben Sales)

policebeat

MOTOR VEHICLE THEFT-Feb. 13, 2009, 4:47 p.m.

Location: MILLBROOK GARAGE Summary: Vehicle theft from the third level, east end of garage, between 8:30 a.m. and 4:30 p.m.

Disposition: Vehicle recovered and suspect apprehended.

AUTO ACCIDENT-Feb. 14, 2009, 1:15 p.m.

Location: SNOW WAY GARAGE Summary: Student reported that between 10:00 a.m. and 6 p.m. on Feb. 13, someone struck his vehicle while it was parked in Snow Way garage and left the scene. Disposition: Pending.

ASSAULT-Feb. 15, 2009 Location: BEAR'S DEN Summary: The B&D guard reported a minor altercation in Bear's Den with the suspect leaving prior to police arrival. No injuries. Disposition: Pending

11:37 p.m., LOST ARTICLE-Feb. 15, 2009, 11:37 p.m. Location: BEAUMONT DORM Summary: Student reported losing his black and orange Samsung slider style cellphone between 1 a.m. and noon on Feb. 14. Total loss value of \$100. Disposition: Pending.

LARCENY-Feb. 16, 2009, 2:27 a.m. Location: WOMENS BUILDING Summary: Complainant reported that his wallet was stolen from the dressing area of Mallinckrodt lower level Feb. 15, between 4:30 and 5:30 p.m. Disposition: Pending.

DRUG OFFENSE-Feb. 16, 2009, 9:30 p.m.

Location: HITZEMAN DORM Summary: Reported marijuana smell in the hallway. RCD and RAs contacted suspected student who admitted to smoking. Disposition: Referred to JA

fortherecord

On Monday, Feb. 16, it was reported that the men's basketball team will be going to its 13th NCAA tournament. The team is actually going to its 14th Division III NCAA tournament and 17th overall, with appearances in the 1963-65 NCAA tournaments while competing at the small college level.

Student Life regrets the error.

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sophomore and freshman year," junior architecture student Nicole Zee said.

Zee explained that freshman year's architecture studio was divided into four parts with the first quarter being either a 2-D or 3-D studio, which alternates each quarter.

"Aside from class, I normally spend anywhere from 20-30 hours a week doing studio work," Zee said.

But students noted that senior year offers a sort of break. "There is an intense atmosphere

intend to go on to graduate school at some point in their lives, many choose to gain working experiences before going back to school.

Flanagan, who said he started post-graduation planning second semester junior year, plans to go straight to graduate school and will hear back in March from the schools to which he has already applied.

"There are also a number of students graduating who are not looking to continue specifically in architecture but will work where they can in any design-related fields," Flanagan said. John Kleinschmidt, who graduated last year, said that that the professors in the architecture school helped him successfully find work post-graduation. "I had something lined up for summer, a grant for a small project at Wash. U., so I did not have to scramble to find something quickly. Professors are always available to talk about grad schools and look at portfolios, which are the most important thing for grad school applications and getting a job," Kleinschmidt said.



Desks line one of the many studios in Givens Hall at the College of Architecture.



Perry Stein News Editor Treasury's Student Group Activities Committee, said that SU acts in accordance with the University's policy.

Assuming that they adhere to University policy, non-SU groups are permitted to chalk.

weatherforecast

Wednesday 18

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iunior vear." senior architecture student Sean Flanagan said. "I think it is because the studios are very structured and cram three projects into one semester. We just all worked in studio during every shred of free time we had.

"Senior year, we tend to end up with professors that do not apply that level of structure to studio," Flanagan added.

During senior year, B.S. and B.A. candidates take different requirements. A B.S. candidate has to complete more architectural design courses-Structures I & II, Site Planning or Climate and Light-and at least one of the architectural electives.

Moving on

Senior year is also time for post-graduation planning. A director of career services at the architecture school assists students with finding internships and jobs. In addition, Lindsey said that while 80 percent of the graduating seniors

Additional opportunities

Lindsey has worked to strengthen the study abroad program, and architecture students have the opportunity to study abroad in their junior or senior year. Lindsey explained that students can go to Florence in the spring semester of their junior year and Copenhagen in the fall semester of their senior vear.

"Besides the study abroad opportunities, every spring in the last three years, several seniors have the opportunity to go to New Orleans to learn about the local environment and participate in designing and building," Lindsey said.

He said that the experiences included students building a chicken coop in New Orleans.

Kleinschmidt was a member of the group of students who built the chicken coop.

"My studio professor, Derek Hoeferlin, led a crazy studio in which we designed, built and assembled a prefab chicken coop in a community garden in New Orleans," Kleinschmidt said. "That was pretty sweet-four years of education paying off in a huge way."

A personal atmosphere

The ratio of students to professors at the College of Architecture allows students to have close interaction with the professors. The hands-on teaching philosophy permits students to be creative.

"I have only had one architecture class that had a textbook," Flanagan said. "The teaching culture in the school is more handson, with personal interaction with professors. Almost all courses also involve projects as a way of learning. Creating houses in 'The Sims' and playing with Legos were the extent of my knowledge about architecture."

Kleinschmidt now works for a firm in New Orleans.

"I think that Wash. U.'s undergrad architecture program is pretty good preparation for anything," he said. "In my freshman year, we drew and built things not to rehearse the design of building but to learn to see the world around us and respond to it-exposing truths and getting to a heightened awareness of our environment."

Chalking has become a common publicity tactic for students and student groups throughout campus, but the policy on what types of chalking are legal

remains unclear to many. Both Washington University and Student Union (SU) have policies to regulate chalking, and according to SU Vice President of Administration Jeff Nelson, due to a couple of incidents this year, SU needs to revisit and further clarify its policies.

Currently, SU's handbook "How Things Work" directs students to "chalk only on sidewalks and do not chalk anywhere that rain cannot reach!"

The University's policy states that chalking "is allowed on uncovered sidewalks and pathways. Chalking is not allowed on buildings, walls, trees, covered sidewalks, or any other surface other than uncovered sidewalks and pathways." Neither policy mentions what types of chalks are permitted.

According to the University's policy in the handbook "Bearings," a student group that violates this policy and chalks in restricted areas can be charged for cleanup costs and have their "South 40 space reservation access restricted." Junior Ciara Caprara, chair of SU



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"[SU's and the University's] are the same policy, but we just take responsibility for enforcing it for our student groups," Caprara said.

Last semester a student running for SU Senate publicized his candidacy by spray painting his name across campus.

Although Nelson said that the student thought he was using temporary spray chalk, the student was sent to the judicial administrator and was docked votes that cost him election.

"Somebody needs to go back and look at this policy, and we need to clearly specify what type of things we can put on the surfaces because two incidents in one year is kind of bizarre," said Nelson, a junior.

A Feb. 6 Washington University Police Department (WUPD) police report under the title "property damage" stated that an "unknown person spray painted 'K's' on the walkways from Wohl Center to the intersection of Forsyth and Wallace" and that damage cleanup cost more than \$1,500.

WUPD has since closed the case and referred it to the judicial administrator.

According to Chief of Police Don Strom, there is no police code regarding chalking, only a University policy.

This case was likely handed to WUPD because the K's looked like graffiti.

The president and founder of "Drop Knowledge" magazine, a non-SU-recognized student group responsible for drawing the K's all over campus, said that the K's purposely emulated "street art" as the group members used stencils to draw the K's.

"A lot of the team has a real respect for street art, so we used a method that they use a lot-stenciling," said sophomore Monis Khan, the group's president.

Khan, who did not say that he personally painted the K's on campus, said that the group used landscape chalka type of temporary spray paint that is supposed to last between 10-15 days. Khan said he was aware that he was not allowed to use anything not permitted and tested landscape chalk to make sure that it was temporary.

"We didn't want to ruin any property, so we check it to make sure that it didn't do that, and it passed the that test," Khan said. "Landscape chalk seemed like the best choice, because we wanted to be aesthetically pleasing."

Khan said that the group unknowingly used the landscape chalk on a vertical surface outside the Danforth University Center (DUC), but that this

See GRAFFITI, page 3

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ASSAULT from page 1

orally, in addition to being threatened repeatedly. Her keys, cell phone and wallet were stolen. She was left tied to a chair as her rapist fled the scene.

In contrast to the Myers incident, nearly all sexual assaults on campus are perpetrated by an acquaintance of the victim. Because some students are hesitant to label an experience with a peer as an assault, steps like reporting the incident and identifying the experience as sexual assault become complicated and are rare.

"A lot of those myths are so common and so endemic to our culture and the way our culture works," said Craig Woodsmall, a psychologist with Student Health Services. "It is knowledge that is transmitted more intangibly. We have to [comprehend] how a culture comes to a shared understanding of these beliefs."

Due to the pervasiveness of stereotypes about what a "real" sexual assault looks like, victims whose experiences do not match typical rape myths are less likely to report due to the fear of not being believed.

"Most sexual assault goes either unreported or underreported, and it occurs where one party knows the other party and not infrequently alcohol or drugs is a factor during the incident," Strom said. "I think there's lots of understandable reasons why it's underreported, but in some ways, it gives a misrepresentation of the seriousness of the level of that sort of violence on campus."

Ongoing problems

The University's student judicial code defines unacceptable sexual behavior as "sexual contact with any member of the University community or visitor to the University without that person's consent, including but not limited to rape and other forms of sexual assault."

Based on reports of the judicial administrator and statistical data, most of the sexual assaults on campus do not fit into the violent framework of the Myers incident. Instead, almost all of them are perpetrated by students against other students, and most go unreported and are characterized by the abuse of alcohol either as a factor complicating the ability to give consent or a tool to overcome a victim's resistance.

Each of those factors serves to make an experience more traumatic for victims and raises the fear of social consequences within their network of family and friends.

"[Victims] might not feel like people care or that people are doing enough," Woodsmall said. "They might feel like they're not being believed or they're to blame, whether that's true or not."

National statistics have consistently suggested that approximately one in four college-age women encounter an experience that meets the legal definition of rape or attempted rape during their college years. Both national studies and a survey conducted at the University in 2004 confirm that the overwhelming majority of those incidents go unreported.

"What goes on at Wash. U. related to sexual assault and relationship violence is pretty similar to what's happening at other schools nationally," said Alan Glass, director of Student Health Services. "I don't think we have more, I don't think we have less. It's really consistent."

Confusion around campus

Despite the clear-cut definition allowed in the University judicial code and Missouri law, the perceived definition of sexual assault varies from student to student based on the circumstances of the case.

Both the University judicial code and Missouri law stipulate that a party under the influence of drugs or alcohol cannot give consent, a provision that complicates many on-campus sexual encounters.

Even though both policies are clear on the issue of alcohol, for some students the issue is more ambiguous.

"It's any non-consensual act," senior Vir Singh said. "But I think consent is very ambiguous. If someone has been drinking, for instance, consent should be explicitly stated."

Other students echoed Singh's comment that alcohol may complicate how to determine if consent had been given.

"If alcohol is involved, it's a whole different ball game," freshman Lindsey Shapiro said. Even beyond the murky issues of consent in relation to alcohol, many students are either unaware of the statistics about the frequency of sexual assault on campus or unconvinced by educational campaigns about the statistics.

Freshman Marc Gallant said he has a difficult time believing the most frequently repeated statistic that one in four college-aged women is the victim of rape or attempted rape during her time in college, especially since he does not know anyone on campus who has been a victim or a perpetrator.

"Just from the people I know at this school, I just don't know anybody who would do that, although maybe I just don't know those kinds of people who would do that," Gallant said.

"I think a lot of it has to do with education level and the society you grew up in," senior Elizabeth Kleinrock said. "Generally, the people who go to Wash. U. don't come from those kinds of environments."

The most recent survey of the University student body on the topic of sexual and relationship violence was the American College Health Association-National College Health Assessment, conducted in 2007. That survey found that 3.5 percent of women at the University reported penetration or attempted penetration against their will in the last 12 months, and 2.9 percent of women also reported verbal threats for sex against their will.

Some students like Singh and freshman Louis Gioia, on the other hand, do not doubt the accuracy of the statistic.

"I guess I believe it, but I don't really know any people who this has happened to. I think it is possible though, because of the parties [on campus] where women can be taken advantage of," Gioia said.

In spite of educational programs run by student groups devoted to rape education, the issue of sexual assault has not gained prominence in the campus' eye as one worth fighting.

"The public's perception of it isn't quite what it would be if people knew how often it occurs," Strom said. "If people knew that, maybe there would be more momentum for sorts of educational programs to help people understand the meaning of 'No.""

GRAFFITI from page 2

minor violation should not cost them \$1,500.

According to Khan, when the Office of Residential Life saw the K's on the South 40, it assumed they were graffiti and called to have it professionally removed. Khan said this was a misunderstanding and the rain would have eventually washed the K's away naturally. "We're not criminals. We were creative and we were effective," Khan said.

The group is still waiting to meet with the judicial administrator, who will determine the consequences.

the existing policy on chalking needs to be updated—especially since the DUC offers several new potential chalking areas.

"I think it is unclear because in the existing policy I don't think it specifies what type of chalk you have to use," Nelson said.

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Peace Corps: 2/18, 6-7 PM, Danforth University Center, Room 234

St. Louis Immersion Schools: 2/18, 5-6 PM, Danforth University Center, Room TBA

MIT Lincoln Labs: 2/19, 6:30-8 PM, Danforth University Center, Room 232

WORKSHOPS & EVENTS

CAREER*link* **Training Workshop:** 2/18, 3-4 PM in the Danforth University Center, Suite 110

Government & Public Policy Careers Day: 2/19

Join us for a complimentary lunch from 12-1 PM with government and public policy leaders, and an afternoon internship panel from 3-4 PM. Guests include Peace Corps, City of St. Louis, U.S. Department of Labor, U.S. Marine Corps. This program is sponsored by the George Warren Brown School of Social Work, the Gephardt Institute, Center for Social Development and the Career Center. For more details and to RSVP, please visit CAREERlink.

Finding Your First Job Workshop: 2/20, 12-1 PM in the Danforth University Center, Room 234

Spring 2009 Architecture Career Fair: 2/25, 5:30-8:30 PM in Steinberg Hall Architecture students are invited to meet with alumni and recruiters to find out about current openings and internships in architecture. This event may be of particular interest to engineering students, as well. Details available on CAREERlink.

Exploring International Careers: 2/26, 5-6 PM in the Danforth University Center, Room 234; *Event includes Marilyn Lorenz from the Interfaith Committee on Latin America. To view additional guests, visit CAREERlink.*

start here. washington university career center

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STAFF EDITORIAL

Make nutritious choices easier

nutritious diet is an essential element of a healthy lifestyle. Especially in college, the benefits of good nutrition are some of the biggest keys to success and survival. Overall, healthy food makes us feel better and boosts energy, aids memory retention and protects us from illness. A college campus is also one of the most difficult places to access healthy food.

While we commend Washington University Dining Services and Bon Appétit for their efforts to encourage healthy eating by offering more wholesome food options, launching campaigns such as "nutrition tip of the day" and posting nutritional information on their Web site, we think that they should take this one step further. When hunger (or class) looms, most students do not have the time to get online, thoroughly research the healthiest options for an on-the-go meal and make an informed choice on what to have for lunch. That said, we think that Bon Appétit should post these facts at food stands around campus.

While it is certainly our personal responsibility as mature young adults to take charge of our eating habits, it is also our right as consumers to have easy access to the necessary information to make good choices. We deserve to know what we are eating, especially since there are many items on campus that are unnecessarily loaded with extra fat. For example, it is impossible to get a regular peanut butter and jelly sandwich. In order to enjoy this treat, one must indulge in PB&J slathered between two slices of banana bread. Some facts are not available at all, such as fat content added by the oil used on the various grills at campus eateries. If Bon Appétit is ashamed of the facts behind the french fries, then they should not be serving them in the first place.

Implementation of this information can be environmentally friendly. Permanent items can be posted on a main sheet in dining halls or near food stands such as Whispers Café, and the facts about daily specials could be posted on the same sheet of paper that announces those specials. While this may not be the best marketing strategy for Bon Appétit, they are contracted and paid by the University to serve students, and they make a lot of money from this campus. The money from our meal points goes into Bon Appétit's pockets regardless of whether we spend meal points or how.

We deserve a more convenient means of accessing these vital nutritional facts, and we hope that the University will encourage this step toward more informed consumption.



Values

Yep, I'm about to assert that we operate on different planes of thought

n my opinion, a major fault in the world is the unwillingness or inability to recognize the underlying values of one's actions or beliefs. I will demonstrate this fault with examples from Washington University in St. Louis.

Case number one: You want to recycle that water bottle you are drinking. Why? Because it is good to do so.

That is likely as far as you get. But if you continue questioning until you get to the core of that superficial belief, you get the following:

Why is it good to recycle? Because it reduces carbon emissions. Why is that good? Because it helps the Earth by stopping global warming. Why is that good? Because otherwise lots of plants and animals on earth will die, and we will be in a difficult situation as a species of human beings. Why is that bad? Because...because...

Do you know? Do you know why you think it is worth keeping human beings around and as comfortable as they now are? Have you actually asked yourself why individual human suffering is worth preventing?

I propose the following: You do not understand why you want to keep humans around. You just do because you are one and you think that it would be sad if humans were gone. You do not realize that the same unthinking instinct is what led us to such short-sighted technological development and to the situation in which we are right now. You do not realize that you are using the same shortrange, "Oh, humans are just good to have around no matter what" logic that you passively decry when you try to recycle a plastic bottle you should not have bought in the first place. It either had water in it and you are insane, or you were drinking some kind of high-fructose corn syrup that is going to destroy your body before the earth as a whole has anything to do with it. Case number two: You read an article of mine, and you think it is bad and that I am an idiot and ignorant and should not work on the newspaper. Why so harsh? You think that there is no logical argument to my column. Why is that bad? Because logic is the only way to make a good argument. Why is that the case? Because ... well ...



Dennis Sweeney Forum Editor

possess one more appropriated level of "civilization" that you know everyone is going to agree with, you feel justified in voicing opposition to my sincere, personal point of view. You haven't even asked yourself why you think my column should be based on evidence and logical argumentation. You are on the offensive because you have no self-doubt.

A major fault in the world is the unwillingness or inability to recognize the underlying values of one's actions or beliefs.

I propose the following. You sit down. You think about the attitude you have. It's a negative one, looking for faults in people's work rather than for value. You will go through life trying to destroy everything you see rather than get something out of it. You will impress people with your intelligence, but you will be absolute hell to be around, and you will die realizing you never even tried to find anything good in the world. You wish, now, that you had the cojones to sit down and write an original thought yourself. You wish you had the sincerity and frankness to put yourself out there, to tell people what you think. You don't. Listen. This is all very upsetting, and the truth is that you're probably a really nice character and that we should really hang out. But I can't stand people asserting things without considering the basic causes and the basic implications of those assertions. There's more than one plane of thought, here, people. Have you ever considered that I may not be on yours?

GODIVA REISENBICHLER | STUDENT LIFE



Why apologize when you haven't done anything wrong?

Randy Brachman Staff Columnist

ot a day has gone by in recent memory in which I have not heard the words "I'm sorry" from a total stranger. Sometimes these apologies are legitimate. Sometimes I am jostled or severely inconvenienced or any number of things for which social decorum would demand an apology.

More often, though, these strangers are just apologizing for existing. Today I was walking out of Bear's Den behind a girl I did not know. Outside the doors, she saw someone she knew and moved out of my way to talk to him. As I passed her, she apolo-

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gized to me. I kept walking, but said out loud, "For what?" If she had heard me and realized that the question was directed at her, I'm not sure what she would have said.

What could she have said? She didn't touch me. She didn't make my walk any harder. She didn't slow me down. Her presence had literally no effect on me that her nonpresence would have had. What was she apologizing for? Breathing my air?

This is not unusual. At Subway the other day, I got a toasted sub and the person behind me, a total stranger, did not. Naturally, her sandwich was put ahead of mine in line. Did she go in front of me and follow her sandwich's trajectory in order to minimize the amount of time everyone had to spend there? No. She stayed behind me and waited for my sandwich to be done toasting and for me to get my vegetables and sauce before she did. And the kicker? She apologized for having her sandwich go in front of mine.

I can only speculate about the twisted logic behind this. Obviously some grave mistake had

been made when the employees tried to maximize their efficiency. And this mistake was obviously the fault of the girl behind me. If you follow that logic, you may be crazy. And if you agree with it, you're part of the problem.

How can you possibly be sincere when you have nothing to apologize for? And what's the point of apologizing if you so clearly don't mean it? Over-apologizers obliterate the value of actual apologies.

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Why is any of this necessary? Why do people feel the need to justify their negligible impact on strangers' lives? Why would you apologize when you haven't done anything wrong? How can you possibly be sincere when you have nothing to apologize for? And what's the point of apologizing if you so clearly don't mean it? Over-apologizers obliterate the value of actual apologies.

What happened to people? When did we become so hyperconcerned with politeness that every imagined slight is worthy of fake sincerity? Where did our collective backbone go? It's okay to do things that someone else might not like. And it's okay that they don't like it. Everyone is different, and those differences are what make people people. Those differences are to be expected. They don't need to be excused. It should be clear to all par-

ties involved what an apology is for. Anything else is a waste of breath. We try to make everything else in our lives count as much as possible; why should apologies be different?

Randy is a freshman in Arts & Sciences. He can be reached via e-mail at r.brachman@gmail.com. Frankly, you don't understand where you are coming from any better than I do. Logic is just another thing someone gave to you, and because you

Dennis is a junior in Arts & Sciences and a Forum Editor. He can be reached via e-mail at djswee@ gmail.com.

On being green

AJ Sundar Staff Columnist

Plenty of people, especially university students, quickly jump to "green" and "sustainable" movements. The term "environmental" has become somewhat of a buzzword, and from compact fluorescent light bulbs to winter insulation, more and more environmental choices have become available to the end user. Despite this, however, I find it highly troubling that people don't look to changing their daily lives to reduce their environmental footprint. Most, including myself for quite some time, are content to environmentally optimize the things around them, such as their house and car, without actually changing the steps in their daily lives — but that's where the good stuff is. At the end of the day, the best way to substantively reduce

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YOUR VOICE: LETTERS AND GUEST COLUMNS

Student Life welcomes letters to the editor and op-ed submissions from readers.

Letters to the Editor One Brookings Drive #1039 St. Louis, MO 63130-4899

News: (314) 935-5995 Fax: (314) 935-5938 e-mail: letters@studlife.com

All submissions must include the writer's name, class, address and phone number for verification. Student Life reserves the right to edit all letters for style, length, libel considerations and grammar. Letters should be no longer than 350 words in length. Readers may also submit longer articles of up to 750 words as guest columns. Student Life reserves the right to print any submission as a letter or guest column.

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OUR WEB POLICY

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Once an article has been published on www.studlife.com, our Web site, it will remain there permanently. We do not remove articles from the site, nor do we remove authors' names from articles already published on the Web, unless an agreement was reached prior to July 1, 2005.

Why do we do this? Because Google and other search engines cache our Web site on a regular basis. Our thought is this: once an article has been published online, it's too late to take back. It is irrevocably part of the public sphere. As such, removing an article from our site would serve no purpose.

'Rebuilding' a foundation for truthful dialogue

Roei Eisenberg *Op-Ed Submission*

or two weeks now, I have asked the campus community to "pay it forward" when discussing the situation on the ground in the Middle East, specifically in regards to Operation Cast Lead and the corresponding backlash in public opinion worldwide. "Rebuilding" (Student Life, Feb. 13) was a well-crafted affront to that request. The Stephen Walt routine pulled by Daniel Bilsker and Jacob Stern makes a mockery of intellectual debate. Its use of normative language, strategic misrepresentations and deliberate omission of facts shows no commitment to a lasting and honest debate but rather the same rabid ideology that has long represented the purveyors of muck.

Casting aside their pathos-ridden diction, the pair goes on in an attempt to qualify their outrageous comparison of Gaza to the Warsaw Ghetto by relying on Richard Falk, who they falsely identify as the "U.N. humanitarian emissary to the Middle East," and who, in reality, is a pioneer of the recent

trend equivocating Israel and Nazi Germany.

Falk was appointed by the United Nations' notoriously impartial Human Rights Council as the "Special Rapporteur to the Palestinian territories." His position requires that he monitor and report on alleged violations of international law only by Israel. Not anyone else in the Middle East—not even the Palestinians, as he once pointed out.

The authors didn't think this was information worth sharing. Nor did they bother mentioning the Israeli response to Falk's appointment and claims: "[Falk] has taken part in a U.N. factfinding mission which determined that suicide bombings were a valid method of 'struggle.' He has disturbingly charged Israel with 'genocidal tendencies,' and accused it of trying to achieve security through 'state terrorism.' Someone who has publicly and repeatedly stated such views cannot possibly be considered independent, impartial, or objective." This lack of commitment to such journalistic values as objectivity allows Bilsker and Stern to inform their readers that Israel refused a renewal of the truce, "and on

Dec. 27, Israeli Air Force planes bombed Gaza, incinerating hundreds of people." They neglect to mention the salvo of Qassam rockets that Hamas launched. And they try to once again draw forth images of genocide. What they won't tell you is that recent reports show that at least half of the identified dead were combatants. Gaza City was nothing like Dresden.

These are not facts they would like to tell you. These fauxmilitary analysts will tell you that Israel's "goals cannot be attained using incredibly destructive but otherwise limited military means." That Hamas is "too entrenched" and that "Israeli violence predictably increases Hamas' popularity."

But they won't discuss the new poll by the Palestinian Center for Public Opinion which shows that only 28 percent of Gazans support Hamas post-Cast Lead, down from 52 percent in November. They won't discuss Hamas' treatment of Palestinians or this recent Amnesty International statement: "Since the end of December 2008...Hamas forces and militias in the Gaza Strip have engaged in a campaign of abductions, deliberate and unlawful killings, torture and death threats against those they accuse of 'collaborating' with Israel, as well as opponents and critics."

We should start, however, by building—for the first time—an educated and truthful basis on which we can discuss the Arab-Israel conflict.

Nor will they tell you that UNRWA, the U.N. agency in charge of supplying the Palestinians with basic goods and services, had to halt its operations in the wake of the conflict after Hamas seized shipments at gunpoint. The old habits of a terrorist organization are hard to break. While Hamas offered the people of Gaza limited 'protection,' there are several reasons why governments aren't run by the mob.

In April of 2008, when report-

ers in Gaza City cried over the 'gasoline crisis,' a Palestinian Authority official admitted that Hamas confiscates half of the weekly fuel transferred from Israel to Gaza. That week, Hamas left 820,000 liters of diesel and 200,000 liters of gas untouched in the depots, while the entire Strip shut down because of a 'fuel crisis.' Hamas used its power to shame Israel on the world stage, instead of using the fuel to power the hospitals, generators, water pumps and sewage pumps.

Finally, Bilsker and Stern lie outright, claiming that "recently, Hamas has shown its willingness to accept a 50-year cease-fire and a two-state solution along the 1967 borders." On January 11, Hamas sent a broadcast 'message' to the Israeli people: "The Zionists — I swear to you, by God by the world...We will not recognize Israel. If you want security or peace, you should go back to where you came from."

Does the pair really believe that Hamas, whose charter calls for the destruction of Israel, will abandon that plan? Or do they think that Khaled Meshaal, the leader of Hamas, lied while being broadcast internationally on Al Jazeera TV in October of 2008, when he said that "the day will come, within several years, when this world will change, submitting to the Arab Islamic will, Allah willing."

Bilsker and Stern have no problem turning a blind eye to Hamas' statements over the last year, while 'informing' their readers of lies that the Biased Broadcasting Company (BBC) wouldn't see fit to publish. That is also why they have no problem placing the blame wholly on Israel. Not on the despicable culture of death taught by Hamas clerics and U.N.-funded schools. Not on the 'liberation group' that hides explosives under private homes and launches rockets from public buildings and school compounds. And not on the people who yell "send the Jews back to the ovens."

We do, indeed, have a lot of rebuilding to do. We should start, however, by building—for the first time—an educated and truthful basis on which we can discuss the Arab-Israel conflict.

Roei is a junior in Arts & Sciences. He can be reached via e-mail at remeisen@ wustl.edu.



Life in the slow lane

Katie Ammann Staff Columnist

ow's your semester going so far? Oh, that busy, huh? Well, I guess we can catch up later...

If this is how you've been talking to yourself lately, it's time to reprioritize your time. I say this as a fellow meet-yourself-comingand-going-er, not someone who's sitting here with truly free time to write this article. I've had semesters filled with 21 credit hours, musicals, work and relationships. Trust me, I know.

I'm in my last semester here, and I'm just now discovering the importance of time to myself. Even if you're like me and love to be busy beyond belief, it's great to take a few minutes to do something solely for your own well-being. For me, this means working out in the Athletic Complex. No iPod, no course books—just a nice magazine with articles it's okay not to remember anything about after I leave. I'm not exactly sure why it took me so long to realize that me-time was a necessity rather than a luxury. Perhaps for a while,

Even if you're like me and love to be busy beyond belief, it's great to take a few minutes to do something solely for your own well-being.

I saw some sort of nobility in being busy. Maybe it made me feel good that I could handle seven classes while also working on musicals and having a job. Maybe I thought that when people weren't busy, their lives weren't as fulfilling. Let me tell you right now: That's a bunch of baloney. Not bologna, baloney.

I was crazy to have put myself

through so much stress on purpose. Don't get me wrong, I loved everything I did, but everyone has to be able to say no at some point. And this semester, I've found my voice. No, I won't take more than 15 credit hours. No, I won't work every weekend. No, I won't skip out on doing things with my friends. I'll make time for schoolwork and work work AND I'll make time for me.

So far I've been pretty successful. I've been to the AC every day for the past several weeks, I've watched a little TV every now and then and I'm currently getting ready to go see my boyfriend in Arizona.

Whatever it is that makes you feel like yourself is worth doing. Don't think you have to study 24/7 or commit to everything under the sun. The world will go on whether you learned that last German vocabulary word or not. Just so you know.

Katie is a senior in Arts & Sciencs. She can be reached via e-mail at kaammann@wustl.edu

The thesis

A testament to how dumb you are for writing one

Dave Shapiro Staff Columnist

pparently, all it takes to get 51 comments on a *Student Life* column online is to get it published in a rather popular blog. Who knew? Neil Gaiman, look at me! Look at me! Well, I might not have readership, but I know that I'm doing one thing that Gaiman has never done: writing a senior honors thesis. This isn't the first time someone's written a column about thesis writing, and it won't be the last.

My rationale for writing a thesis was pretty straightforward: Why not? Of course, all my friends advised me against writing one—both those who had and hadn't written theses. The universal consensus was that they involved too much work. To hell with reasonable advice, I thought. They don't know what they're talking about. I can do it. And other underclassmen thought just as I did. Judging by an extremely informal poll of my friends in the Class of 2009, many people are writing theses. There are roughly 10 students writing theses in the history department alone.

So where do I now find myself? Procrastinating and not writing my thesis by working on this column. Thus, I relay to you the first excellent characteristic of a thesis: When one procrastinates on it, so much other work has piled up that one is forced to procrastinate by doing other work. Genius, really. Theses also keep your enemies at bay. If you want to avoid someone, work on your thesis. They want to do something with you? Can't! Thesis. It's never-ending work, so it's a neverending excuse.

Problem: If you actually have friends/love interests, the thesis is a burden. The same excuse you used on that ugly guy in your anthropology class also must be used on David Shapiro. Theses are equal-opportunity offenders. I've sort of found a way around the problem. I try to stay in the library all day so that each night, I can get dinner with friends, unwind and get a good night's rest. Problem: Spending all day in the library results in shoulders so hunched over that I've been getting employment letters from Notre Dame de Paris.

My biggest hassle in writing a thesis, besides the research, stress,

writing and editing, is keeping a place to store all of my materials. I have more than 30 books, countless articles and more primary sources that I store in a library locker. I have to renew the locker every single day, or I am fined. That wouldn't be so bad except I have to switch my locker every day. I have yet to figure out the impetus behind that policy.

Attention all juniors: Are you considering writing a thesis? You want to know whether you should write one or not? Let me assure you that you don't have the preparation to write one. On the bright side, nothing could possibly prepare you for the process that is thesis-writing. I have just less than a month to go. What light at the end of the tunnel?

I would tell you to write one just for the thrill of working all day and having nothing to show for it for months (even after you write a chapter, you have to revise countless times, to the point at which it becomes a completely different beast altogether). I would tell you to write one to feel like you've accomplished something great. Thing is, I don't think I'll know what I have until it's all over. That's the beauty of it. I love this job.

Dave is a senior in Arts & Sciences. He can be reached via e-mail at shapiro@ wustl.edu.

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one's environmental output (and save some cash at the same time) is to change the minor things that seem trivial yet increase carbon output.

One such improvement comes from the moment you wake up and go to the bathroom. Shaving takes up quite a bit of resources, from the pressurized can of ozone-depleting chemicals to the plastic-laden (and blatantly expensive) cartridges. Switching to a single-bladed safety razor available online and at some drugstores can cut your resource use to a single thin slice of highly recyclable aluminum; at a dollar for a pack of 10, you can save somewhere in the realm of 100 dollars a year. Exchanging the bottle of pressurized goo for a shaving brush and a puck of shaving soap saves even more on wasted material. Switching from deodorant to a block of alum, available at some Middle Eastern and Indian shops as well as online, also cuts back on chemicals filled with parabens, harmful chemicals that



Making these changes is all too easy; it is simply a matter of realizing the amount of resource consumption and getting infomed on the issue. can lower the pH of freshwater. And a block that'll last at least three months is available for two dollars. Heck, even wiping your hands on a towel instead of using paper towels can cut down carbon use significantly.

Of course, my goal is not to compile an exhaustive list of wasteful habits picked up over the years. It's rather that in order to change individual environmental impact, one has to make changes across the board. Buying a fuel-efficient car is a start but is only the beginning of a process to reduce energy consumption, and regrettably, most overlook the little things that ultimately add up and cause severe problems. Making these changes is all too easy; it is simply a matter of realizing the amount of resource consumption and getting informed on the issue. The best part? Even if you think that environmental issues are overrated and resource consumption isn't a big deal, everyone can appreciate saving cash—and at the end of the day a couple of extra greenbacks never hurt anyone.

AJ is a freshman in Arts and Sciences. He can be reached via e-mail at asundar@ wustl.edu.

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WEDNESDAY | FEBRUARY 18, 2009

WOMEN'S BASKETBALL

WU continues second half dominance with win

Josh Goldman Senior Sports Editor

The Washington University women's basketball team continued its second half dominance in routs of Emory and Case Western Reserve universities this past weekend. The women extended their winning streak to seven and have won 14 of their last 15 games.

Both weekend wins had margins of at least 30 points, and the Bears outscored the Eagles and Spartans by a combined 50 points in the second half. After a strong weekend, the Bears

moved up one spot to No. 12 in the D3hoops.com Top 25 poll.

"For the past couple weekends, we kind of come out and just focus on our level of play, and we've really been making defense a priority and trying to come out and establish our defense first and letting our offense just kind of flow," said Halsey Ward, a senior and co-captain.

Emory held the lead for just 19 seconds last Friday at 13-12, but the depth of the Bears was too much for the Eagles to handle. Sophomore Kathryn Berger recorded her second doubledouble of the season with 15 points and



12 rebounds in just 19 minutes of play, while juniors Zoë Unruh and Janice Evans added 17 and 15 to lead the starters. Thirteen players scored in the 91-55 blowout victory.

Wash. U. shot just under 54 percent for the game, while the Eagles shot just under 39 percent from the field. More impressively, the Bears took 23 more shots than the Eagles.

Sunday's contest against Case Western Reserve proved to be just as lopsided, as the Bears held the Spartans to 25 percent shooting from the floor in a 70-40 victory. After two brief 1-point leads held by the Spartans to open the game, the Red and Green took the lead for good with 15:51 left in the first half.

"We've just upped the level of our defensive performance. During our road trip to New York and Boston, we had the best defensive weekend that we'd had all year, and it was just realizing that that is how we can play defense," Ward said.

Ward and freshman Dani Hoover led the attack with 16 and 10 points off of the bench, respectively, while Evans led all starters with 8 points. Wash. U. also did not allow a single Spartan to score in double digits.

The Bears were also helped by the No. 2 University of Rochester Yellowjackets, who lost their second conference game to Brandeis 52-50 on Sunday. The loss gives Wash. U. a one-game lead in conference play with three games remaining for each team. A win against Rochester on Sunday, any Wash. U. win coupled with any Rochester loss or three more wins by the Bears will give Wash. U. its 18th UAA title and 21st NCAA Division III Tournament berth.

"Our goal since the beginning of the year has been to win the UAA...It would be sweet if we could clinch it on Sunday with a win against Rochester. They were our only loss [in conference] so we've been fired up, ready for them to come into our house," Ward said.

The Bears square off against Carnegie Mellon University in the annual Think Pink game this Friday at 6 p.m. before battling No. 5 Rochester at 1:30 p.m. on Sunday. On Friday, Rochester will face the University of Chicago, which already defeated the Yellowiack ets earlier this season.

WOMEN'S TENNIS

Bears upset DePauw

Josh Goldman

Senior Sports Editor

The Washington University women's tennis team opened its spring season with a tough 5-4 victory over DePauw University on Sunday. The No. 16 Bears took an early doubles lead and split singles play with the No. 12 Tigers in Greencastle, Ind.

"It's good to get started off with this win because we have tougher matches this season, so this is good practice," sophomore Elise Sambol said.

Junior Allison Dender and sophomore Karina Kocemba won at second doubles 8-6, while the sophomore tandem of Jaclyn Bild and Sambol won at third doubles by the same score. Dender and Kocemba rallied from 2-5 while Bild and Sambol rallied from 1-4 to take each match.

Winning doubles matches has become the team's top focus this season, since the Bears often entered singles play behind either 0-3 or 1-2 last season.

"In the last five weeks of prac-

tice, we've been really working hard on doubles, so it was great for the girls to see the results. Going into singles 2-1 doesn't necessarily make singles easier, but it gives us a little breathing room, so I think it was a great day for them," Head Coach Kelly Stahlhuth said.

"Up 2-1, it just changed the way we went into singles. Kelly told us in a team meeting before singles, 'You guys are down 0-3' just so we'd have that mentality so we'd work hard in singles, but just knowing that we were up already is a really good feeling," Sambol said.

Bild and Sambol also took their matches at third and fourth singles, with Bild cruising 6-4, 6-1 and Sambol erasing a 4-6 loss in the first set with a 6-1, 6-1 finish to take the match.

Sophomore Kalee Cassady won the final match for the Red and Green by taking the third set 6-3 after she and opponent Tricia Wilks split the first two sets 6-3, 3-6 at fifth singles.

Dender lost her sixth singles match 6-2, 2-6, 2-6 while senior Erin Swaller lost at first singles 6-2, 7-6 (7-5) and Kocemba fell in straight sets 6-1, 6-2 at second singles.

Although early in the spring season, Stahlhuth thought both Wash. U. and DePauw played strong matches and that the win showed the team's progression from last season.

"Last year, we were really close to these teams ahead of us...It's nice to know you get close to the top teams, but it was nice this year to actually take a team ranked ahead of us and pull it out 5-4. It just gives us confidence," Stahlhuth said.

The team will have three weeks off before a trip to Southern California to face Occidental College and California Lutheran University in true road contests and then a neutral site match against No. 11 Bowdoin College during spring break. The team's first home match will not come until March 19 against Emporia State University.

"This weekend gave us a chance to see what we need to keep focusing on...so I'm kind of excited these next three weeks to get back to drills in practice and regroup and then be ready for spring break," Stahlhuth said.

TRACK & FIELD Track continues prep for UAA championships

Sean Foreman Sports Repoter

The Washington University men's and women's indoor track and field teams continued their preparations for the UAA Indoor Championships this past Saturday with top-three finishes at the Monmouth College Fighting Scot Invitational.

The women placed second of eight, while the men placed third of nine to the defending NCAA National Indoor Champion and runners-up University of Wisconsin-La Crosse and Monmouth College respective-

captured the only first place finishes. Edwards won the weight throw with a distance of 14.93 meters, while Jackey finished first in the 3,000-meter run with a time of 10:39.48.

The women also met two NCAA provisional qualifying marks. Senior Danielle Wadlington's season-best time of 8.44 seconds in the 55-meter hurdles met the qualifying mark and fell just 0.04 seconds short of setting a Wash. U. school record. Wadlington also placed third in the triple jump with a distance of 10.82 meters.

In the pole vault, freshman Katie Hered matched her own provisional mark of 3.45 meters set earlier in the year, in a third-place finish.

just 1.38 seconds shy of meeting the NCAA provisional standard.

Like the women, the men also had two first-place finishers. Sophomore Dave Spandorfer won the 3,000-meter run with a time of 8:42.25. Sophomore Ben Harmon captured first in the long jump with a distance of 6.71 meters for the Bears' other first-place finish.

Skyler Moots took second in the 800-meter run, junior Alden Black came in third in the mile run, sophomore Scott Pettit finished third in the pole vault, freshman Tyler Jackson placed fourth in the 55-meter hurdles with a mark of 7.77 seconds, just 0.04 seconds shy of the provisional standard and junior Iby Umana came in fourth in the 200-meter dash. "It was a good performance since we're getting so close to conference," sophomore Tom Gulyas said. Wash. U. will compete in the Wartburg Invitational on Feb. 21 in Waverly, Iowa. It will be the team's last meet before the 2009 UAA Indoor Championships.

Senior Jaimie McFarlin extends for a block Sunday at Case Western Reserve University.

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For the women, senior Aubrey Edwards and freshman Erica Jackey

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The women also had several other notable finishes. Senior Erika Wade finished second in the 400-meter dash, senior Alli Alberts placed second in the high jump, senior Liat Rome finished fifth in the shot put and the Bears' 4x400-meter relay squad came in second with a season-best mark of 4:01.38, falling



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STUDENT LIFE | SCENE

Relationship mental health days

Sara Remedios Romance Columnist

We all want to be part of a perfect relationship. You know, the one where everything is cupcakes and roses and fights don't happen and he never forgets to kiss you good night. We want the honeymoon to last forever; we want butterflies.

Sadly, real life doesn't work that way. It doesn't matter how much he loves her or how much she wants to make him happy because, at the end of the day, "perfect" doesn't last. Fights happen. Stress happens. Things you say without thinking them through all the way happen. Little things that may have nothing to do with your relationship build up and start to wear on your romance simply because they start to wear on you personally. Soon enough, things start to go sour.

As someone who is in a long-term relationship, I've found a simple and surprisingly effective way to cope when things get less than fantastic: mental health days. By applying the principle of hooky to your relationship, a whole lot of fun can be had and a whole lot of reconnecting can happen with minimal work and no unnecessary drama. Here's how it works: You, as a couple, take time off from life. You put class work on hold, leave the job hunt at the door, turn off your cell phone... for all intents and purposes you disappear. Together. You take a temporary break from all sources of stress and anxiety in your life and take time, even if it's only an hour, to just be with each other. Enjoy each other. Try to remember why you love each other and why you're still together.

There are good and bad ways to do this. For example, it is probably not the most productive to sit on opposite ends of a couch and watch TV. TV is great, but it can be isolating, and are you really likely to rediscover bliss while watching TV? I'm going to go with "no."

Likewise, it's probably not the best use of time to spend your whole mental health break in bed hooking up. There's a lot to be said for reconnecting physically, and by all means start in bed if that's where you think you'll find the most success. But for a relationship mental health day to be truly successful in restoring mental health to a relationship, there has to be talking—not serious talking, absolutely not existential relationship talking, but some kind of talking. Tease each other. Joke with each other. You have to flirt for your butterflies. If you have a whole day to spare, take a day trip. Go to a museum. Go to an art gallery. Go to the zoo. Take the whole day and go someplace or do something that you used to do back when you first started dating, or alternatively something you have always wanted to do and haven't yet gotten around to doing.

If you have an hour or two, go out to lunch. Go for a walk together down by the river. Go drive somewhere—not for the destination, but just for the sake of driving. Choose your dream home, find a new neighborhood you've never explored before, play I-Spy. Relax.

It probably sounds stupid and/or self-evident, but for a relationship to work, there's a lot more required than simply not breaking up. You can know that you don't want to break up with someone but not always consciously remember reasons why—like I said, little things can build up and cause cracks in an otherwise sturdy foundation. If you let them, they'll tear that relationship apart.

Before that happens, take time out. Together, take a break from life, from being stressed out and from stressing each other out, and enjoy one another's company. At worst, you get a few hours break from work. At best, you get your butterflies back. Top 5 spring 2009 fashion trends for men

Ginika Agbim Fashion Columnist

This past fall, New York Fashion Week exhibited the latest styles and trends for the upcoming spring season. For the most part, these spring designer shows lacked anything completely novel; trends like wearing neutrals in the spring and the fedora are back. However, some designers such as Alexander McQueen had to push the envelope and test our imagination, just a little.

So while it's still a bit cold, spring is right around the corner and you don't want to be left behind. Here are the top five styles you should be looking out for in the coming months.

5. Spring Neutrals

Fashion designers across the board seem to agree that neutral tones like shades of gray, white and khaki are always appropriate for the spring. In stills from the Lacoste show, tan was used in almost every form of clothing, including pants, sweaters, blazers and even hats. Many designers created more dynamic outfits by pairing different neutrals together; for example, tan was sometimes mixed with white for a fresh, spring feel. This trend is one of the easiest to accomplish and can be incorporated into all varieties of wardrobe, not just high fashion.

4. Soft Orange and Blue

If you're bored by the thought of wearing neutral tones, don't worry! These gorgeous colors were sprinkled throughout various shows for labels such as Y-3 and Richard Chai. Wearing soft orange or blue can be a very effective way of incorporating color into a spring wardrobe

without it being too overpowering. Pocket squares, duffle bags and T-shirts used these shades to bring excitement to an otherwise ordinary look.

3. Ombre

Along with the theme of color was the revival of the strange dip-dye trend known as ombre. For those unfamiliar with this dyeing technique, ombre is a style that ends in the color of a piece of fabric transitioning from light to dark. Ombre can be found in all kinds of items ranging from scarves to pants in certain runway shows.

2. '80s Punk

Zippers and leather are back, again. This time however, they were paired with rolled or cuffed trousers to create a look reminiscent of the 1980s. The trick to pulling off this look shown by Rag & Bone is to use the leather and zippers in moderation. No one wants to look like an extra for an '80s remake.

1. The Quirky Old Man

Suspenders, Ray Bans, boat shoes sans socks and grandpa cardigans are key items required to assemble a look that I like to call "The Quirky Old Man." Bring back your fedoras (or keep them out if you never put them away) and don't forget your patterned pants! Honestly, the nice thing about this trend is that you don't have to be old or be a grandpa to pull it off. You can try several different variations on the style, such as pairing a fedora with a cardigan or checkered pants with suspenders. This look is one of the most versatile for spring, and is therefore placed at number one.

Stay stylish (and start shopping)!



McQueen

Where do I begin?

r. McQueen's show began with seeminglynormal looks: spring neutrals, crisp trousers, smooth hair. Soon, however, models found themselves in corsets, sheer and fringe tops and satin pants. McQueen's gender-bender runway collection is questionable because many men will likely not even attempt to emulate some of these trends, let alone incorporate pieces of them into their daily wardrobes. Following McQueen's runway trends is only for the daring, so if you think you can pull it off, good for you.

Sprucing up for spring

Shayna Makaron Senior Scene Editor

As hard as it may be to believe, spring will soon be upon us. We all know by now that spring in St. Louis doesn't necessarily mean a lack of snow entirely, but we can still look forward to more days of flip-flops, fro-yo and Frisbee in Brookings Quad.

Out in the "real world," people with houses, jobs and families (yes, they do exist, in case you've forgotten) experience the annual ritual of spring cleaning. And while all college students can use a lesson or two in hygiene and sanitation, spring cleaning is about more than just cleanliness; it's about





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reflect the environment around you.

Although many of us are cooped up in tight dorm rooms and shabby apartments, that's no reason for us to be left out of the fun. Here are a few easy and inexpensive ways to shape up your space for spring.

Spring is all about life, so why not bring some life into your room? Literally. If you live off campus, your options are likely more extensive, but for those in ResLife housing, consider buying a pet fish. You can check out Petco in Brentwood or the Clayton Pet Emporium, which specializes in saltwater fish, corals, live rock and invertebrates—perfect for your ResLife-approved needs!

During the week, Monday to Thursday from 4 p.m. to 6 p.m., the Emporium hosts "Fish Happy Hour," featuring saltwater fish at a 25 percent discount and a buy-one-get-one-free deal on freshwater fish priced \$5 or less. Not only is the deal unbeatable, but think about how much fun you'll have naming your new pet!

If caring for an animal is too much for you, consider going with a plant instead. You can start at the floral section of Schnucks. For a wider selection, and plants with a longer life span, try Keeping fish alive at home is not always easy but can be fun.

taking a trip to the Missouri Botanical Gardens (MoBot). You're likely to find everything from exotic orchids to mini cacti that will fit right on your windowsill. An added bonus of purchasing from the MoBot: you have access to people who take care of plants for a living, who can tell you how to properly care for your new eco-baby.

If you have traumatizing memories of burying Freckles the guinea pig in the backyard after you thought it was a good idea to send him for a bath in the washing machine, don't worry—there are other sprucing-up options if you can barely care for yourselves, let alone another living organism.

In terms of altering what you already have to work with, start by stripping those dark sheets off of your bed and replacing them with a lighter and brighter set. Open your blinds so you can actually see that a new season has arrived and maybe put up some colorful curtains to keep the light out when you're sleeping in until 2 p.m. on a Saturday.

Pull down those Christmas lights and paper snowflakes and replace them with cutouts of birds or tulips. For the less artsy, try ordering posters of springy nature scenes or printing out pictures from the Internet. Babies and puppies dressed in sunflower costumes, anyone?

So the next time you're sitting in your dorm room thinking about how much you hate Midwestern weather, pull up the 10-day forecast from Weather.com and scan down for days with highs above 50 degrees. They will be there, and you're going to want to prepare yourself and your dorm room for when these better days arrive.



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26 Word with water

63 Web location DOWN 1 Redolence 2 Draw breath 3 "Dharma & ___" 4 Turf ventilating device 5 Green soup base 6 Precinct 7 Heavyhearted

8 Purple dye source 9 Millstone



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"Late Night" with Conan comes to an end

Percy Olsen TV Editor

This Friday, Feb. 20, 2009, Conan O'Brien and his crew will pack up their bags and end their 16-year reign at "Late Night." Conan may be the current choice for late night viewers, but to understand how great his accomplishments actually are, you have to understand how far he's come.

When Conan took over the show from a disgruntled David Letterman in 1993, things did not start smoothly. He was a complete unknown when Lorne Michaels from "Saturday Night Live" recommended him for the position, but he beat out Jon Stewart, Drew Carey and Paul Provenza for the job. Still, he was noticeably uncomfortable in front of the camera. Even the animated opening credits mocked his nervous disposition, and Conan openly admits that the first few years of the show are hard to watch.

On the show's 10th anniversary, Mr. T showed up and gave Conan a gold chain with a "7" on it. Conan told Mr. T that he had actually been on the air for 10 years, and Mr. T said, "I know that, fool, but you only been funny for seven!" With sidekick Andy Richter by his side, Conan slowly became more at ease on camera, and when Richter left the show in 2000, Conan was entirely comfortable heading the show by himself.

Now that Conan is taking over Leno's chair at "The Tonight



TOP TEN CONAN MOMENTS

Show," the end of an era is crossing with the beginning of a new one. I can't imagine that the "Late Night" formula will translate completely to "The Tonight Show." There are too many intangibles: a new state, a new set and a new audience. The earlier time slot will skew Conan's audience older than it has ever been before, and you have to wonder if some of his more perverted sketches will make the trip to L.A.

Conan obviously sensed this particular fear, and he recently joked that the Masturbating Bear would indeed depart from his program, but it would be replaced by the more acceptable Bear Frantically Trying to Find His Cell Phone in His Fanny Pack. As funny as that is, the fact that Conan has suddenly added "acceptable" into his vocabulary is disconcerting.

That said, I have faith that Conan and his writing troupe will find a way to pull it out. Conan practically started his "Late Night" from scratch, harnessing his own anxieties and turning them into sweet, sweet comedy, and I think he can do it again. As for his replacement on "Late Night," Jimmy Fallon, well...only time will tell. Fallon is clearly comfortable in front of the camera from all of his years at "SNL," but I still expect him to have a bit of a rocky start because he has big shoes to fill and there's the fact that "Late Night" will always be Conan's turf.

PHOTOS BY MCT CAMPUS

It's hard to say goodbye to a friend. To commemorate the end of "Late Night with Conan O'Brien," here is a list of the 10 best sketches, bits and moments of the last 16 years. It's been a blast, Cone-Bone.

10.

1864 Baseball

What sort of people reenact 1800s-style baseball? Conan is on the case. He starts by interviewing the umpire. He goes through the man's ancient coat pockets and finds an authentic 1860s Nature Valley granola bar. Some of the best parts come when Conan is interviewing the players' wives, who are committed enough to the idea of 1864 baseball that they dress up in 1864 garb as well. Conan is tall, and therefore, attractive, so he makes a move on one of them. When she quietly declines his advance, he gets desperate, calling her husband a coward and a bisexual. It's funny the whole way through.

Snack Guy

9,

8.

The Snack Guy bit should not have been good. The plan was to randomly pick someone from the audience, have him run with Conan to the one vending machine in NBC Studios and then have him return to the audience with snacks for everybody! The beauty of the Snack Guy was the absolute lack of sarcasm in his actions or words: he just wanted to bring snacks to everybody.

Creating A Boy Band

Conan creates and coaches a boy band, named, "Dudez A'Plenti." There's really nothing else I need to say. Their number-one single? "Baby, I Wish You Were My Baby," which Conan plays for them on the guitar ("I'll make you make a baby/ Oh yeah/ Let's make electric power").

In the Year 2000

I wonder if, in the late-'90s,

Conan was worried about the

upcoming millennium. It had

flagship sketch, where Conan

and Andy Richter/a guest-star

the potential to upend his

don front-capes and dorky

Picking Apples with Mr. T

7.

Conan spends a day at the orchard with a very good friend of his: Mr. T. First they try yelling at the apples to get them out of the trees, then they start mocking the apples and finally Mr. T picks up a stick and starts whacking them. What makes this sketch great is Conan's rapid progression from giddy participant to scared attendant.

6.

Conan's Visit to Houston

Conan sets the bit up by telling the viewers that in Houston, Texas, new episodes of "Late Night" air after "The Jenny Jones Show" (remember her?) at 2:40 in the morning. So Conan travels to this backward city called Houston where nobody can remember Andy Richter's name and where there's an old man who still watches "M*A*S*H," as if it were still on the air. What he discovers isn't shocking: nobody knows who he is, and Conan's trademark self-deprecating humor is born.

flashlights to make predictions like "The lost comic strips of Charles M. Schulz will be discovered, in which Charlie Brown actually kicks the football, Linus abandons his blanket and Peppermint Patty finally whips it out."

Masturbating Bear

The Masturbating Bear wears something similar to a sumo wrestler's thong, and he distributes whipped cream and .. searches frantically for his cell phone in his underwear. Truthfully, Conan's reactions to the bear are always the best parts. You can see the incongruent feelings of childish glee, utter disgust and embarrassment pass through his pale face.

Conan vs. Stewart vs. Colbert

Do you remember Republican presidential candidate Mike Huckabee? Yeah, I was trying to forget about him too, but do you want to know who made him famous? You see, Conan claimed he did it with a pivotal interview, but Stephen Colbert claimed the same thing and Jon Stewart claimed to have invented Colbert, and thus, anything Colbert created. The battle over Huckabee came to a head on Conan's program one night, culminating in an epic comedic brawl. Heads were bashed with foam bricks, ice skates were used for evil and in the end, everyone started dancing.

Conan's Monologue After 9/11

2.

A week after the attacks on 9/11, "Late Night with Conan O'Brien" started its trip back to the airwaves with a monologue. For minutes, Conan talked about how the attacks had affected not just him, but his band and his staff. He talked about how nobody is really sure what to do at this point, but pushing on with the show seems like the only thing to do. He admits that he makes money by acting like an ass on national television, but he thankfully doesn't decide to change his ways. Maybe the greatest part of his monologue is the end, when he chronicles his story from "Saturday Night Live" to "The Simpsons" to "Late Night," and he uses his history to warn the young people not to live with cynicism, because this is a great country and there is a lot of goodness in the world.



Walker, Texas Ranger

You simply cannot talk about Conan without mentioning the Walker, Texas Ranger Lever. Conan may not have created Huckabee (the brawl ended in a tie), but he undoubtedly created the Chuck Norris craze with his lever. So many classic moments weare born: The time Walker licked the ground and instantly knew a plane had crashed there, the iconic bad-guy line: "God, you bore me! And you do not want to get me bored," or the classic utterance from little Haley Joel Osment: "Walker told me I have AIDS." After that last clip showed, words can hardly describe Conan's reaction. The audience cheered as he paced behind his desk. When he sat back down, he said, "I think we should go to commercial," and we all know that this was when Norris' star was born.